

# WASHOE COUNTY REGIONAL BEHAVIORAL HEALTH

DOROTHY EDWARDS, BEHAVIORAL HEALTH  
COORDINATOR

# REGIONAL BEHAVIORAL HEALTH POLICY BOARD

AB366 – 2017 Legislative Session

Four regional boards

Membership Criteria

Responsibilities



AB76 – 2019 Legislative Session

**Five** Regional Boards

Membership Criteria

Responsibilities

## Clark (Ariana Saunders)

- Clark Co
- Part of Nye

## Southern (TBD)

- Mineral
- Esmeralda
- Lincoln
- Part of Nye

## Northern (Jessica Flood)

- Carson City
- Churchill
- Douglas
- Lyon
- Storey

Rural  
(Valerie Cauhape)

- Elko
- Eureka
- Humboldt
- Lander
- Pershing
- White Pine

 Washoe  
(Dorothy Edwards)

- Washoe

# BOARD RESPONSIBILITIES

## 1. Advise the Department, Division and Commission

- Behavioral health needs of adults and children in the behavioral health region
- Progress, problems or proposed plans relating to the provision of behavioral health services
- Methods of improvement of behavioral health services
- Gaps
- Federal/State law recommendation for change
- Fiscal priorities

## 2. Promote improvements in the delivery of behavioral health services in the behavioral health region.

3. Coordinate and exchange information with the other policy boards
4. Review the collection and reporting standards of behavioral health data to determine standards for data collection and reporting processes
5. Establish an organized, sustainable, accessible and accurate electronic repository of data and information concerning behavioral health and behavioral health services in the behavioral health region that is accessible **(Big Ask – to the extent feasible)**
6. Track and compile data
  - Admissions
  - Programs, Services,
7. Identify needs/services and coordinate with other agencies
8. Annual report
9. Bill Draft Request!!!

# REGIONAL BEHAVIORAL HEALTH COORDINATORS

Increase capacity of the behavioral health system in the region.

Collaboration and community-wide engagement of behavioral health and substance use stakeholders

Support efforts of the Regional Behavioral Health Policy Board members in development and implementation of a comprehensive strategic plan.

Annual report, data



# WASHOE POLICY BOARD ACTIVITIES

**Meetings**

**Education**

- **Reciprocal: Learn from the community and provide information back**

**Establish Behavioral Health Priorities**

**Behavioral Health Profile**

**Annual Report**

**Bill Draft Request**

# WASHOE POLICY BOARD MEMBERS

Senator Julia Ratti (Chair)  
District 13  
Nevada State Senate

Henry Sotelo  
Attorney  
Reno Municipal Legal Defender

Sharon Chamberlain  
Chief Executive Officer  
Northern Nevada HOPES

Thomas Zumtobel  
Vice-President, Population Health  
Renown Hospital

Cindy Green  
Education/EMS  
REMSA

Frankie Lemus  
Crossroads, Washoe County Human Services

Dorothy Edwards, Washoe County Human  
Services, Behavioral Health Coordinator

Sandra Stamates  
National Alliance on Mental Health  
Community/Family Representative for  
Families

Wade Clark  
Sergeant, Reno Police Department

Charmaane Buehrle  
Director, Business Development  
West Hills Hospital

Kevin Dick  
District Health Officer  
Washoe County Health District

Dr. Kristen Davis-Coelho  
Administrator  
Renown Behavioral Health & Addiction  
Institute

Jennifer DeLett-Snyder  
Executive Director, JTNN

# BILL DRAFT REQUEST: ASSEMBLY BILL 66

## Ultimate Goal: Crisis Stabilization

- Mitigate unnecessary drop offs to jails, emergency rooms
- Better served in an environment that can treat their condition
- Considered an emergency health care alternative to persons with acute behavioral health issues
- Prompt Action, Gentle Response
- Intended to stabilize, utilize peer support, keep individuals housed and not jeopardize any current housing or services

# ASSEMBLY BILL 66: PASSED UNANIMOUSLY

Didn't read exactly as planned

Enabling language for establishment of crisis stabilization centers by certain organizations

A last minute amendment provides for the licensure and regulation of non-emergency secure behavioral transport services

Gives us a an opening on which to build!

