

CAREGIVING

****ALZHEIMER'S ASSOCIATION**

Caregiver support, training, respite
<http://www.alz.org/norcal>
775-786-8061

CAREGIVER ACTION NETWORK

Caregiver support, training
www.caregiveraction.org
202-454-3970

****SENIORS IN SERVICE**

Volunteer companions, care, respite,
transportation, foster grandparents
www.seniorsinservicenevada.org
775-358-2768

****SR OUTREACH SERVICES (SOS)**

Companions, care, transportation
<http://dhs.unr.edu/aging/outreach/sos>
775-784-7506

FOOD/NUTRITION

****ASSISTANCE LEAGUE - PANTRY**

www.renosparks.assistanceleague.org
775-329-7287

****FOOD BANK OF NORTHERN NV**

Food distribution sites
www.fbnn.org 775-331-3663

****FOOD STAMP PROGRAM**

Nevada State Welfare
<https://dwss.nv.gov/SNAP/Food/>
775-684-7200

****CATHOLIC CHARITIES OF NNV ST VINCENT'S PROGRAMS**

Food pantry, meals, senior nutrition
www.ccsnn.org/food.html
775-786-5266 ext. 1

****WASHOE COUNTY SENIOR SERVICES NUTRITION PROGRAM**

[https://www.washoecounty.us/seniorsrv/
nutrition/home_delivered_meals.php](https://www.washoecounty.us/seniorsrv/nutrition/home_delivered_meals.php)
Home Delivery: 775-328-2590
General: 775-328-2575 ext. 4

HEALTHCARE

****ACCESS TO HEALTHCARE**

[www.accesstohealthcare.org/services-
individuals](http://www.accesstohealthcare.org/services-individuals) 775-284-8989

****COMMUNITY HEALTH ALLIANCE**

<https://www.chanevada.org>
775-329-6300

****NV SENIOR/RX & DISABILITY RX**

Medicare prescription help
[http://adsd.nv.gov/Programs/Seniors/
SeniorRx/SrRxProg/](http://adsd.nv.gov/Programs/Seniors/SeniorRx/SrRxProg/) 775-687-0539

****NORTHERN NV HOPES**

www.nnhopes.org
Clinic: 775-786-4673

****SHIP (State Health Insurance Program)**

Medicare counseling
www.shiptacenter.org
Helpline: 1-877-385-2345
Reno Office: 775-284-8989

HEALTH/SOCIAL SERVICES

****CARE CHEST OF THE SIERRA**

Medical equipment, supplies, education
www.carechest.org 775-829-2273

****CENTER FOR HEALTHY AGING**

Elder Gap/Lifeline/Sr Health Advocate
www.addinglifetoyears.com
775-237-8375

SANFORD CENTER FOR AGING, UNR

Elder education, outreach, research
<http://dhs.unr.edu/aging/>
Center for Aging: 775-784-4774
Geriatric Clinic: 775-784-6377

DAYBREAK

Adult day care
[https://www.washoecounty.us/seniorsrv/
adult_day_health/index.php](https://www.washoecounty.us/seniorsrv/adult_day_health/index.php)
775-328-2591

THE CONTINUUM

Adult daycare, home modification
Continuumreno.com
775-829-4700

HOUSING/SENIOR LIVING/CARE HOMES

HOUSING & URBAN DEVELOPMENT
www.hud.gov/nevada
775-348-0477

NEVADA HOUSING DIVISION

www.NVHousingsearch.org
877-428-8844

RENO HOUSING AUTHORITY

www.renoha.org
775-331-5138

****VOLUNTEERS OF AMERICA**

Transitional homeless housing
www.voa-ncnn.org/northern-nevada
775-322-7143

****WASHOE COUNTY INCOME- BASED SENIOR HOUSING GUIDE**

www.washoecounty.us/seniorsrv
775-328-2575

LEGAL SERVICES

ELDER PROTECTIVE SERVICES
[http://adsd.nv.gov/Programs/Seniors/
EPS/EPS_Prog/](http://adsd.nv.gov/Programs/Seniors/EPS/EPS_Prog/)
775-688-2964 888-729-0571

SENIOR LEGAL HELP LINE

www.nevadalawhelp.org
877-693-2163

SENIOR LAW PROJECT

www.nlsaw.net
775-334-3050

WASHOE COUNTY PUBLIC GUARDIAN

www.co.washoe.nv.us/guardian/
775-674-8800

WASHOE LEGAL SERVICES

www.washoelegalservices.org
775-329-2727

RENO SENIOR RECREATION

CITY OF RENO SENIOR PROGRAMS

<http://www.reno.gov/seniors>
Information: 775-657-4602
Scholarships: 775-334-2046
Rides to programs: 775-657-4602

EVELYN MOUNT NORTHEAST COMMUNITY CENTER

775-334-2262

NEIL ROAD RECREATION CENTER

775-689-8484

TEGLIA'S PARADISE PARK COMMUNITY CENTER

775-356-3176

** = Free/Low Cost

TRANSPORTATION

****ACCESS TO HEALTHCARE NETWORK**

Free van service for health needs

www.accesstohealthcare.org

844-469-4932

RTC (RENO TRANSPORTATION COMMISSION)

ACCESS bus, discounted fares, Taxi Bucks

<http://www.rtcwashoe.com/public-transportation-operations-2-91.html>

775-348-0477



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RENO VICINITY

ELDER SERVICES:

FREE GUIDES & RESOURCE INFORMATION

*Caregiving *Financial *Education * Legal
*Healthcare *Housing *Insurance *Nutrition

INFO 2-1-1

www.nevada211.org

Dial 2-1-1 or 1-866-353-5656

AARP – Nevada

www.aarp.org/states/nv

775-328-2506

ADMINISTRATION ON AGING

www.aoa.gov

Eldercare locator: 800-677-1116

BENEFITS CHECK UP

www.benefitscheckup.org

800-992-0900

COMMUNITY RESOURCE GUIDE

<https://www.washoecounty.us/seniorsrv/files/Community%20Resource%20Guide%200416.pdf>

775-882-1436

GOLDEN PAGES & SENIOR SPECTRUM

Resource catalogue & monthly magazine

www.SeniorSpectrumNewspaper.com

775-348-0717

NV AGING & DISABILITY SERVICES DIVISION

Resources, services navigation

www.adsd.nv.gov

Reno: 775-687-0800

Eldercare locator: 800-677-1116

NV DIVISION OF WELFARE AND SUPPORTIVE SERVICES

<https://dwss.nv.gov>

775-684-7200

NV SENIOR GUIDE

www.NVSeniorGuide.com

702-269-9290

NEW LIFESTYLES

Guide to senior living & care

www.NewLifeStyles.com

800-869-9549

NORTHERN NEVADA VETERANS RESOURCE CENTER

www.vetsresource.org/vrc-northern-nevada.html

775-284-8387

SENIOR CONNECT

Monthly City of Reno senior programs

www.reno.gov/seniors

775-657-4602

SOCIAL SECURITY

www.ssa.gov

888-808-5481

SOLUTIONS AND RESOURCES ASSOCIATES- (SARA)

www.askSARA.org

775-742-3288

WASHOE COUNTY SENIOR SERVICES

www.washoecounty.us/seniorsrv

775-328-2575

2016-17 RENO ELDER SERVICES GUIDES & RESOURCES



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For an electronic version of this
brochure or questions, please contact:

Center for Healthy Aging

www.addinglifetoyears.com

info@addinglifetoyears.com

775-237-8375