

Truckee Meadows Trails

Your guide to trails in Reno, Sparks and Washoe County, including parts of northeast Lake Tahoe





Steppin' out

Life in northern Nevada is all about enjoying the outdoors. Whether at the Sparks Marina, along the Truckee River in downtown Reno, or among the pines on the eastern slopes of the Sierra, this is a region where the air is healthy, the scenery spectacular and every path leads to a different adventure.

So it's easy to understand why the most frequently asked question of parks departments in Reno, Sparks and Washoe County is, "Where are the trails?"

The trails are here! Reno, Sparks and Washoe County have pooled resources and information to create this guide about public trails in and around the Truckee Meadows.

Major funding for the guide came from a Federal Highway Administration Recreational Trails Program grant, along with support from the Reno-Sparks Convention & Visitors Authority, Saint Mary's Regional Medical Center and Scheels. Creative talent was provided by the RGJ's Custom Publishing Group.

This guide will help you find new places for mountain biking, horseback riding, trail running, serious hiking or a leisurely stroll under infinitely blue Nevada skies.

Now, it's up to you to decide where to place your next step.

Steppin' up

Local residents, organizations and businesses are steppin' up to help maintain the quality of our public trails by volunteering their services to the parks departments in Reno, Sparks and Washoe County. Volunteers are making a huge contribution to the community, allowing thousands to enjoy quality parks, trails and open spaces while saving taxpayer dollars. Find out how you can help by contacting one of the agencies listed on the cover panel.

A young child with blonde hair is smiling broadly while sitting in a blue and black backpack carrier. The child is wearing a red shirt. In the background, a woman with blonde hair and sunglasses is smiling, and another person is partially visible. The scene is outdoors with a clear blue sky and greenery.

Step by step...

... explore the natural beauty of northern Nevada. Washoe County and the cities of Reno and Sparks offer a range of opportunities, from paved paths in parks to rugged wilderness trails. The outlying areas offer even more trails on land managed by the Bureau of Land Management, Nevada State Parks and the U.S. Forest Service.

What's inside...

A variety of trails offer opportunities to explore the natural environment of the Truckee Meadows and surrounding areas.

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Explore northwest Nevada

In this guide, trails have been divided into five sections:

Eastern Sierra. Trails center around the Mount Rose Highway corridor on the eastern slope of the Sierra Nevada, including a portion of northeast Lake Tahoe. Many hikes include some elevation gain, but the views — especially from the Flume Trail in Lake Tahoe State Park and from the Mount Rose Summit Trail — are worth the effort.

Virginia Range/Truckee Meadows. From Reno south to Washoe Lake are a mix of urban paths and rugged trails. Here, you can find everything from a park fitness circuit to equestrian routes.

Pah Rah/Sparks. Named after the Pah Rah Mountain Range just east of Sparks, this area offers trails winding through the sagebrush and other vegetation native to the Great Basin Desert as well as easy-to-access urban trails.

Peavine/Northwest. Grouped around Peavine Peak are trails popular with hikers, bird-watchers, mountain bikers and casual strollers. Bring binoculars for a walk around Swan Lake Nature Study Area and some water for a hike up Peavine's Keystone Canyon.

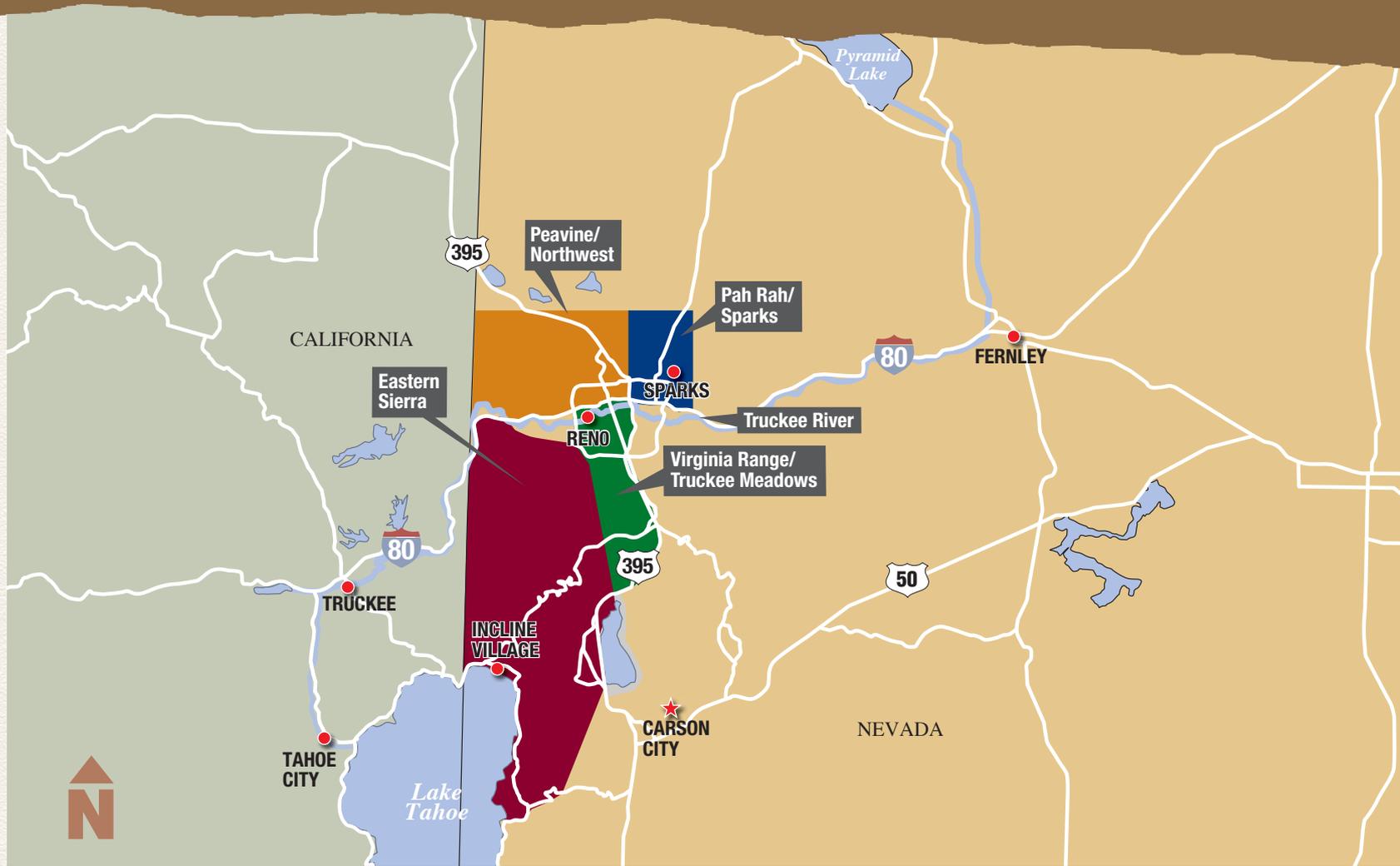
Truckee River. From its origin at Lake Tahoe to its terminus at Pyramid Lake, the Truckee River is the starting point for several hikes, as well as inspiration for the Tahoe-Pyramid Bikeway, a trail-in-progress that will follow the river from beginning to end.