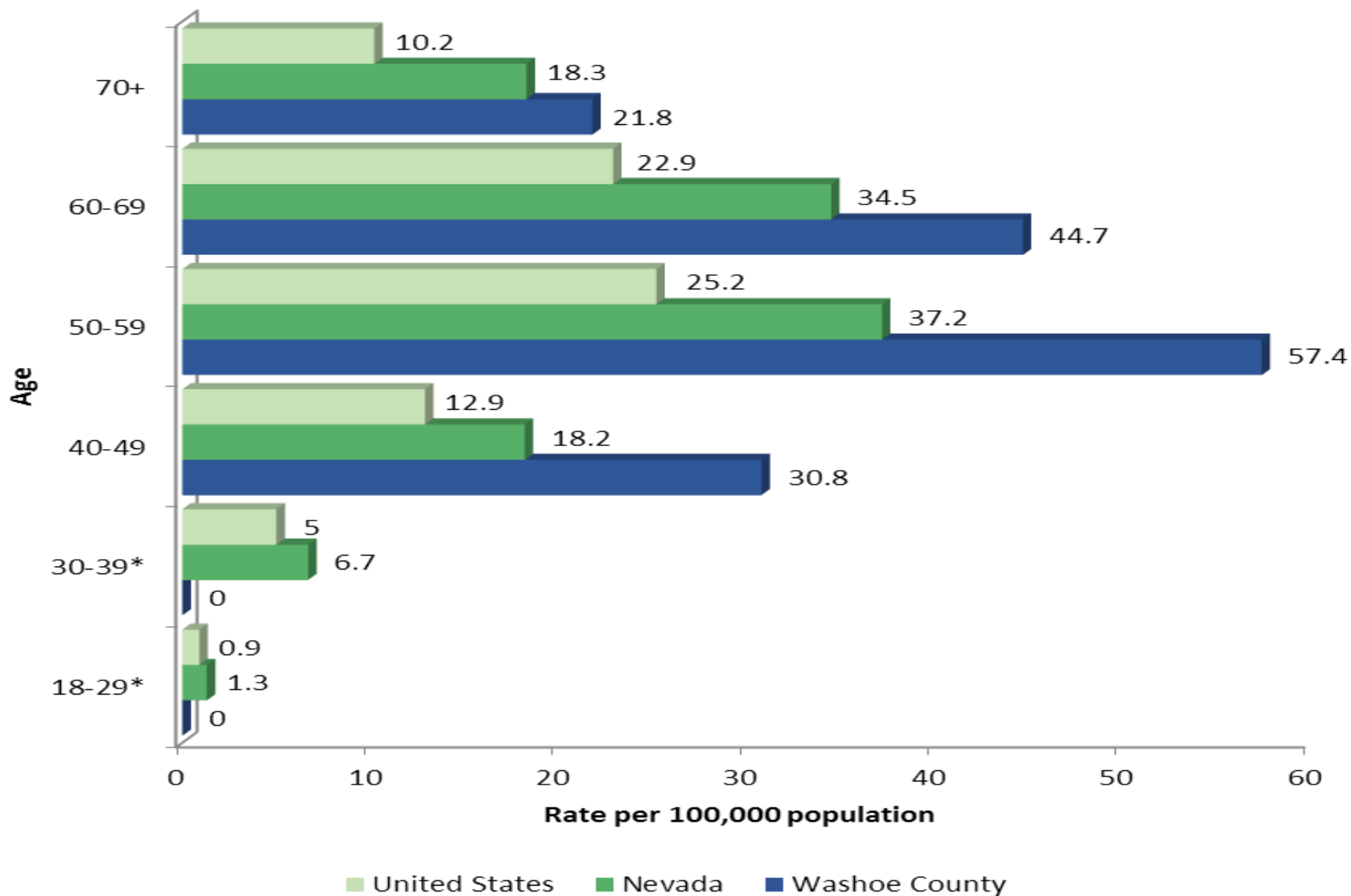
# 2018 ANNUAL REPORT

- Summarized Board activities
- Included the Behavioral Health Profile
- Results of surveys/focus group
- 2019 still in progress

# BEHAVIORAL HEALTH PROFILE

- Second year
- WCHD provided UNR intern
- Some data remained the same – source only updates every two years
- Access

