Northern Nevada Legal Aid

Legal Aid Northern Nevada Legal Aid provides legal assistance to seniors 60 years or older for consumer related legal matters, such as: wills, evictions, financial fraud or exploitation, and social security administration hearings. Community education and senior related legal information sessions are offered throughout the year at various senior center locations.

Washoe County Library

A full service branch of the Washoe County Library is located inside the Reno Center and is open Monday-Friday, 9:00am to 1:00pm.

Phone Directory

Central Reception (775) 328-2575

M.A.P (844) 826-2085

Washoe County Library (775) 328-2586

Senior Ambassador Program (Volunteer) (775) 328-2588

Northern Nevada Legal Aid (775) 332-0606

Updated March 2024

A Guide to **Senior Services**

(General Information Only)

A Continuum of Care for Older Adults







Serving Seniors in Washoe County for 30 Years

Main Location Providing All Services

Reno

1155 East 9th Street. Reno. NV 89512 (775) 328-2575

Website

www.washoecounty.gov/seniorsrv

All programs accept donations that help expand services

Other Sites

Sparks

97 Richards Way, Sparks NV, 89431 (775) 353-3110

Gerlach

385 E. Sunset Blvd. Gerlach, NV 89412 (775) 557-2206

Our Mission

The mission of the Human Services Agency (HSA) of Washoe County is to promote the health, safety and wellbeing of children, adults and seniors who are vulnerable to abuse, neglect and exploitation. We provide an array of protective and supportive services to families and individuals to enhance their quality of life by ensuring they are optimizing their self-reliance and self-sufficiency, as we strive to have a strengthened, safe, and thriving community.

Programs & Services

Senior Centers

Senior Centers help address the needs of Seniors by offering services and resources, allowing participants to come together for activities.

These include:

- Social activities
- Lunch Services
- ACCESS tickets & Bus Passes (available to purchase)
- Medicare Assistance Program (MAP)
- · Exercise Classes
- · Live Music; Games & group activities

Nutrition Services

Home Delivered Meals

The Home Delivered Meals program aka Meals on Wheels, provides meals to eligible homebound seniors age 60 or older who are unable to participate at Senior Center meal sites.

Congregate Meals

The Congregate Meal program offers one hot meal or fresh salad per day to seniors 60+ and qualified individuals at one of the several locations in the Washoe County area. For menus options, please visit our website at: www.washoecounty.gov/seniorsrv/events_calendars_menus.php.

The Reno Senior Center is a Food Pantry Distribution site.

Congregate Meal Site

Washoe County Senior Center

Mon - Fri, 8:00am -5:00pm Lunch served - 11:15am - 12:30pm, (775) 328-2786 1155 E. 9th Street, Reno

Sparks Center

Mon - Fri, 8:00am - 5:00pm Lunch served - 11:30am - 12:00pm, (775) 353-3110 Meal Reservation: (775) 353-3113 97 Richards Way, Sparks

Gerlach Senior Center

Mon - Fri, 9:00am - 1:00pm, (775) 557-2206 385 Sunset Boulevard, Gerlach

Sites below require a reservation.

Please call (775) 328-2786 by 8:30 am

Cold Springs Community Center

Mon - Fri, 10:00am - 2:00pm, 3355 White Lake Parkway, Reno

Metropolitan Gardens

Mon - Fri, 9:00am - 1:00pm, sign up at Site 325 E. 7th Street, Reno

Neil Road Recreation Center

Mon - Fri. 11:00am - 1:00pm 3925 Neil Road, Reno

Spanish Springs Center (Lazy 5)

Mon-Fri, 10:00am - 2:00pm Lazy 5 Regional Park, Cottonwood Room 7100 Pyramid Highway, Spanish Springs

Sun Valley Center

Mon - Fri, 9:30am - 1:30pm 115 W. 6th Avenue, Sun Valley

Westbrook Community Center

Mon - Fri, 11:00am - 1:00pm, (775) 328-2786 315 Westbrook Lane, Reno (Lemmon Valley)

Medication Management/BP Clinics:

Our trained Nurses offer medication management services, helping you understand your prescriptions and their proper usage, provide client assessments, and assist in organizing your medications to ensure you take them as prescribed, reducing the risk of missed doses. Please call for details and eligibility. We proudly offer free blood pressure clinics at seven convenient senior centers

Group Home Assistance

throughout Washoe County.

Washoe County Group Home Assistance helps cover "Room and Board" costs for individuals ages 18-64 years old who are homeless AND are unable to reside in a shelter setting or for individuals 65 years old and older, whose income exceeds NV Medicaid HCBS Waiver income limits, and are unable to pay their full monthly Cost of Care. Please call for Eligibility.

Representative Payee Program

The Representative Payee Program is a Social Security Association (SSA) program that assists individuals 60 or older receiving Social Security or SSI benefits who have difficulty managing their personal finances. The main responsibility of a payee is to support the senior in managing his or her benefits to meet housing, nutritional and other needs. A fee for service and other program restrictions may apply.

Homemaker Program

Homemaker services provide light housekeeping and chore assistance to individuals age 60 or older, or under the age of 60 with a physical disability, who are unable to perform some or all of their desired homemaker activities, due to identified functional limitations to remain independent in the community. Cost share may apply.

