



RESOURCE GUIDE

Incline Village, Nevada



HUMAN SERVICES
AGENCY



FOOD BANK
OF NORTHERN NEVADA

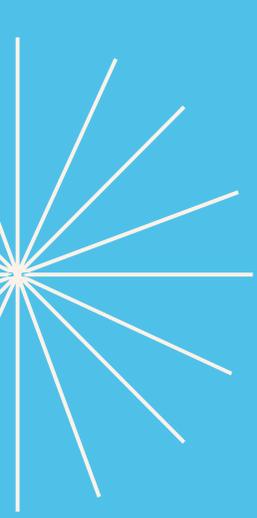


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FOOD RESOURCES

Sierra Community House: The Hunger Relief Program, formerly Project MANA, is a food pantry that provides hunger relief services through weekly food distributions and other community food programs. All are welcome, services are free, and no proof of income, ID, or other documents are required to receive services. If you need an alternative way to access food assistance, please call 775-545-4083 or email food@sierracommunityhouse.org.



Sites

- Drive-Through Food Distribution takes place every Tuesday from 4:00 – 5:00 pm at our Truckee Warehouse-12116 Chandelle Way Unit 2D.
- Walk-Up Food distribution takes place every Wednesday from 3:00 – 4:30 pm at our Kings Beach Office – 265 Bear St, Kings Beach.
- Drive-Through Food Distribution takes place every Thursday from 2:30 – 3:30 pm at St. Patrick’s Episcopal Church – 341 Village Blvd., Incline Village.
- Sign up for emergency food delivery, every other week, email food@sierracommunityhouse.org

Village Church:

- Deacon Food Boxes: Pick up at 736 McCourry, Incline Village, NV 89451

Emergency Food Assistance Program (TEFAP): The Emergency Food Assistance Program (TEFAP) is a federal program that provides food commodities at no cost to Americans in need of short-term hunger relief. For more information, please contact the Food Bank of Northern Nevada (775) 331-3663.

Eligibility Criteria:

- Nevada residency may be established with the following documents: Nevada driver’s license, Nevada identification card, utility bill or bank statement from the last two months, lease agreement or rental receipt, current SNAP, Medicaid or TANF card.
- Household must read the “Self-Declaration Assurance” and certify eligibility by signing the issuance sheet that their household’s income does not exceed 185% of the federal poverty guidelines.

Pick up at **Sierra Community House:** 341 Incline Way, Incline Village, NV (775) 298-4161. Every Thursday 3:00 pm–3:30pm

FOOD RESOURCES CONTINUED

Food Bank of Northern Nevada Local Pantries:

Sites

- Christmas Cheer: 1120 Third St., South Lake Tahoe, CA, (530) 542-4934, Tuesday, Wednesday, & Thursday 11–Noon
- Phoenix Food Pantry: 2733 Lake Tahoe Blvd., South Lake Tahoe, CA, 3 doors down to Community Center, 11–12pm Wednesday
- Our Lady of Tahoe Outreach: 1 Elks Point Rd., Zephyr Cove, NV, (775) 588-2080, 2nd Saturday 9:00am –10:30am
- **Sierra Community House**
 - 341 Incline Way, Incline Village, NV, every Thursday 3:00 pm–3:30 pm
 - 330 Fairway Drive, Tahoe City, CA, every Monday 3:00 pm–3:30 pm
 - 10040 Estes Drive, Truckee, CA, every Tuesday 3:30 pm–4:00 pm
 - 265 Bear Street, Kings Beach, CA, every Wednesday 3:00 pm–3:30 pm



Mobile Harvest: Access to nutritious, healthful food is vital for the community members we serve. Throughout the month, the Food Bank’s Mobile Harvest program visits neighborhoods across northern Nevada and eastern California to distribute produce and other fresh food items to clients. All community members in need of food assistance are welcome to visit Mobile Harvest. There are no qualification requirements, and each household may pick up food from a Mobile Harvest distribution once per week. Check monthly schedule here: <https://fbnn.org/gethelp/programschedules/>

- Incline Village High School (upper parking lot), 2nd Wednesday each month, 2:30–3:30 pm.