In each of these sections, you'll find information about trails, including a description, length, elevation gain and directions to the trailhead, as well as a general map. Trails within a park are listed under the park name; stand-alone trails are listed separately.

If you are searching for a particular trail, see the index on the inside back cover for a list of trails in alphabetical order.

Throughout this guide, find photos of wildflowers and plants, as well as trail safety tips.

Information for the trails guide was provided by Washoe County, the cities of Reno and Sparks, Nevada State Parks, Tahoe-Pyramid Bikeway, Tahoe Rim Trail Association, Bureau of Land Management and the U.S. Forest Service.



Eastern Sierra Region



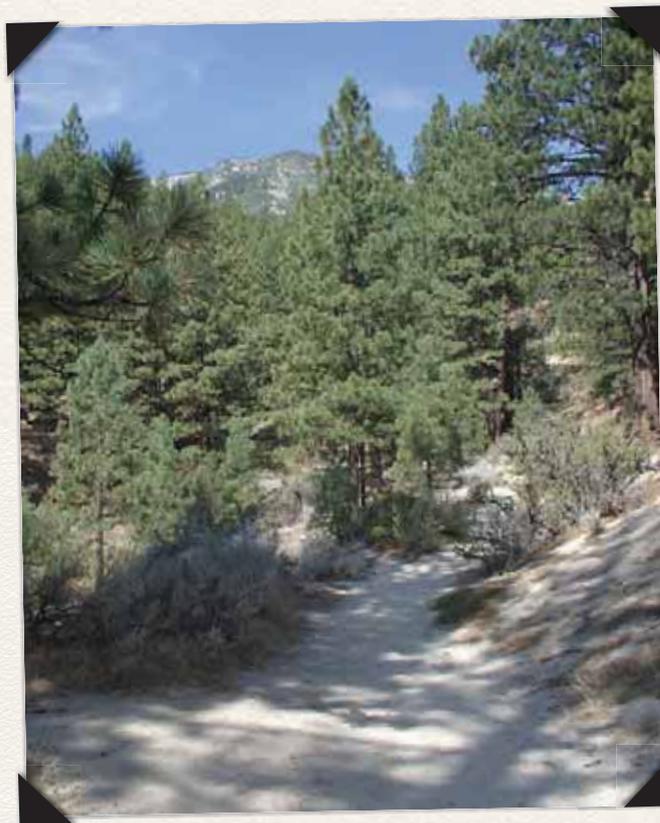
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Davis Creek Regional Park Trails

Davis Creek Regional Park once was a part of the 4,000-acre Winters Ranch, known in the mid-to-late-1800s for its thoroughbred horses. The area opened as a park in 1969, and includes three trails: Discovery, Nature and Ophir Creek. The park also has restrooms, camping spaces, showers, a picnic area and fishing pond.

Directions: The park is .5 miles west of Old U.S. 395, on Davis Creek Park Road.

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Davis Creek Regional Park Trails Continued from page 7

DISCOVERY TRAIL

Seasonal trail circles the park, offering scenic views, wildflowers and wildlife sightings.

Length/elevation gain: 1.5 miles/80 ft.

Allowed use: Bicycling, hiking

Management: Washoe County

Surface type: Natural

ADA accessibility: No

Dogs: Yes, on leash

NATURE TRAIL

As you walk this trail, you will learn about the natural surroundings of Davis Creek Park.

Length/elevation gain: .7 miles/fairly flat

Allowed use: Hiking

Management: Washoe County

Surface type: Natural

ADA accessibility: No

Dogs: Yes, on leash

OPHIR CREEK TRAIL

This trail connects Davis Creek Regional Park to Mount Rose Highway, and can be traveled in either direction. From Davis Creek, the trail is a steep uphill climb through gullies and washes. Be careful — the trail is not well-marked and there are spurs leading to dead ends.

Length/elevation gain: 7.5 miles/3,379 ft.

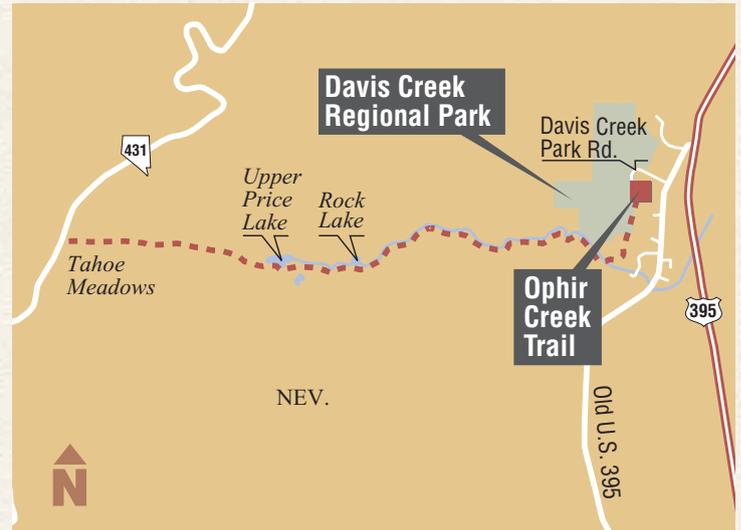
Allowed use: Equestrian, hiking, mountain biking

Management: Washoe County/U.S. Forest Service

Surface type: Natural

ADA accessibility: No

Dogs: Yes, on leash



Galena-area United States Forest Service Trails

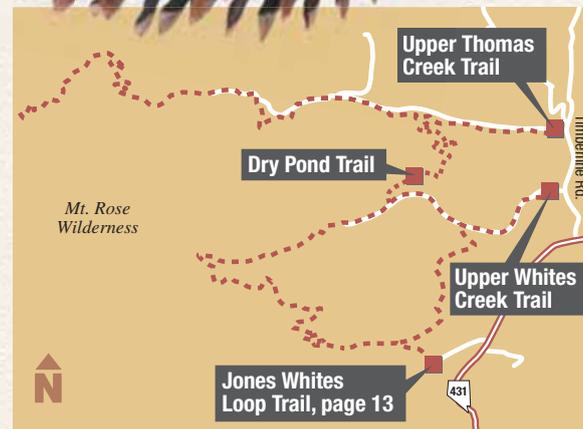
Upper Thomas Creek and Upper Whites Creek trails are connected by the Dry Pond Trail. The Upper Whites Creek Trail also connects to the Jones-Whites Creek Loop in Galena Creek Regional Park (See page 13).

