

# HOW AGE-FRIENDLY IS MY COMMUNITY TODAY?



Age \_\_\_\_\_ Zip Code \_\_\_\_\_

**Circle your answers:** Male Female Own Rent Retired Still working

Live alone Live with others Live in senior residence Have caregiver Am a caregiver

Walk Drive myself Someone drives me Use bus/cabs/Uber/Lyft Use ACCESS vans

I buy food and/or prepare my own meals I get help with shopping/meal preparation

How important is it for you to live on your own as you age?

Extremely	Very	Somewhat	Not Very	Not at all

How important is it for you to be in touch or visit friends, family, neighbors in your community?

How important is volunteering to you?

Rate your community as a good place to live as you age.

Excellent	Very Good	Good	Fair	Poor

Rate your health

Rate your ability to live independently as you age.

## Circle the items that are important to have in your community as you age:

Affordable, accessible health care

Affordable housing for owners and renters

Affordable, accessible transportation options

Affordable, accessible fresh food and prepared meals

Well maintained and safe parks, sidewalks, trails, bike paths

Affordable, accessible recreation and social programs

Affordable, accessible continuing education, self-improvement classes

Easy access to information about community resources and services for older adults

**I would like to work together with you to make our community a better place to live as we age:**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_