HEALTHCARE

Federally Qualified Health Center (FQHC):

Western Sierra Medical Clinic–Kings Beach, Tahoe:

8665 Salmon Ave.

Kings Beach, CA 96143

Phone: 530-584-9762, Fax: 530-584-9772

Appointments Monday – Thursday, 8:15 am – 5 pm

Medical and Dental services available

Incline Health Center: Incline Health Center provides convenient access to excellent care for Family Medicine, Internal Medicine, Pediatric, Cardiology, Behavioral Health, Orthopedics, Otolaryngology, Primary Care and Palliative Care health services. Our providers offer high-quality medical care to our residents, right here in our community. Access to a nearby doctor's office improves quality of life in Incline Village.

880 Alder Avenue, 2nd Floor

Incline Village, NV 89451

(775) 831-6200

Monday–Saturday, 8 am to 5 pm



Nevada Medicaid: Apply for Medicaid, SNAP, or TANF online through https://accessnevada.dwss.nv.gov/public/landing_page or at Tahoe Family Solutions, 774 Mays Blvd #13, Incline Village, NV 89451, each Wednesday 9 am to 5 pm.



FAMILY RESOURCES

Family Resource Center: Family Resource Centers provide case management, information, and referrals for individuals and families in need of assistance in accessing services and programs that will strengthen and support the family. FRCs collaborate with other agencies, schools, faith-based organizations, and government agencies to assist families to obtain needed services. FRCs emphasize community based, collaborative services that are culturally competent, accessible, and flexible. They offer: food programs, employment assistance, parenting education, adult literacy and English classes, financial literacy/credit counseling, utility assistance, shelter/housing, and medical/dental/mental health services.

Tahoe Family Solutions

Serving 89402, 89450, 89451, 89452

775 Mays Blvd, Suite 13

Incline Village, NV 89451

Phone: (775) 413-5145 Fax: (775) 298-0005 FRC Website: <https://tahoefamily.org/>

Family Support & Community Engagement Program

Sierra Community House

<https://sierracommunityhouse.org/our-services/family-support-engagement/#parents>

Kings Beach

265 Bear Street

Kings Beach, CA 96143

(530) 546-0952

Truckee

11695 Donner Pass Rd

Truckee, CA 96161

(530) 546-0952

HOUSING ASSISTANCE

Rental Assistance

Tahoe Family Solutions: Through the “Community Support Team” (CST) Fund, TFS distributes emergency financial support, up to \$750 dollars, to help individuals to cover doctor bills, rent, utility bills, gas cards, grocery store gift cards, and more. Call 775-413-5145 for a intake appointment. More information at www.tahoefamily.org. Located in the Village Center at 774 Mays Blvd. #13 in Incline Village. Open Monday through Friday, 8:30 am – 5:00 pm.

Reno Housing Authority, Emergency Rental Assistance

Program: Priority will be given to applicants whose income is at or below 50% of the Washoe County area median income (AMI). Priority will also be given to households in which at least one adult member has been unemployed for the 90 days prior to application. At the time of application, applicants will be informed of priority criteria and asked if their current income falls below 50% AMI and /or if an adult household member has been employed for more than 90 days. Applicants that answer yes to either of these two questions will be given points placing them higher on the waitlist. Applicants must provide proof that the priority applies before the file will be referred for payment. If the applicant cannot provide proof that they meet either of these priorities, the points will be removed, and they will be returned to the waitlist. For more information, <https://www.renoha.org/chap/>



Washoe Affordable Housing Corporation, Homeless Prevention Program: The objective of WAHC’s Homeless Prevention Program is to prevent homelessness arising from emergencies that temporarily jeopardize a family or individual’s ability to pay rent or utilities and to provide relocation assistance to individuals or families whose rent has become unaffordable. The jurisdiction for this program is Washoe County. The Homeless Prevention Program allocates resources to preventing homelessness so that families do not have to experience shelters or live on the streets. It also helps minimize public resources dedicated to the homeless population within Washoe County. For more information, <https://www.wahc.info/homeless-prevention-program/>

UTILITY ASSISTANCE

Energy Assistance Program:

