

WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD

(Commission Districts)

Permanent Members

Martha Lavin (1)
Mavis Kay Bonzer (1)
Thuy Tran (2)
Adolfo Correa (2)
Denise Myer (3)
Charles Mark Neumann (3)
Jane Baudelaire (4)
Vacant (4)
Pamela Roberts (5)

MaryAnn McCauley (5)

Vacant, At Large

<u>Alternate Members</u>

Mac Rossi, Alternate Patricia Gallimore, Alternate

Ex-Officio Members Michael Clark, BCC Clara Andriola, BCC Alternate Donald Abbott, Sparks City Council Herb Kaplan

<u>Associate Members (Advisors)</u>

Sue Meuschke, Associate Member Connie McMullen, Associate Member Dr. Larry Weiss, Associate Member Donna Clontz, Associate Member

Minutes from May 1, 2024

- 1. CALL TO ORDER [Non-Action Item] Called to order at 3:01pm
- 2. ROLL CALL AND DETERMINATION OF A QUORUM [Non-Action Item] Quorum achieved.
- 3. Public Comment [Non-Action Item]

Barbara Pratt asking if the Aces team will be bringing back the senior ticket packages. Blake Brando, runs a nonprofit that provides rental assistance to seniors. They are hosting an event tomorrow at American Leigon Hall in Sparks to meet candidates in person from 11am – 2pm, May 2nd.

Molly Rose Lewis, representative for Jacky Rosen, talking up the Senior Resource guides. Senator Rosen has introduced a new bill – Reducing Drug Prices for Seniors Act so folks on Medicare are paying a copay that reflects the Medicare price of the medication and not the LIST price. (https://www.rosen.senate.gov/2024/05/01/rosen-cornyn-introduce-bipartisan-bill-to-lower-out-of-pocket-prescription-drug-costs-for-seniors/) Happy Older Americans Month.

 Approval of the Minutes from the Advisory Board Meeting of April 3, 2024 [For Possible Action] Advisory Board members may identify any additions or corrections to the draft minutes as transcribed.

Motion to approve the minutes as amended from Denise Myer

Second: Mac Rossi

All in favor, approved as amended

5. Updates on the status of the Master Plan and proposed calendar changes [For Possible Action] – Connie McMullen

Connie is absent today. Donna K will present food insecurity topic at the June meeting. Current goal topic presentation schedule is behind and needs to be redrafted. Public Comment from Barbara Pratt informing us that low cost apartment is \$1400/month. Seniors will need \$2000 a month, minimum, to even find a rental.

- 6. Updates from Washoe County Senior Services. [Non-Action Item] Cara Paoli, Human Services Division Director (cpaoli@washoecounty.gov)
 Golden Encore will have a program in May 20th at 1pm Jazz performance and May 10th at Sparks Senior Center. AA groups starting up again on Tuesdays starting 5/7 at Washoe Co Senior Center. Nevada Arts Council meeting next week to start planning the art installations at the center. The Creative Aging Coalition is coming together and they are looking for input from seniors and coming to the State conference on May 31st.
- 7. Update on Sparks Senior Citizen Advisory Committee regarding their current activities [Non-Action Item] Donald Abbott

Recognized Older American's month at the last council meeting. May 22nd is the next Sparks Senior Advisory Meeting. \$1.5M was approved for rental assistance in Sparks. Andrea Pelto commented that vendors were using the Center parking during the OAM activities instead of leaving parking for the seniors.

8. Update on Reno Senior Citizen Advisory Committee regarding their current activities [Non-Action Item] – Izabella Baumann

Excited for OAM. A proclamation for OAM will be read at the Council Mtg on 5/8 at 10am. May 14th is the next Senior Advisory Committee meeting in Reno. There are only 5 members on the Reno Senior Advisory Board with 4 vacancies.

 Update, discussion, and possible action regarding Older Americans Month [For Possible Action] – Pam Roberts

Pam personally thanking all the members that have participated in the working group. There are several booklets available at the Center.