Allowed use on all three trails: Cross-country skiing, equestrian, hiking, mountain biking, snowshoeing. Bikes are not allowed within the boundaries of the Mount Rose Wilderness.

Amenities at all three trails: ADA-accessible picnic area, horse-trailer parking, interpretive signs, parking, picnic facilities, restroom, trailhead.

Directions to the Dry Pond and Upper Whites Creek trails: From U.S. 395, take State Route 431 (Mount Rose Highway) west to Timberline Road. Turn north on Timberline, and drive approximately .5 miles to left turn on a paved road to the trailhead .9 miles ahead.

Directions to the Upper Thomas Creek Trail: From U.S. 395, take State Route 431 (Mount Rose Highway) west to Timberline Road. Turn north on Timberline, and drive past the end of the pavement and cross over Thomas Creek. The trail begins at the trailhead on the west side of Timberline Road.



DRY POND TRAIL

The trail connects the Upper Thomas Creek Trail with the Upper Whites Creek Trail.

Management: U.S. Forest Service

Length/elevation gain: 2.1 miles/450 ft.

Surface type: Natural

Dogs: Yes, on leash

UPPER THOMAS CREEK TRAIL

This busy trail follows the creek, and offers exceptional fall foliage.

Management: U.S. Forest Service

Length/elevation gain: 3.9 miles to Mount Rose Wilderness/3,745 ft.

Surface type: Natural

Dogs: Yes, on leash

UPPER WHITES CREEK TRAIL

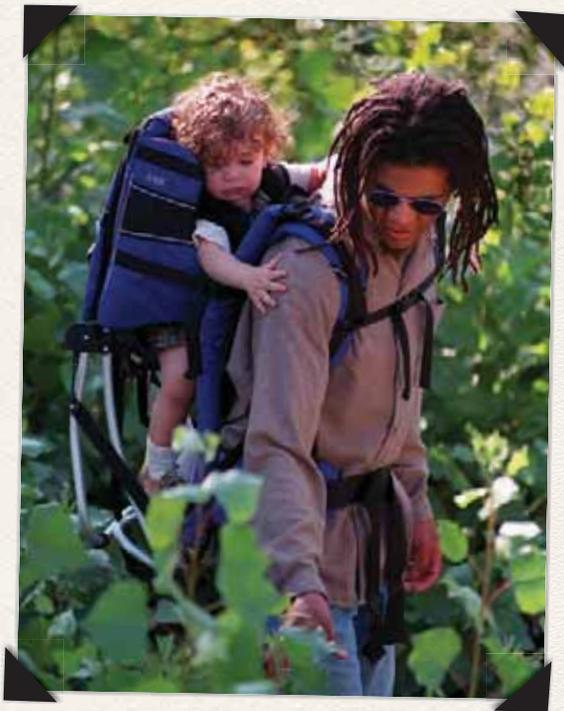
The trail accesses the 19,000-acre Mount Rose Wilderness, and connects to the Jones-Whites Creek Trail. The trailhead is gated, and is closed at night and during the winter.

Management: U.S. Forest Service

Length: 6 miles round-trip

Surface type: Natural

Dogs: Yes, on leash



Galena-area Washoe County Trails

Enjoy these four trails on the eastern slope of the Sierra Nevada: Brown's Creek Loop, Galena Creek, Lower Thomas Creek, Lower Whites Creek.



BROWN'S CREEK TRAIL

The loop trail begins at Joy Lake Road and crosses Brown's Creek several times on small bridges.

Length: 4.8-mile loop

Allowed use: Equestrian, hiking, mountain biking, snowshoeing

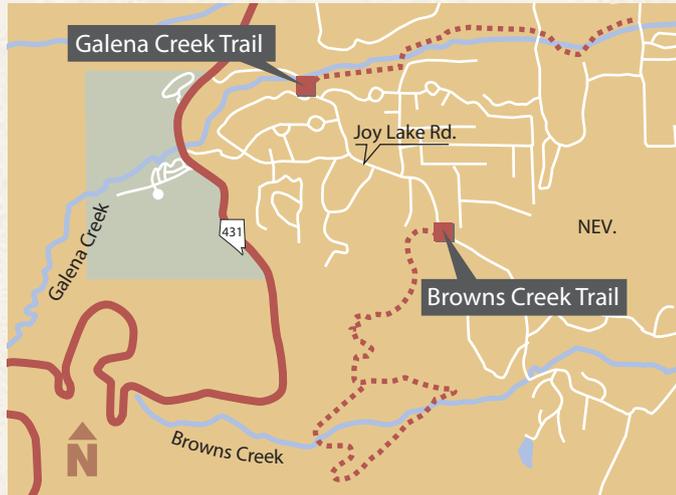
Management: Washoe County

Surface type: Natural

Amenities: Interpretive kiosk, parking, trailhead

Dogs: Yes, on leash

Directions: From Reno, take U.S. 395 south to State Route 431 (Mount Rose Highway.) Head west for about 4 miles to Joy Lake Road and turn left. Follow Joy Lake Road for 1.5 miles to parking area and kiosk to your east. Trail begins across the street.



Longleaf phlox (*Phlox longifolia*)

These small flowers bloom in spring and summer.

GALENA CREEK TRAIL

The trail, which is near Callahan Park, follows Galena Creek along Montreux Golf & Country Club, ending at Joy Lake Road.

Length: 1.6 miles one-way

Allowed use: Cross-country skiing, equestrian, hiking, mountain biking, snowshoeing

Management: Washoe County

Surface type: Natural

Amenities: Parking, trailer parking, trailhead

Dogs: Yes, on leash

Directions: From Reno, take U.S. 395 south to State Route 431 (Mount Rose Highway), turn west and travel 3 miles to Callahan Drive. Turn south and follow for 1.5 miles to trailhead on your right. The trail is near Callahan Park, 15960 Callahan Ranch Road in Reno.

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Galena-area Washoe County Trails Continued from page 11

LOWER THOMAS CREEK TRAIL

The trail offers a good shuttle-and-loop opportunity connecting to the Upper Thomas Creek trailhead from Arrowcreek Park.

Length/elevation gain: 2.3 miles/720 ft.

