



Senior Citizens Advisory Committee Newsletter

September 2020

Pandemic Edition

Greetings to all our Senior Citizen friends! It is truly a crazy time we are all living through right now. We, the Senior Citizens Advisory Committee, truly hope everyone is faring well.

Our newsletter will focus on some helpful and interesting ideas for our readers. There are some good local programs and resources available for seniors, and we will be sharing information about them – including contact information.

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Senior Citizen Advisory Committee:

LaMerne Kozlowski (Chair) Ward 1
Marjorie Ball (alternate), Ward 1
John Sebastian, Ward 2
Kim Spoon (alternate), Ward 2
Martin Roberto, Ward 3
Barbara Stirling (alternate), Ward 3
(Vacant) Ward 4
David Hall Sr. (alternate), Ward 4
Marsy Kupfersmith (Secretary), Ward 5
Raynell Holtz (alternate), Ward 5
Andrea Pelto (Vice-Chair), Mayor appt.
Kyle Waxman, Mayor appt.
Rosemary Padgett (alternate), Mayor appt.

Meals on Wheels

Home Delivered Meals, also known as Meals on Wheels, provides meals to homebound seniors who are at high nutritional risk. Eligible clients receive up to seven home delivered meals per week:

- One hot meal on delivery day and up to six frozen meals.
- Clients may also be assessed for participation in the Second Home Delivered Meal Program. Eligible participants may receive an additional seven meals per week.
- Home Delivered Meals clients receive two shelf-stable meals a year for use in the event of emergency or severe weather.

Eligibility Criteria: Participants must be 60 years of age or older, homebound due to illness, disability or geographic isolation and unable to attend a congregate meal site.

All HDM clients will be visited by a Washoe County Senior Services program staff to be certified regarding the need for service. For info, please call (775) 328-2575

Dining with Dignity

Local restaurants, in association with the United Way and local donors, are working to bring meals to homes of the most vulnerable people who should be staying safely home during this COVID-19 pandemic. To sign up for food, please call (775) 391-0525.

Sparks Senior Citizens Center

97 Richards Way, Sparks
Lunch pickup 11:45 am Monday-Friday
Must call (775) 353-3113 prior to 8:30 am to reserve a lunch
For additional info, please call (775) 353-3110

OMBUDSMAN (Advocate) for NV Seniors:

Jennifer Williams-Woods
Aging & Disability Services Division
9670 Gateway Drive, Suite 100
Reno, NV 89521 PHONE: (775) 687-0818

Mayor and City Councilmembers:

Mayor Ed Lawson

- Councilmember Donald Abbott – Ward 1
 - Councilmember (Vacant) – Ward 2
 - Councilmember Paul Anderson – Ward 3
 - Councilmember Charlene Bybee – Ward 4
 - Councilmember Kristopher Dahir – Ward 5
- Councilmembers: 775-353-2310

Sparks Police Department (Non-Emergency)
775-353-2231

Sparks Fire Department (Non-Emergency)
775-353-2255

Hospitals:

Renown Medical Center
775-982-4100

St. Mary's Regional Medical Center
775-770-3000

Northern Nevada Medical Center
775-331-7000

Carson Tahoe Regional Healthcare
775-445-8000
VA Hospital
775-786-7200

Important Contact Numbers

Road Conditions

511 or 877-687-6237

Charter Communications

888-438-2427

AT&T

800-288-2020

Dish TV

888-656-2461

Direct TV

888-777-2454

NVEnergy (Gas/Electric)

775-834-4444

Truckee Meadows Water Authority

775-834-8080

City of Sparks Sewer

775-353-2360

Waste Management (Garbage/Recycle)

775-329-8822

Regional Animal Services

775-353-8900

Washoe Co. Health Department

775-328-2400

Washoe Co. Poison Center

800-222-1222

Department of Motor Vehicles (DMV)

775-684-4368

United States Post Office

800-275-8777

Senior Phone Patrol

For information on how you can SIGN UP for the Senior Phone Patrol program, please call (775) 353-2248 to speak with a Police Assistant.

CARES HOUSING ASSISTANCE PROGRAM

Our Sparks City Council just approved contracts with the Reno Housing Authority to administer \$2.4 million of CARES Act funds for rental assistance to eligible Sparks tenants impacted by the COVID-19 pandemic. Applicants must be Sparks residents with a current, active lease for which back rent is owned and must be able to demonstrate financial hardship due to the COVID-19 pandemic, such as loss of a job, reduction in work hours or reduction in wages. Other eligibility requirements apply as well, such as the amount of applicant's gross annual household income and liquid financial resources. Applicants may not be receiving any other Federal Voucher Housing Assistance.

Apply through the State of Nevada's website at www.housing.nv.gov or call (775) 687-2240. Applicants will be notified once approved and the funds will be disbursed directly to the tenant's landlord.



Our hearts are very heavy as we announce the passing of Mayor Ron Smith. Mayor Smith courageously battled pancreatic cancer for almost two years. He was officially sworn in as the 25th Mayor of Sparks on November 13, 2018. Mayor Smith leaves behind his beloved wife Karen of 40 years, four children and nine grandchildren. Our deepest condolences go out to his family. As a veteran himself, a genuine labor of love for Mayor Smith was his service as Director of the Nevada Veterans Memorial Plaza Project at the Sparks Marina. In lieu of flowers, the family asks that donations be made to the Nevada Veterans Memorial Plaza Project: www.nvmp.info P.O. Box 50967 Sparks, Nevada 89435 #WeLoveYouMayor