Donna Clontz acknowledging and thanking the new staff that jumped in and worked on getting the booklet together. They did a wonderful job. This is the 11th year of the OAM event and the booklet is the best ever with a great turnout.

Barbara Pratt saying there is usually an Aces game during OAM and she's been participating the last 7 years. Reno Senior Board used to fund this in the past per Donna Clontz and she will look into this.

Larry Weise agrees the publication is wonderful and recommends it be distributed earlier. Abby Badolato, there isn't an official event for Reno Aces this year but discounts will be handed out at the "Stuff a Bus" event. Agrees the booklet should be sent out earlier but were competing with elections this year.

Izabella Baumann is working on getting tickets for seniors to an Aces game.

10. Presentation on Senior Services accomplishments and growth post Covid [Non-Action Item] – Abby Badolato

Cara Paoli presenting PowerPoint about Washoe Co Senior Services.

Stuff A Bus is May 24th.

Sue Meuschke said Cara's presentation is great information and valuable to us as we work on the Master Plan. Is there a waiting list for Home Delivered Meals? No, per Abby Badolato. Sue also asking about the community outreach that is planned. Per Cara, it's general information about the services available and they are going to resume the text and email blasts to let people know what's happening.

MaryAnn McCauley added that churches and banks are good resources for reaching seniors.

Adolfo Correa said fantastic work providing all the services and wondering if they are willing to ask for volunteers to work on these programs.

Mavis Kay Bonzer wondering how soon people will be moving from Daybreak? Should be pretty soon.

Donna Clontz thanking Cara for the run down on all the things going on and coming up. Would they consider asking the folks who use the service for ideas for more services and activities?

Barbara Pratt spoke about how there was a service for microchipping pets free for seniors and can we find out how to get that service back for seniors?

11. Update on FY25 Budget [For Possible Action] – Cara Paoli

Budget has its first reading in April at the Board of County Commissioners meeting and final action will be taken on it in May (before the next meeting of the WCSAB). Donna Clontz asking to be made aware of the budget item when it appears on the agenda on the BCC.

12. Discussion regarding recruitment for District 4 and Alternate members [For Possible Action] – Pam Roberts

Reminding everyone we have two vacancies – one from District 4 and one is an alternate and can be from any District. Abby Badolato will send an email blast and get the word out regarding the openings.

Herb Kaplan, technically there isn't an opening until the Board approves the recommendation.

Adolfo Correa asking if there is an opening can people submit their application via the website? Pam saying we can put openings on the website after the BCC takes action.

13. Advisory Board Members' announcements, reports, and updates to include requests for information or topics for future agendas [Non-Action Item].

Donna Clontz asking that the Age Friendly Process back on the agenda for the June agenda? Age Friendly surveys still being collected but we are almost ready to call this "done". Encouraging everyone to make one last push to complete surveys.

Thuy Tran on April 17th and 18th went to the Aging Conference at The Atlantis and it was a great resource. Hosting an event May 9th for OAM.

Adolfo Correa attended a seminar at OLLI on going from We to Me and acquired a lot of valuable resources and will share via email. Read a book called <u>Successful Aging</u> authored by a Neuroscientist that he recommends.

Thuy Tran indicated that the Truth series people are realtors and there might be a conflict of interest.

Mac Rossi recommends the County's Leadership Academy, 10 month program, 1 day a month. Applications are open now.

Mark Neumann in April went to several Senior Advisory Board meetings to talk about the Senior Advisory.

Last month at the Fair Grounds there was an event for microchipping and vaccinations pet owned by senior will be free in May at Lazy 5. Barbara Pratt needs transportation and can't get to Spanish Springs.

Riley Roberts at Patagonia brought 12 tables for today's event when we were short on tables for OAM.

- 14. Public comment [Non-Action Item]
 September 3rd is Senior Fest at Old Town Mall from 8am 2pm per Barbara Pratt.
- 15. ADJOURNMENT [Non-Action Item] Meeting to adjourn at 4:37pm