Allowed use: Equestrian, hiking, mountain biking

Management: Washoe County

Surface type: Natural

Amenities: Amphitheater (small and outdoor), parking, picnic area, trailhead

Dogs: Yes, on leash

Directions: Exit U.S. 395 at Damonte Ranch Parkway (Exit 59) and head west on Damonte Ranch Parkway. Damonte Ranch Parkway becomes Arrowcreek Parkway after crossing south Virginia Street. Stay on Arrowcreek Parkway for about 3 miles, and look for Arrowcreek Park, 2950 Arrowcreek Parkway, on the south side of the road. The trailhead is in Arrowcreek Park.



LOWER WHITES CREEK TRAIL

The trail offers a good shuttle-and-loop opportunity connecting to the Upper Whites Creek trailhead from Timberline Road.

Length/elevation gain: 3.3 miles/900 ft.

Allowed use: Equestrian, hiking, mountain biking

Management: Washoe County

Surface type: Natural

Amenities: Parking, playground, picnic sites

Dogs: Yes, on leash

Directions: From U.S. 395, take State Route 431 (Mount Rose Highway) west and turn north on the Telluride Drive entrance to Galena Country Estates. Turn west on Killington Drive and follow to the park at the end of the road. Trail begins near the playground.

Galena Creek Regional Park Trails

Galena Creek Regional Park has an extensive history associated with the Comstock mining and logging operations that took place in the late 1800s. Bisected by Galena Creek, the park has three trails: Bitterbrush Trail, Nature Trail and the Jones-Whites Creek Loop, which leaves the park area and continues into the Humboldt-Toiyabe National Forest. Park amenities include a fishing pond, picnic facilities and restrooms, as well as the Camp WeChMe lodge, the historic Galena Fish Hatchery and the new Galena Creek Visitor Center.

JONES-WHITES CREEK LOOP TRAIL

From the north park entrance, the trail follows a road for about .5 miles, and then crosses Jones Creek. At the junction, you can take the trail loop either direction. The left-hand loop climbs steeply towards Church's Pond, continuing around to the Whites Creek Trail. Watch for the junction that returns to Galena Park — it's easy to miss. To make the loop less strenuous, turn right across the creek to start the loop trail in a counter-clockwise direction. The trail climbs gradually and enters Whites Canyon, continuing 1.5 miles to the Mount Rose Wilderness, climbing to 8,000 feet with great views.

Length/elevation gain: 9.2 miles/1,893 ft.

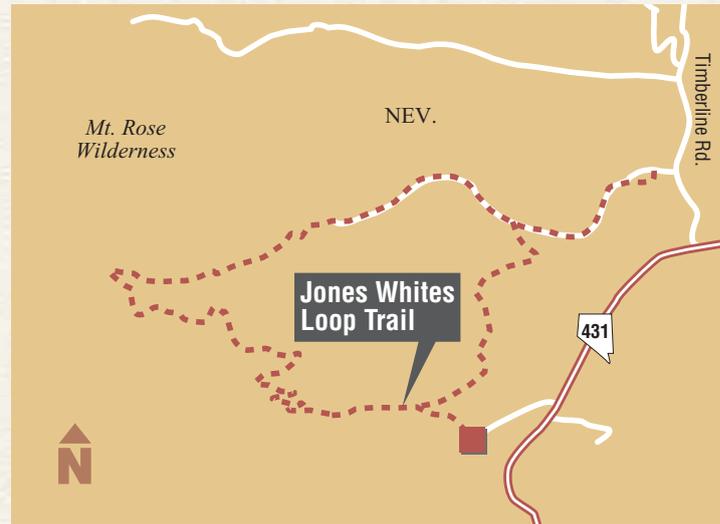
Allowed use: Equestrian, hiking, snowshoeing. Closed to mountain bikes in the Mount Rose Wilderness.

Management: Washoe County/U.S. Forest Service

Surface type: Natural

ADA accessibility: At the park's picnic area and restrooms

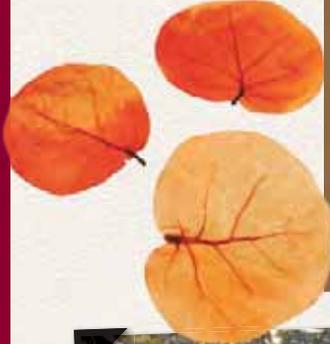
Dogs: Yes, on leash



Directions: From U.S. 395, take State Route 431 (Mount Rose Highway) west. The park's north entrance is located 7 miles from the intersection of U.S. 395 and State Route 431. The south entrance is .5 miles up the highway, using the NDOT maintenance station driveway.

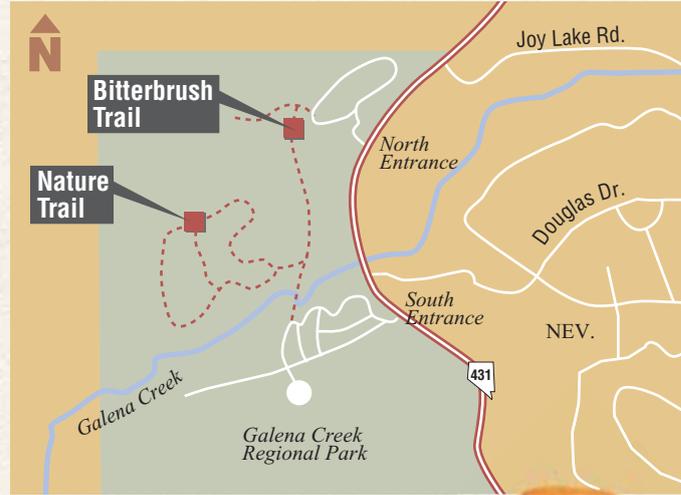
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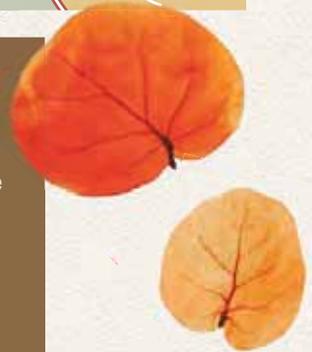
BITTERBRUSH TRAIL

Enjoy this short trail, which connects the north and south portions of Galena Park.
 Length/elevation gain: .25 mile/flat
 Allowed use: Cross-country skiing, hiking, snowshoeing
 Management: Washoe County
 Surface type: Natural
 ADA accessibility: No
 Dogs: Yes, on leash



NATURE TRAIL

The stacked loop trail has 18 signposts corresponding to a brochure that supplies historical and natural facts.
 Length: Entire loop is 1 mile; short loop is .5 mile
 Allowed use: Hiking
 Management: Washoe County
 Surface type: Natural
 ADA accessibility: No
 Dogs: Yes, on leash



Hunter Lake Trail

The described portion of this trail ends at Hunter Lake, but you can follow roads and trails back to Verdi. This trail is different from the Hunter Creek Trail, which is in the Truckee River section of this guide (see page 54).