The Energy Assistance Program (EAP) provides a supplement to assist qualifying low-income Nevadans with the cost of home energy. Nevada's EAP program has two funding sources, the Low Income Home Energy Assistance Program (LIHEAP) federal block grant and state revenue generated from Nevada's Universal Energy Charge (UEC). The EAP program year begins July 1st and applications are accepted through June 30th. Applications are evaluated year round or until funding is exhausted. Eligible households receive an annual, one-time per year benefit customarily paid directly to their energy provider(s). To check your eligibility for assistance and apply, please use this link https://dwss.nv.gov/Energy/1_Energy_Assistance/



WEATHERIZATION & HOME IMPROVEMENT

Weatherization and Home Improvement

Community Services Agency (CSA): CSA's Weatherization Assistance Program (WAP) helps low-income individuals and families in Washoe County reduce their energy bills by making their homes more energy efficient. This program can help reduce energy costs by repairing, replacing, or upgrading things in your home that use the most energy. Through these energy conservation measures participating households can improve the health and safety of their homes while saving an average of \$283 or more per year. For questions about the program or to request application assistance, please contact Angela Hernandez at (775) 786-6023 ext. 1026 or ahernandez@csareno.org.

Homeowners or renters who make 200% or less of the federal poverty level are eligible for services at no cost. Landlords may be required to pay 50% of any capital improvement measures that are installed in eligible rental properties. Any Washoe County homeowner or renter is welcomed and encouraged to apply. There are no age restrictions, but the program does prioritize assistance to seniors, households with children, and individuals with disabilities.



WEATHERIZATION & HOME IMPROVEMENT CONTINUED

Rebuilding Together Northern Nevada: Rebuilding Together Northern Nevada works to ensure safe homes and communities for our neighbors with fewer resources. Our work supports low-income seniors, veterans, people with disabilities and families in need. See our eligibility requirements below. During these uncertain times, a high priority is placed on helping those most vulnerable to the COVID-19 virus. For more information: <https://rebuildingtogethernnv.org/find-help>

Eligibility Requirements:

1. Your home must be located in a Northern Nevada county.
2. You must own your home, live in it as your primary residence, provide proof of ownership (through a current property tax statement or current homeowners insurance policy), and intend to remain in the home for at least two years after receiving free repairs from RTNNV.
3. You must meet HUD Income Limits. Your HUD income limit is the gross combined income for all residents of your home, including any rental income, and must be less than the amount shown below. Proof of income for all residents 18 years and older in the home is required. Acceptable proof of income includes but is not limited to past year income tax statements, payroll stubs, social security or disability statements, pension and/or veteran benefits statements, alimony or child support statements, AFDC statements, and proof of any rental income or other assets.





DOMESTIC VIOLENCE

Live Violence Free, South Lake Tahoe: Live Violence Free believes in a survivor-driven model of empowerment – that means you are the expert in your own life. We respect the decisions you make, for you and your family’s well being. Our role is to help you achieve your hopes and goals for a future free of violence. Hotline 530-544-4444 (24/7, in English, Spanish, Tagalog).

<http://www.liveviolencefree.org/>

Sierra Community House: All of our services are designed to empower victims in reclaiming their rights and to provide the tools individuals and families need on the road to safety and recovery. 24-hour crisis line (800) 736-1060. We provide 24-hour/7-days-a-week intervention, support, information, and referral services relating to domestic intimate partner violence, sexual assault, and child abuse. Call (800) 736-1060 for immediate help in multiple languages.



PET SERVICES

Emergency Pet Food Bank

Pet Network Humane Society: Pet Network is proud to offer free pet food for community members in need of support. This operates on a "no questions asked" basis and is available to all. Visit the shelter any time during operating hours (Friday–Tuesday 10 am to 5 pm) to pick up a bag of food. <https://cdn.jotfor.ms/200987276956169>

401 Village Boulevard
Incline Village, NV 89451
775-832-4404

Low-cost Vaccination Clinics

Washoe County Regional Animal Services: Offers low-cost vaccination clinics on the 1st Tuesday of each month by appointment only at:
2825 Longley Lane, #A
Reno, NV 89502
An appointment can be made online with this link:
<https://app.acuityscheduling.com/schedule.php?owner=20975609&appointmentType=17686615>