**Figure 23: Alcohol-Induced Cause of Death by Age Group, Washoe County, Nevada, and United States, 2013-2017 Aggregate Data**



**Figure 24: Drug-Induced Cause of Death by Age Group, Washoe County, Nevada, and United States, 2013-2017 Aggregate Data**

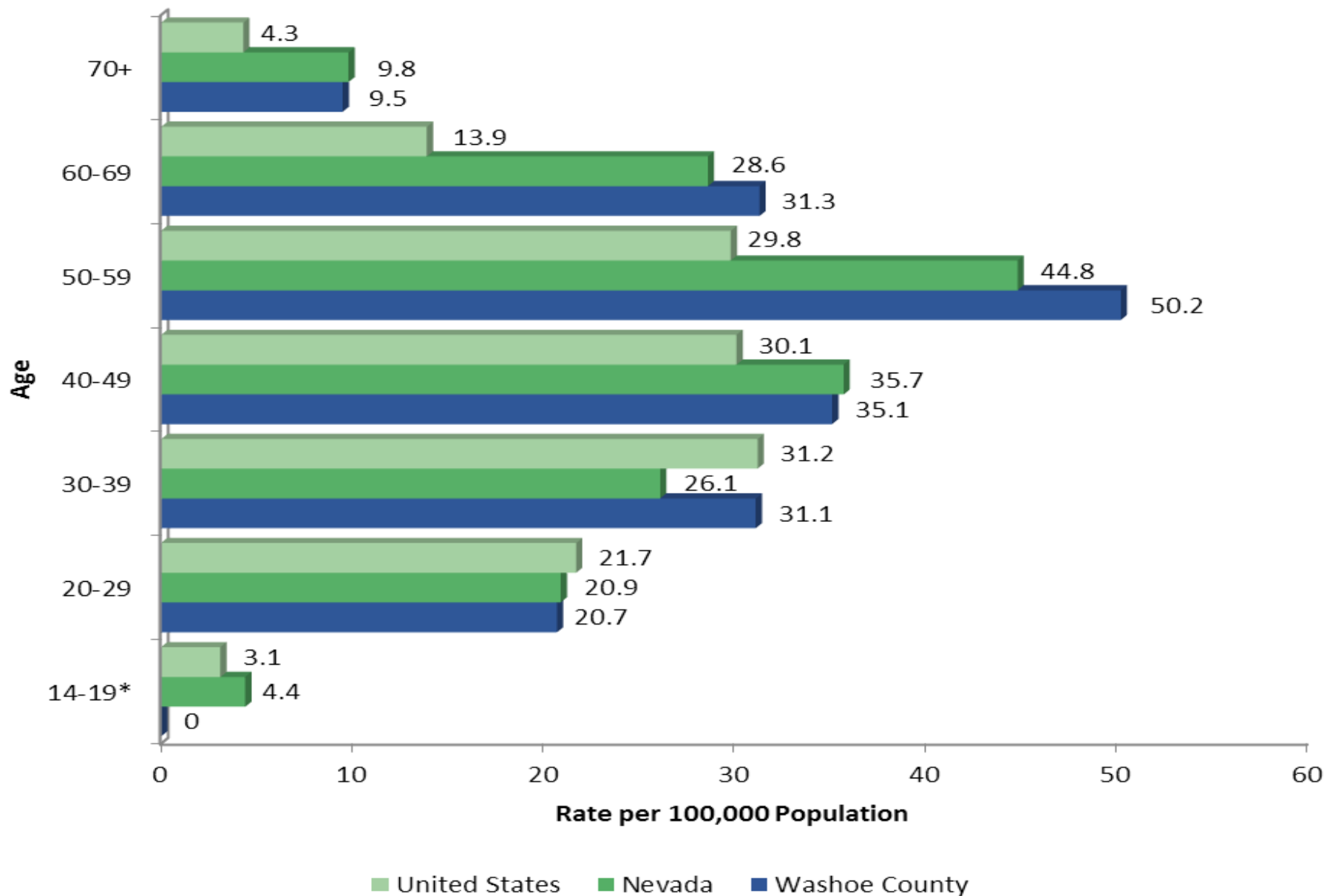




Figure 36: Opioid-Related Inpatient Admissions by Age Group, Washoe County, 2010-2018