Directions: From the intersection of west Fourth Street and McCarran Boulevard in Reno, travel south to the second Caughlin Parkway street sign (at the top of the hill.) Turn west on Caughlin Parkway, then south on Village Green Parkway. Follow to Pinehaven Road and turn southwest. Follow to trailhead on your right.



Hooker's balsamroot
(*Balsamorhiza hookeri*)

Look for this yellow flower along the Hunter Lake Trail in spring.

HUNTER LAKE TRAIL

Length/elevation gain: 7 miles/2,920 ft.

Allowed use: All-terrain vehicles, equestrian, hiking, motorcycles, mountain biking, off-highway vehicles

Management: U.S. Forest Service

Surface type: Natural

Amenities: Parking, trailhead

ADA accessibility: No

Dogs: Yes



Incline Bike Paths

These pathways wind through the community of Incline Village. The sections managed by Washoe County include a 2.5-mile section along Lakeshore Drive and a section between Sierra Nevada College and the lake on Country Club Drive. Both sections are accessible via the Tahoe Area Regional Transportation bus system. Trails continue along Northwood Boulevard, Southwood Boulevard, Mays Boulevard, Village Boulevard and Country Club Drive.

Also known locally as the “jogger’s trail,” a 2.5-mile paved trail starts at the West Entrance Park on State Route 28 and follows the shore of Lake Tahoe. The trail passes by lakeshore estates and ends at the east end of Lakeshore Drive intersecting State Route 28. If you continue along State Route 28 south, mountain bike trailheads are located to the left and beautiful beaches to your right.

Directions: From U.S. 395, take State Route 431 (Mount Rose Highway) west. Turn south on State Route 28 towards Incline Village and Lakeshore Boulevard. Turn east on Lakeshore: West Entrance Park is immediately on the north side of Lakeshore.



INCLINE BIKE PATHS

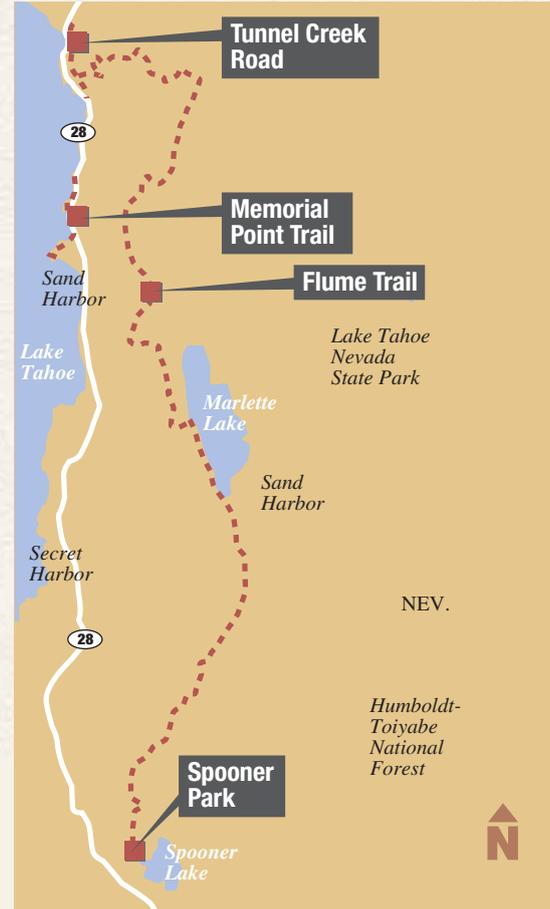
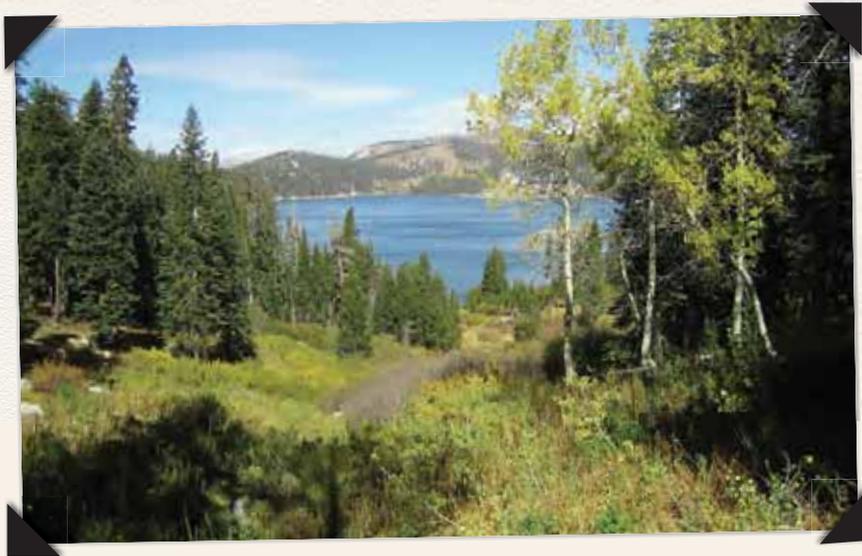
Length/elevation gain: 4.5 miles/varies
 Allowed use: Bicycling, hiking
 Management: Washoe County
 Surface type: Paved
 Amenities: Parking, restrooms
 ADA accessibility: Yes
 Dogs: Yes, on leash



Lake Tahoe-Nevada State Park Trails

Lake Tahoe-Nevada State Park offers a number of different features, including Sand Harbor beach and three trails: Flume Trail, Memorial Point Trail and Tunnel Creek Road.

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Lake Tahoe-Nevada State Park Trails Continued from page 17

FLUME TRAIL

If you start from Spooner Lake, the trail's main elevation gain comes at the beginning. At the summit you'll find lodgepole pines, followed by a short descent to Marlette Lake, where the fall colors are brilliant. The majority of the Flume Trail is flat, and sits 1,600 feet above the east shore of Lake Tahoe, affording spectacular views. The trail traverses above several steep sections, so those afraid of heights: be forewarned. For more, see the Web site www.theflumetrail.com.

Length: 13.75 miles one-way

Allowed use: Hiking, mountain biking

Management: State of Nevada

Surface type: Natural

Amenities: Bike shop, ranger station, restrooms, water at Spooner trailhead. A shuttle is available at Tunnel Creek Road and State Route 28.

ADA accessibility: No

Dogs: Yes

Directions: From U.S. 395, take State Route 431 (Mount Rose Highway) west. Turn south on State Route 28 towards Incline Village. Travel on State Route 28 to a parking area on the east side of the road before Lakeshore Boulevard. You will see signs for the Flume Trail shuttle.