SENIOR RESOURCES



Home Delivered Meals, Meals on Wheels:

The Truckee–North Tahoe Meals on Wheels program helps local seniors live independently at home as long as possible. Freshly prepared meals are delivered daily to seniors who have a medical need for nutritious meals. Our meals are freshly prepared in our kitchen under the leadership of Chef David Lutz. Please call 530–550–7600 to confirm eligibility. More information at www.sierraseniors.org

Eligibility criteria:

- Participants must be over age 60 years of age
- The senior must be primarily homebound (leaves only for necessities) and without meal preparation assistance during the day

- The senior must be lacking in two or more areas of Activities of Daily Living: bathing, toileting, dressing, eating, transferring, standing for lengthy periods
- The senior may have respiratory problems or mobility issues
- The senior may have had recent surgery or hospitalization
- The senior may have cognitive or other mental impairment
- The senior has a medical referral
- The senior lives within the following service areas: Greater Truckee community; Squaw Valley/Alpine Meadows; Kings Beach; Tahoe City; Placer County of the West Shore; Incline Village and Crystal Bay

Incline Village Community Center: Located next to the new Incline Library, the Center offers seniors drop in hours for board games, trivia, movies and more.

Located at:

855 Alder Ave, Incline Village, NV 89451

Center drop-in hours:

Monday, Wednesday and Friday

1:00pm – 4:00 pm

Congregate Meals:

Senior Services also provides food through the Congregate Dining Plan for seniors over 60 without medical needs. Please contact Sierra Senior Services for complete details.

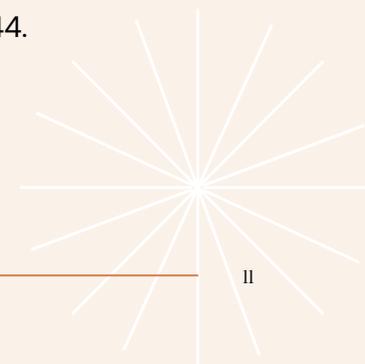
Office Address:

10040 Estates Drive, Truckee, CA 96161

Phone: 530–550–7600

Email Address: info@sierraseniors.org

Senior Care: Comfort Keepers® serves families in Incline Village whether they require mobility assistance, meal preparation, or companionship services, our highly skilled and friendly caregivers. Call for more information (775) 210–5944.



PARKS

Incline Park & Ridgeline Ball Field: 939 Southwood Blvd., Incline Village, NV 89451

Softball/baseball fields, sites are available for rental here:
<https://www.yourtahoepace.com/parks-recreation/about-recreation/group-rental-facilities>

Incline Skate Park: Located on the corner of State Route 28 (aka Tahoe Blvd.) and Southwood Blvd
<https://www.yourtahoepace.com/parks-recreation/outdoor-recreation/incline-village-skate-park>

Preston Field: 700 Tahoe Blvd., Incline Village, NV 89451

Softball/baseball fields available for rental here:
<https://www.yourtahoepace.com/parks-recreation/about-recreation/group-rental-facilities>

Village Green: 960 Lakeshore Blvd., Incline Village, NV 89451

Multi-use field for soccer, frisbee, or football, hiking trail, and creek.

Bocce Ball Park: 980 Incline Way, Incline Village, NV 89451

Bocce Ball available for group rentals or Bocce Ball & Sunset Socials (June through September). <https://www.yourtahoepace.com/parks-recreation/outdoor-recreation/bocce-ball-park>



Washoe County Trails: Explore the natural beauty of northern Nevada! Washoe County and the cities of Reno and Sparks offer a range of opportunities, from paved paths in parks to rugged wilderness trails. The outlying areas offer even more trails on land managed by the Bureau of Land Management, Nevada State Parks and the U. S. Forest Service.

Trail Guide:

<https://www.washoecounty.gov/parks/files/TrailsGuideFinal.pdf>

*Healthy Living in
Incline Village, NV*



**HUMAN SERVICES
AGENCY**



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