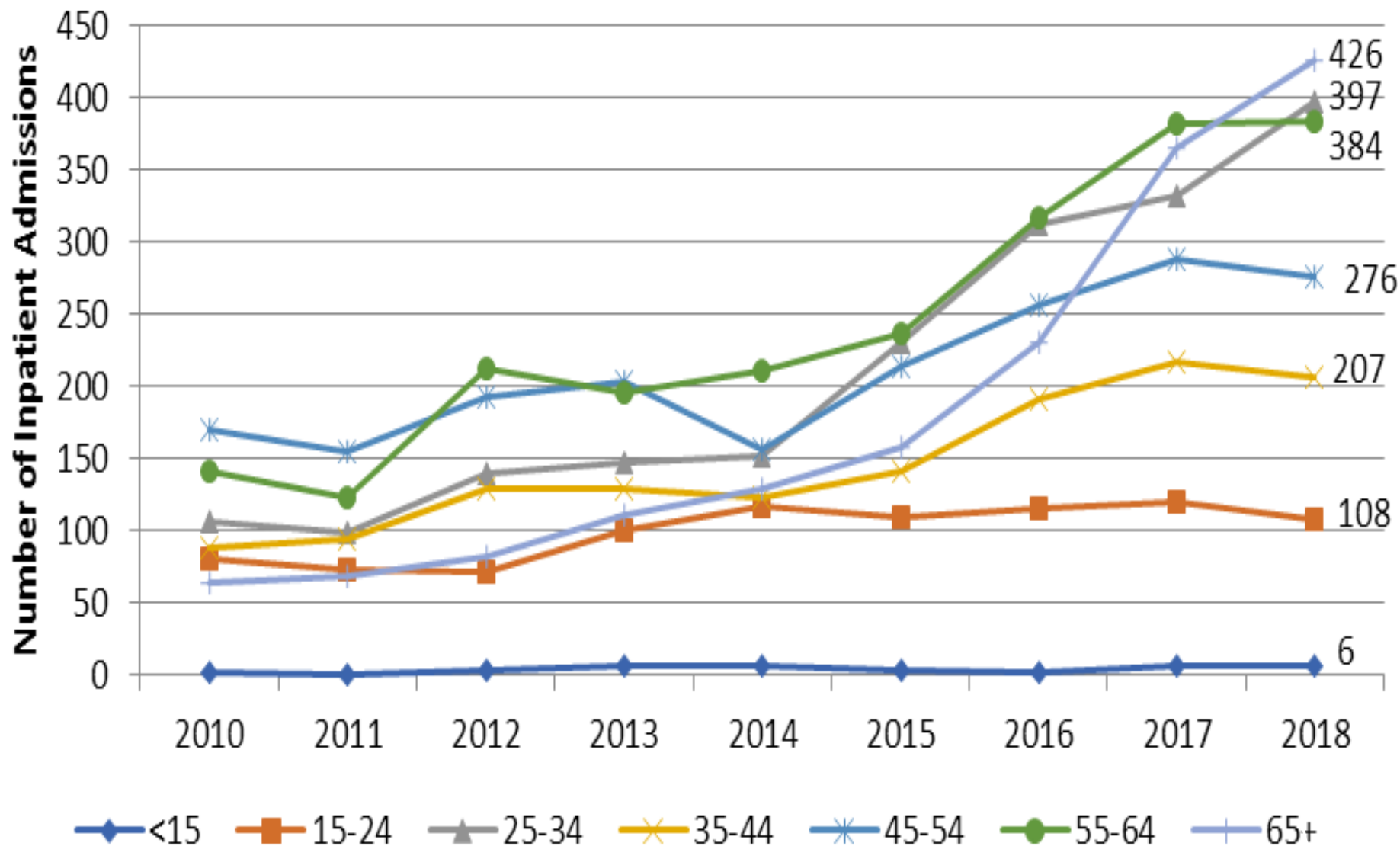


Figure 39: Opioid-Related Deaths by Age Group, Washoe County, 2010-2018

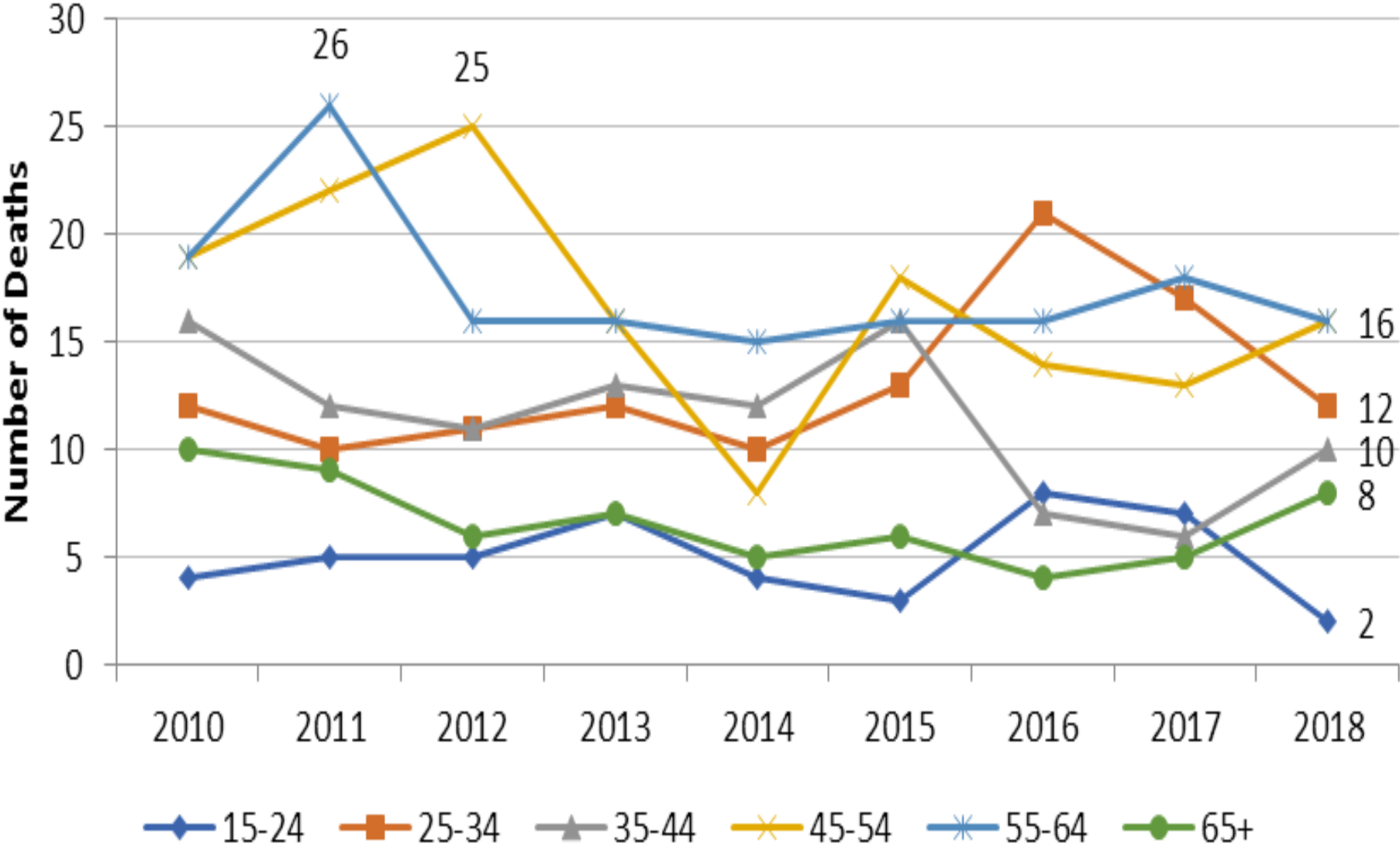


Figure 66: Death Due to Suicide/Intentional Self-Harm by Age Group, Washoe County, Nevada & United States, 2013-2017 Aggregate Data