MEMORIAL POINT TRAIL

Memorial Point, 1 mile north of Sand Harbor State Park, offers views of Lake Tahoe and a trail to its rocky shoreline.

Length/elevation gain: .7 miles/100 ft.

Allowed use: Hiking

Management: State of Nevada

Surface type: Natural

Amenities: Restrooms at Sand Harbor and Memorial Point

ADA accessibility: No

Dogs: No

Directions: Begin at Sand Harbor State Park or Memorial Point Rest Area. Both are located on State Route 28, south of Incline Village.

TUNNEL CREEK ROAD

Tunnel Creek is named for the tunnel that is visible at the end of the hike. This trail accesses the Twin Lakes area, and connects to the Red House Flume Trail, Hobart Reservoir, Tahoe Rim Trail and the Flume Trail.

Length/elevation gain: 3.3 miles/1,700 ft.

Allowed use: Equestrian, hiking, mountain biking

Management: State of Nevada

Surface type: Natural

Amenities: None

ADA accessibility: No

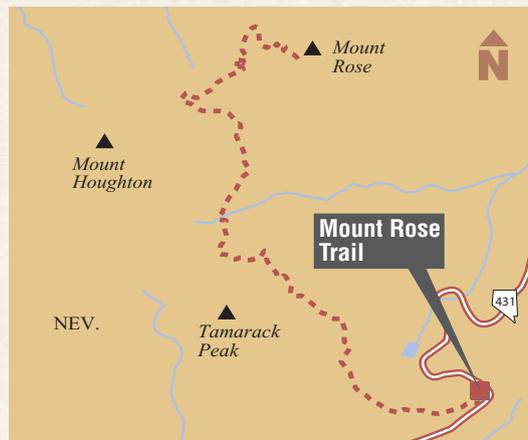
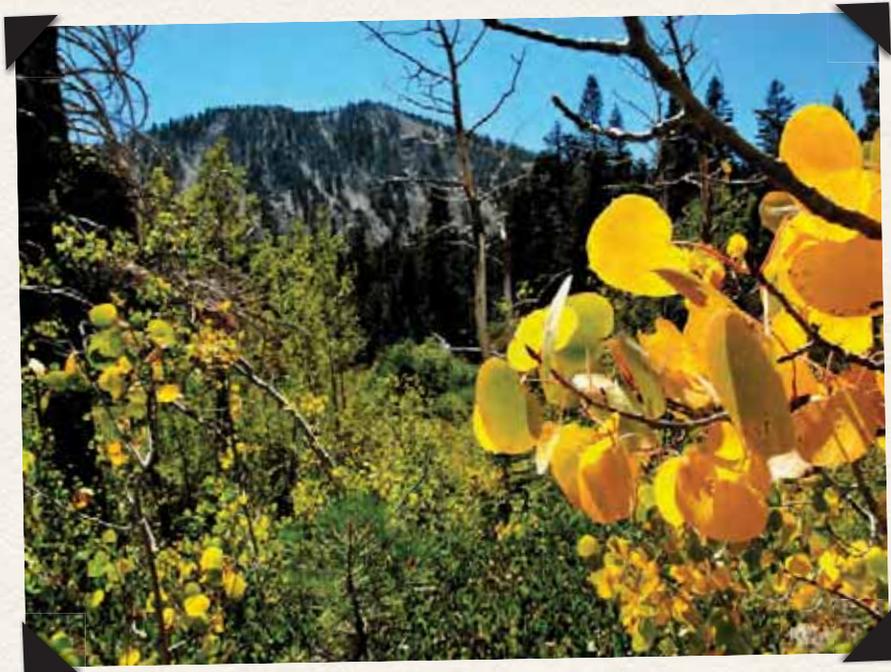
Dogs: Yes

Directions: The trailhead is 1.8 miles north of Sand Harbor State Park. Park near the old Ponderosa Ranch along State Route 28.



Mount Rose Trail

The popular Mount Rose Trail affords access to a waterfall and the peak of Mount Rose (10,776 feet). Plan for a full day and strenuous hike. For a more leisurely trip, hike to the waterfall and back.



MOUNT ROSE TRAIL

Length/elevation gain: 4.6 miles one-way/1,930 ft.

Allowed use: Hiking

Management: U.S. Forest Service

Surface type: Natural

Amenities: Interpretive panels, parking, restrooms, trailhead

ADA accessibility: No

Dogs: Yes, on leash

Directions: From U.S. 395, take State Route 431 (Mount Rose Highway) west. Travel west about 16 miles until you reach the Mount Rose summit. Park in the lot on your right. The trail begins behind the restrooms.

Slide Mountain Trail

This trail beginning from the East Bowl parking lot at Mt. Rose-Ski Tahoe offers hikers stunning views of both Mount Rose and Washoe Valley. The trail is an out-and-back hike with a short loop around the top.



SLIDE MOUNTAIN TRAIL

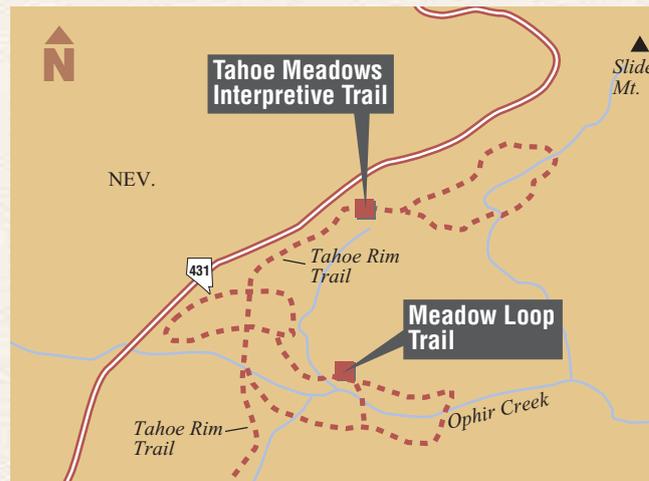
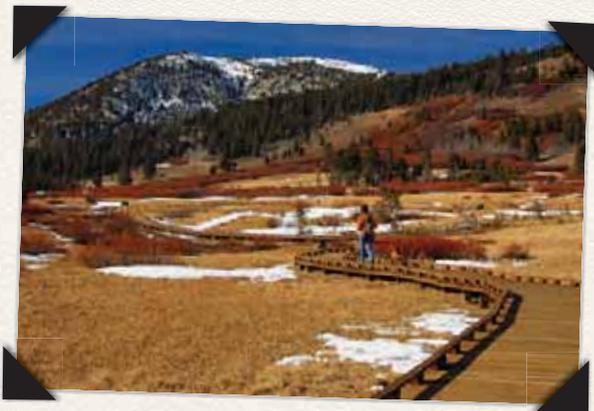
Length: 1 mile
 Allowed use: Hiking
 Management: Washoe County
 Surface type: Natural
 Amenities: Interpretive panels, parking, picnic tables, trailhead
 ADA accessibility: No
 Dogs: Yes, on leash

Directions: From U.S. 395, take State Route 431 (Mount Rose Highway) west. Continue for about 12.5 miles to State Route 878 (Slide Mountain Road, on the south side of State Route 431) to the East Bowl/Slide Mountain parking area. At the barriers, head northeast to the corner of the parking lot, where the trail begins.

