



**WASHOE COUNTY HUMAN SERVICES AGENCY  
SENIOR ADVISORY BOARD  
Meeting Minutes 12/6/2023**

**(Commission  
Districts)**

**Permanent Members**

Martha Lavin (1)  
Mavis Kay Bonzer (1)  
Thuy Tran (2) – Absent  
Excused  
Adolfo Correa (2)  
Denise Myer (3)  
Charles Mark Neumann  
(3)  
Jane Baudelaire (4)  
Casey Reed (4)  
Pamela Roberts (5)  
MaryAnn McCauley (5)  
Hawah Ahmad, At  
Large

**Alternate Members & Ex-  
Officio Members**

Mac Rossi, Alternate  
Patricia Gallimore, Alternate  
  
Michael Clark, BCC  
Clara Andriola, BCC  
Alternate  
Donald Abbott, Sparks City  
Council

**Associate Members (Advisors)**

Sue Meuschke, Associate Member  
Victoria Edmondson, Associate  
Member  
Connie McMullen, Associate Member  
Dr. Larry Weiss, Associate Member  
Donna Clontz, Associate Member

1. **CALL TO ORDER** at 3:04pm
2. **ROLL CALL AND DETERMINATION OF A QUORUM**  
Casey Reed has had more than 2 unexcused absences which opens up the seat for district 4.
3. **Public Comment**  
Abby Badolato did a survey on the food service at the Senior Center. 288 surveys returned and everyone except one person said they'd come back for the meals.  
Molly Rose Lewis from Senator Jacky Rosen's office to listen in and reiterate they are resource and have a senior resource guide still available if people are interested. Senator Rosen recently introduced a bill that would allow caregivers to use their health saving account to help pay for qualified items that they purchase for their family member.  
Mike Clark thanking folks for sponsoring the movie night. It was a great event.  
Rosali the dance instructor submitted a written public content to be included in the record.
4. **Member Announcements**  
Mac Rossi, went to the Cares Campus ground breaking event and encourages others to visit as it is impressive.

Mark Neumann, also went to the Cares Campus ground breaking and said it's really nice and there are lots of ancillary support services available to residents.

Mark also went to the Sun Valley Senior Center looking at computers and they are looking into getting laptops for seniors.

Also passed out turkeys to seniors in Sun Valley.

**5. Approval of the Minutes from the Advisory Board Meeting of November 1, 2023**

Advisory Board members may identify any additions or corrections to the draft minutes as transcribed. Update the spelling of Penny Brach's last name to Broch.

Pam motioned to approve the amended minutes

Adolfo seconded. Motion carried

**6. Discussion and possible action to recommend possible changes to the volunteer goals of the Senior Services Master Plan [For Possible Action] –**

Sue Meuschke Attachment:

[Matrix senior master plan draft 10 9 231.pdf \(washoecounty.gov\)](#)

Sue Meuschke asking everyone to confirm their assignments per the attachment. Board members being asked to review their assigned section of the master plan and start working on their topics.

Objective 1 is to increase awareness of volunteer opportunities available to seniors.

Committee wants to host a volunteer fair by August of 2024 and increase community opportunities by 5%(?) by June 2024.

Objective 2 is to expand and diversify the volunteer opportunities available through the Senior Center.

Committee is recommending a Volunteer Coordinator position be re-filled on the County staff as it was pre-pandemic and identify new kinds of volunteer positions at the various centers within the County. In addition, we are recommending a volunteer committee to support the person in this position. Additionally, we would like to identify

Committee is also recommending the Director position be re-filled at the County as it was pre-pandemic.

Committee is recommending meeting with the PIO at the Washoe Co Senior Center to determine what communication will vehicle can reach seniors to promote the benefits of volunteering.

Adolfo asking for tracking of progress from meeting to meeting to see measurable progress over time.

MaryAnn McCauley recommends objectives to be measurable and improvable by a percentage and by when. (How much and by when?)

Connie McMullen, there is an information fair in May where we can gather volunteers.

Further action tabled to the next meeting per Hawah.

**7. Presentation, discussion and possible action to recommend possible changes to the food services goals of the Senior Services Master Plan [For Possible Action] –**

Sue Meuschke, Todd Acker, Jenny Yeager, Lyndsey Langsdale

Attachment: [2014 Master Plan - Food insecurity.pdf \(washoecounty.gov\)](#)

Attachment: [FINAL FSSP.pdf \(washoecounty.gov\)](#)

14% of senior population in Washoe Co is food insecure.

Todd Acker, Washoe Co Senior Service Program Manager. In fiscal year 2022-23, there were 2,078 unique clients with over 30,000 meals served by the Washoe Co program.

They also partner with the food bank weekly and on the third Tuesday of the month the assistance league also provides services. Washoe Co Animal Services is also a partner to provide food for pets through the food program which has supported companion

animals and ensured the food intended for human participants doesn't need to be shared with pets. The food program also averages 1,090 home delivered meals a month. The food program is working to expand services to more remote locations and this is an opportunity for improvement and measurement on the next master plan. In general, there is limited awareness about the services that are available to seniors per Mark Neumann.

Jenny Yeager from the Food Bank of Northern Nevada. As a state, we are at 7.1% for food insecure seniors but the data is from 2021. Two opportunities are lack of transportation and hours of operations. They work with 155 non-profit and/or faith-based groups with 72 of those partner agencies in Washoe Co. Pantries need to take into consideration dietary needs and cultural preferences. [www.fbnn.org](http://www.fbnn.org) is the website for more information. 155,000 people served in October of 2023.

Lyndsey Langsdale Executive Director of Reno Food Systems. Non-profit farm training the next generation of future farmers. They don't have specific statistics about food insecurity. They distribute fresh produce to each ward and will be providing workshops with new funding from the City of Reno to teach people how to cook, meal prep, etc.

8. **Election of Board Chair, Vice Chair, Secretary, and Treasurer.** The board will elect members to serve in leadership positions for a term of 2 years [For Possible Action]  
Hawah nominates Pam Roberts as Chair and Denise Myer as Vice Chair  
Mark Neumann seconded motion. Approved.  
Hawah nominates Jane Baudelaire as Secretary  
Mark Newman seconds motion. Motion carried.
9. **Discussion and possible recommendation to Director of Human Services Agency to work with NV Maps Food Pantry to support seniors in Washoe County** [For Possible Action] – Hawah Ahmad  
  
Tabled to the next meeting.
10. **Update on Sparks Senior Citizen Advisory Committee regarding their current activities** [Non-Action Item] – Donald Abbott  
  
Last meeting was November 15<sup>th</sup>. There are openings on the board for alternates.
11. **Update on Reno Senior Citizen Advisory Committee regarding their current activities** [Non-Action Item] – Izabella Baumann  
  
Next meeting December 12<sup>th</sup> at 2pm.  
The joint meeting needs to be scheduled in 2024.
12. **Report, discussion, and possible recommendation to the Human Services Agency staff regarding Age Friendly survey distribution and update on surveys collected.** [For Possible Action] – Abby Badolato, Human Services Coordinator  
Attachment: [Age Friendly SENIOR SERVICES SURVEY.pdf \(washoecounty.gov\)](#)  
Attachment: [SENIOR SERVICES SURVEY 2023 Results.pdf \(washoecounty.gov\)](#)  
  
Tabled to the next meeting.
13. **Advisory Board Members' announcements, reports, and updates to include requests for information or topics for future agendas.**

Sun Valley general improvement district approved Tuesday and Thursday from 10-noon seniors can swim for free.

14. **Public comment**

None

15. **ADJOURNMENT** 4:45pm