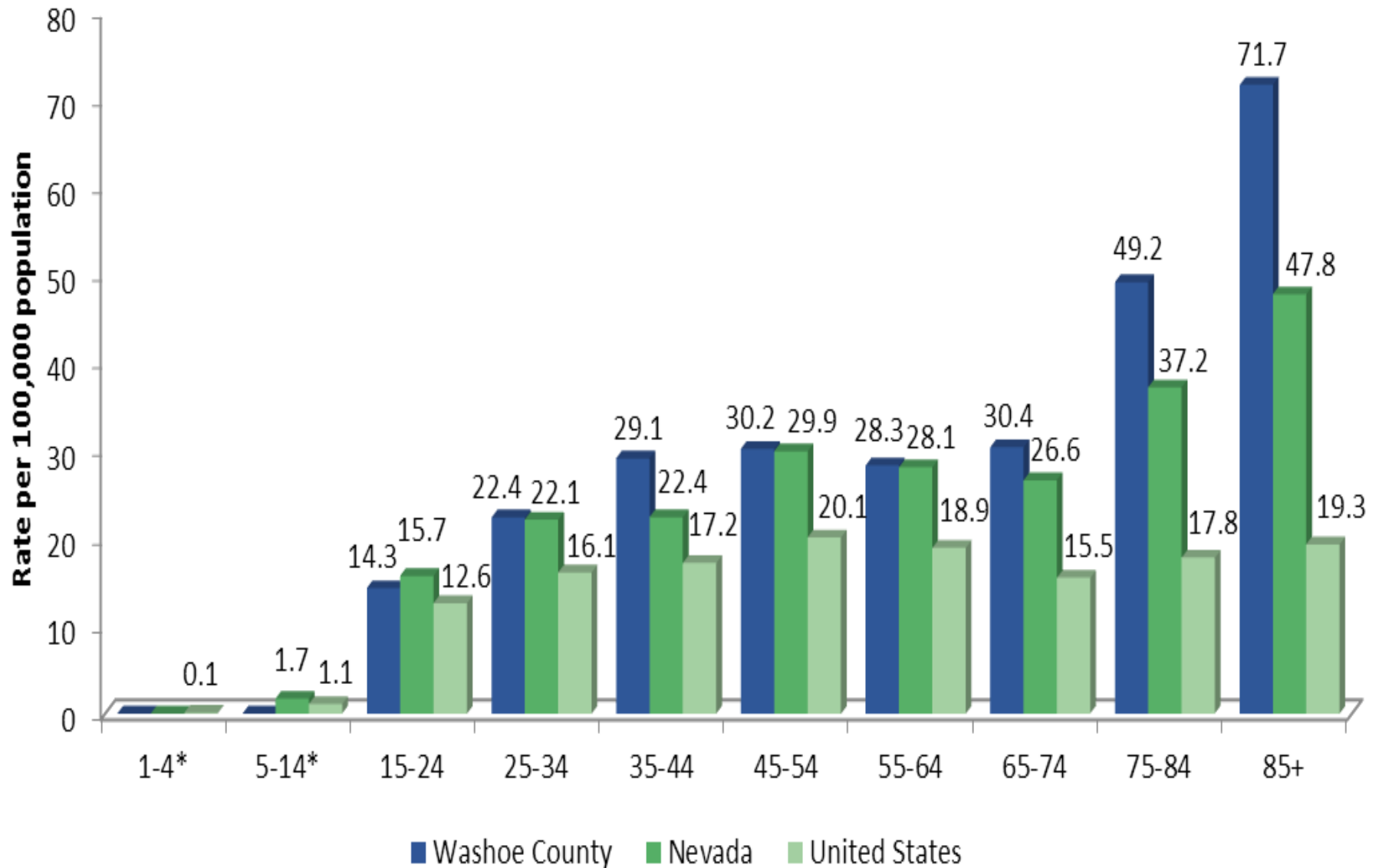