Tahoe Meadows Trails

At Tahoe Meadows near the Mount Rose summit, find the Interpretive Trail, which winds among granite boulders, towering pines and firs. The entire loop is ADA-accessible. There are also the Meadow Loop Trails, a series of three loop trails offering visitors the chance to wander through a lush alpine meadow on both boardwalk and natural surface trails. To protect the fragile meadow environment, please stay on existing trails. The meadow also is an access point for the Tahoe Rim Trail (see page 22) and the Ophir Creek Trail (see page 8).

Directions: Trailhead is .5 miles southwest of Mount Rose summit on State Route 431 (Mount Rose Highway). Look for the trailhead entrance sign on the south side of the road.



TAHOE MEADOWS INTERPRETIVE TRAIL

Length/elevation gain: 1.3 miles/flat
Allowed use: Hiking
Management: U.S. Forest Service
Surface type: Natural
Amenities: Interpretive panels, restrooms, trailhead
ADA accessibility: Yes
Dogs: Yes, on leash

MEADOW LOOP TRAILS

Length: Three loop trails totaling 6.1 miles. (Upper, middle and lower loops.)
Allowed use: Hiking
Management: U.S. Forest Service
Surface type: Boardwalk and natural
Amenities: Interpretive panels, restrooms, trailhead
ADA accessibility: No
Dogs: Yes, on leash

Tahoe Rim Trail

The Tahoe Rim Trail passes through two states (California and Nevada), six counties, one state park, three national forests and three wilderness areas. Hiking and horseback riding are allowed on all portions of the trail. Mountain biking is allowed on the trail with the exception of the wilderness areas, the section within Lake Tahoe-Nevada State Park, and on sections of trail that overlap with the Pacific Crest Trail. The trail has many access points: Tahoe Meadows off Mount Rose Highway is a popular Nevada access point (see page 21). For all access points, see the Web site www.tahoerimtrail.org.



Directions: To reach the access point at Tahoe Meadows, from U.S. 395, head west on State Route 431 (Mount Rose Highway). The trailhead is .5 miles southwest of the summit on State Route 431. Look for the trailhead entrance sign on the south side of the road.

TAHOE RIM TRAIL

Length: 164.8 miles

Allowed use: Equestrian, hiking, mountain biking (some sections), snowshoeing. See the Web site www.tahoerimtrail.org for specific access and use information.

Surface type: Natural

Amenities: Interpretive panels, restrooms (Tahoe Meadows)

ADA accessibility: No

Dogs: Yes, on leash



Virginia Range/ Truckee Meadows Region

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Bartley Ranch Regional Park and Anderson Park Trails

Bartley Ranch Regional Park offers scenic pastureland, a regulation-size equestrian arena and warm-up arena, the Robert Z. Hawkins Amphitheater, the Western Heritage Interpretive Center and the restored Historic Huffaker School. The 117-acre park includes three trails: Flume, Quail Run and Ranch Loop. A fourth trail is located in the adjacent Anderson Park. Park amenities also include parking, picnic shelters with tables, and restrooms.

Directions to Bartley Ranch Regional Park: From the intersection of south McCarran Boulevard and Lakeside Drive, travel south on Lakeside approximately .5 miles. Turn east on Bartley Ranch Road. Cross the covered bridge to enter the park.

Directions to the Anderson Park: From South Virginia Street in Reno, turn west on Huffaker Lane. Turn north on Country Estates Circle, then turn north on Yoakam Lane. There is another entrance at the south end of Kietzke Lane, directly south of the Neil Road roundabout.

FLUME TRAIL

The trail begins near the Robert Z. Hawkins Amphitheater and continues along the old water flume line of the Last Chance Ditch. The trail is narrow and rocky in some places. Access is from the Quail Run Trail.

Length/elevation gain: .2 mile/flat

Allowed use: Hiking

Management: Washoe County

Surface type: Natural

ADA accessibility: No

Dogs: Yes, on leash

QUAIL RUN TRAIL

The trail begins near the Historic Huffaker School and travels south, parallel to the main entrance road of Bartley Ranch Regional Park. Interpretive panels discuss flora, fauna and local ranching history.

Length/elevation gain: .4 mile/140 ft.

Allowed use: Hiking

Management: Washoe County

Surface type: Aggregate gravel

ADA accessibility: No

Dogs: Yes, on leash



RANCH LOOP TRAIL

The trail borders Bartley Ranch Regional Park. Many people connect this trail with the adjacent Anderson Park Trail.

Length/elevation gain: 1.5 miles/flat

Allowed use: Bicycling, hiking, equestrian

Management: Washoe County

Surface type: Aggregate gravel

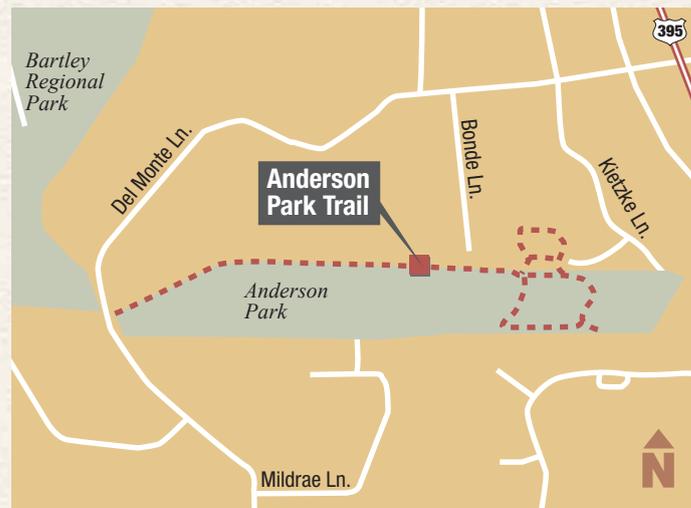
ADA accessibility: No

Dogs: Yes, on leash

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Bartley Ranch Regional Park and Anderson Park Trails

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ANDERSON PARK TRAIL

The trail connects to the Ranch Loop Trail in Bartley Ranch Regional Park, and includes a crosswalk on Del Monte Lane.