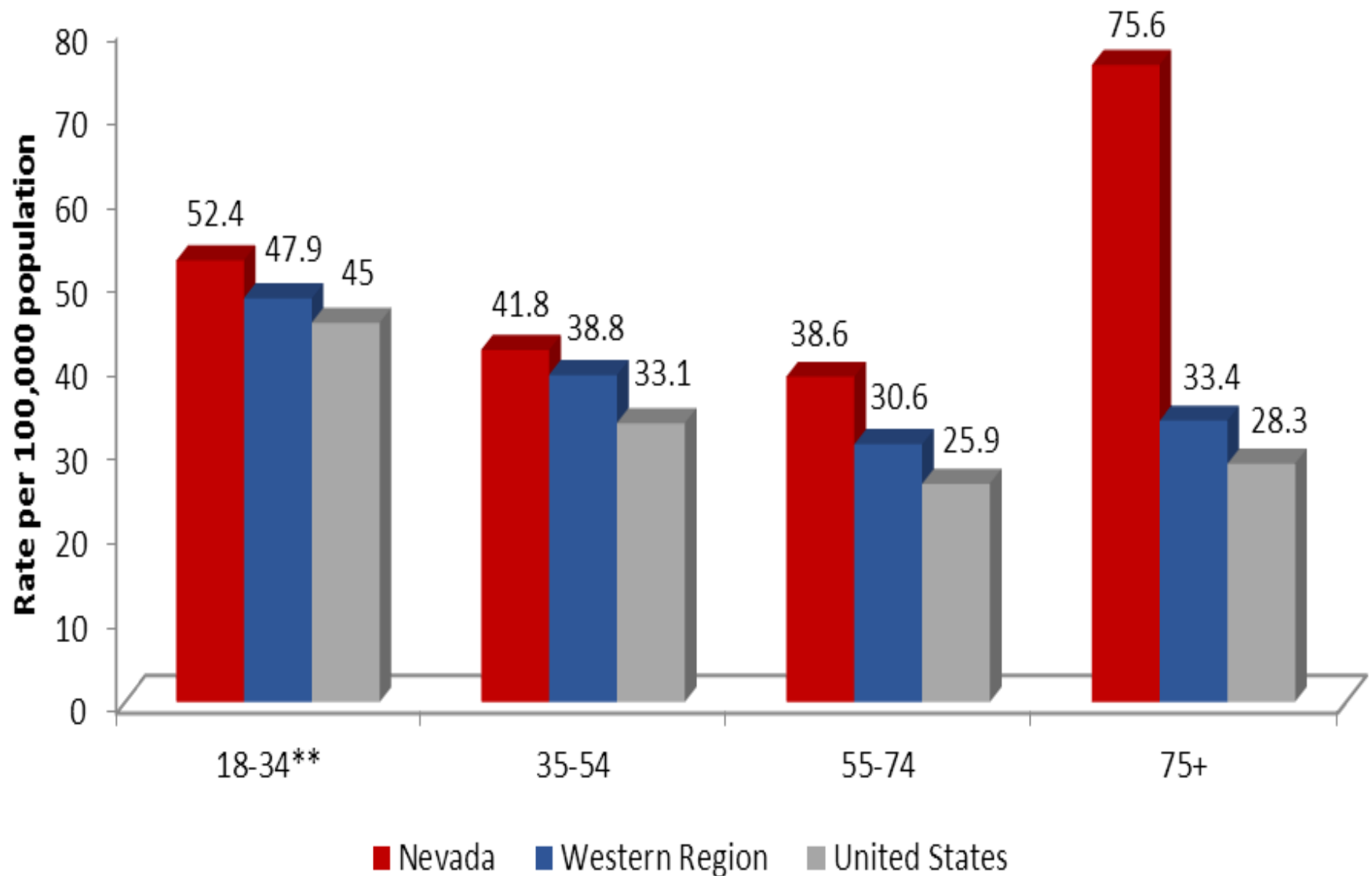


Figure 67: Rate of Veteran Suicide Deaths by Age Group, Nevada, Western Region\* & United States, 2016



# MOBILE OUTREACH SAFETY TEAM (MOST)

Mental health counselors embedded with law enforcement

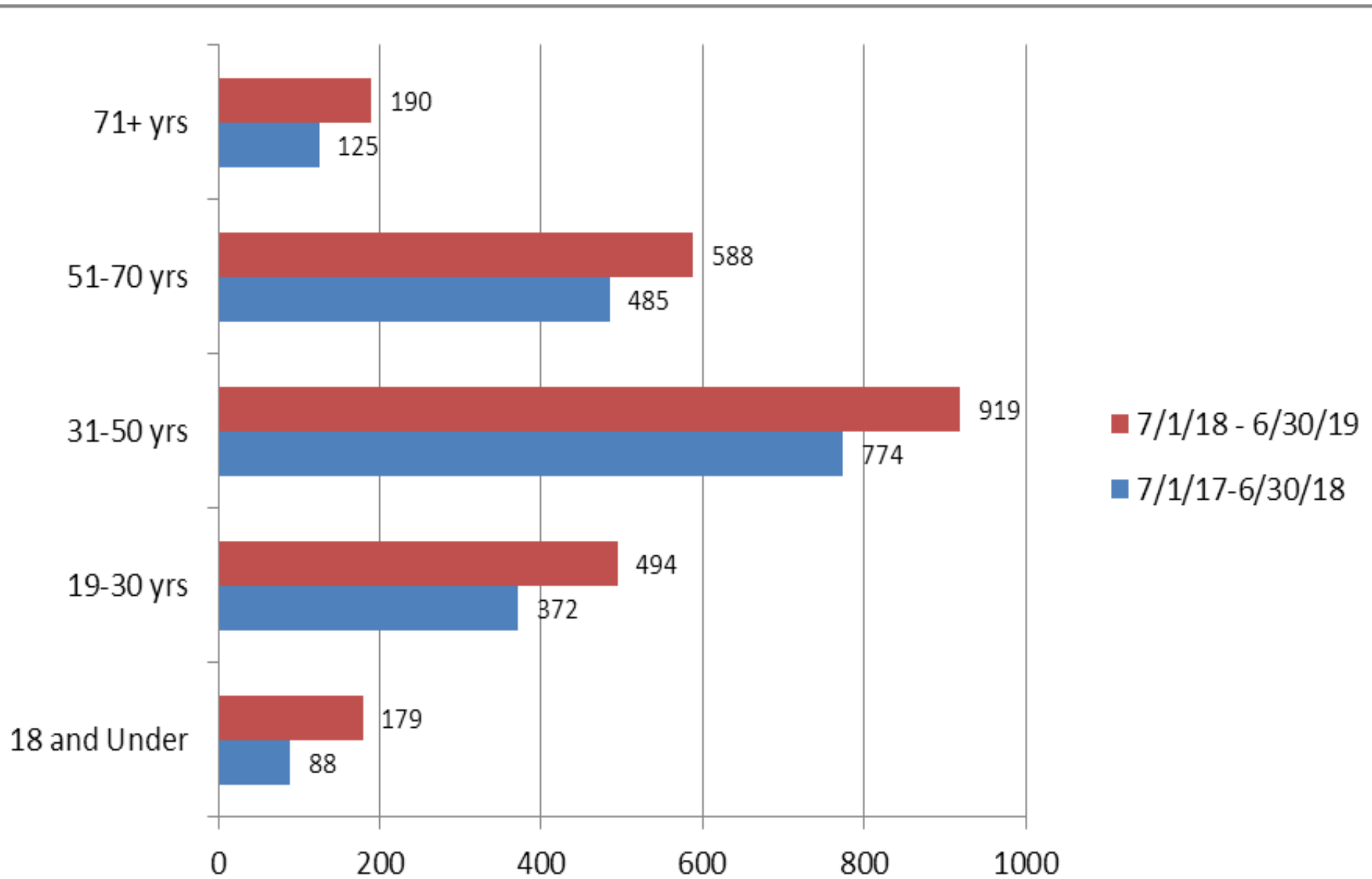
10 hour shifts – 24/7

Currently only one MOST member for each shift

## GOALS:

- CRISIS intervention to avoid costly emergency room visits and hospitalization
- Reduce law enforcement calls for service and diversion from jail when appropriate
- Connect individuals in crisis to local resources to provide them with a long-term support network
- Public Safety

# CONTACTS



# NEXT STEPS?

Collaboration...Education....Initiative  
Legislation

- **Knowledge of what is in place and what needs to be in place**
- **Advocacy**
- **2021 BDR**

# LINKS

<https://www.leg.state.nv.us/App/NELIS/REL/80th2019/Bill/5991/Text>

<https://www.washoecounty.us/health/index.php>

<https://www.leg.state.nv.us/App/InterimCommittee/REL/Interim2019>

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*“As long as we are alive, we must be able to dream of the future, of a better world or better ways of life.”*

*Bud Harris*