Length/elevation gain: 2 miles/flat

Allowed use: Bicycling, hiking, equestrian

Management: Washoe County

Surface: Aggregate gravel

Amenities: Barbecues, benches, parking, covered picnic tables and open turf areas

ADA accessibility: Yes

Dogs: Yes, on leash

Directions: See page 24

Hidden Valley Trails

Find these four trails — which offer views of Hidden Valley, Reno and Sparks — in Hidden Valley Regional Park, which is popular with dog walkers and hikers.

Directions: There are two park entrances. The main (north) park address is 4740 Parkway Drive, Reno. From east McCarran Boulevard in Reno, turn east on Pembroke Drive, south on Parkway Drive and follow to Hidden Valley Regional Park. The Mia Vista (south) entrance can be reached from east McCarran Boulevard, turning east on Mira Loma Drive, south on West Hidden Valley Drive and east on Mia Vista Drive.

HIGHLAND LOOP TRAIL

Length/elevation gain: 2.2 mile loop/steep in sections
Allowed use: Bicycling, equestrian, hiking
Management: Washoe County
Surface type: Natural
Amenities: Horse trailer parking, Link Piazza Dog Park, parking, picnic area, restrooms
ADA accessibility: No
Dogs: Yes, on leash

PERIMETER LOOP TRAIL

Length/elevation gain: 2.4 mile loop/flat
Allowed use: Hiking
Management: Washoe County
Surface type: Natural
Amenities: Horse trailer parking, Link Piazza Dog Park, parking, picnic area, restrooms
ADA accessibility: No
Dogs: Yes, on leash

INNER LOOP TRAIL

Length/elevation gain: 1 mile loop/flat
Allowed use: Hiking
Management: Washoe County
Surface type: Natural
Amenities: Horse trailer parking, Link Piazza Dog Park, parking, picnic area, restrooms
ADA accessibility: No
Dogs: Yes, on leash

MIA VISTA SOUTH PARK LOOP TRAIL

Length/elevation gain: 1.3 mile loop/flat
Allowed use: Hiking
Management: Washoe County
Surface type: Natural
Amenities: Parking, picnic area, playground, restroom
ADA accessibility: No
Dogs: Yes, on leash





Huffaker Hills Trails

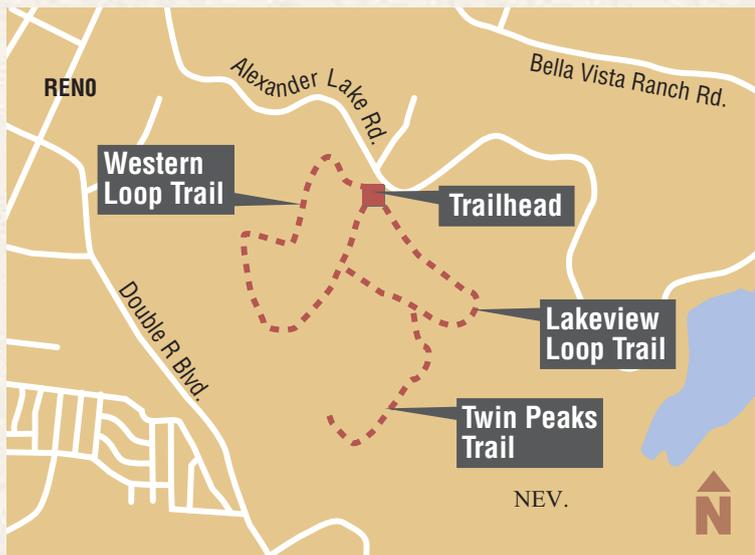
The Huffaker Hills open space, managed by Washoe County, has two loop trails — Western Loop and Lakeview Loop — plus a trail to Twin Peaks offering panoramic views of the Truckee Meadows. Trailhead amenities include parking, picnic facilities, a trailhead and a restroom. These trails are separate from the Huffaker Park Lookout Trail maintained by the city of Reno. (See page 30.)

Directions: To get to the trailhead, from the intersection of south Virginia Street and south McCarran Boulevard, travel east on McCarran to Alexander Lake Road (one street east of Longley Lane). Turn south and follow for 1 mile to the trailhead on your right near the large water tank.

LAKEVIEW LOOP TRAIL

Length/elevation gain: .7 miles/190 ft.
 Allowed use: Hiking, mountain biking
 Management: Washoe County
 Surface type: Natural
 ADA accessibility: No
 Dogs: Yes, on leash





TWIN PEAKS TRAIL

Access from the Lakeview Loop Trail
 Length/elevation gain: .25 mile/200 ft.
 Allowed use: Hiking, mountain biking
 Management: Washoe County
 Surface type: Natural, rocky
 ADA accessibility: No
 Dogs: Yes, on leash

WESTERN LOOP TRAIL

Length/elevation gain: 1.4 miles/265 ft.
 Allowed use: Hiking, mountain biking
 Management: Washoe County
 Surface type: Natural
 ADA accessibility: No
 Dogs: Yes, on leash

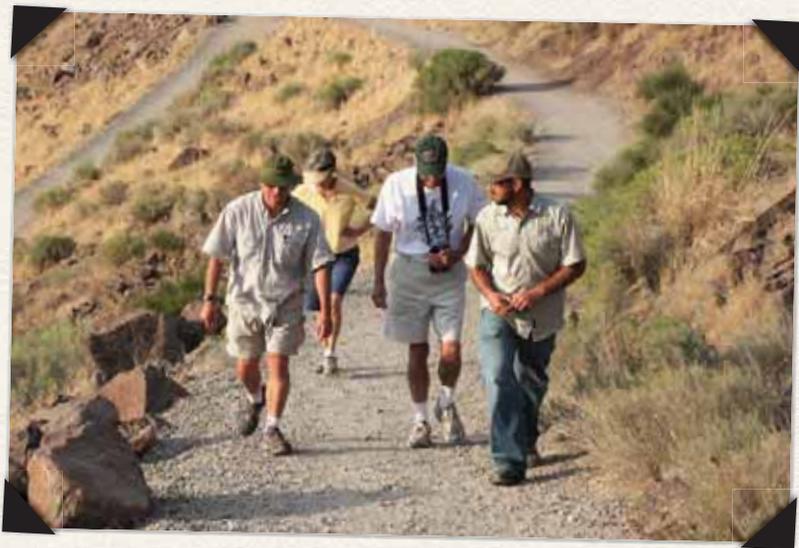


Beckwith violet
(*Viola beckwithii*)
 Early spring brings the Beckwith violet to the Huffaker Hills area.

Huffaker Park Lookout Trail

The trail inside Huffaker Park wraps around a pair of hills offering a view of the Truckee Meadows. Visitors can hike a .75-mile or a 1.6-mile loop, as well as short laterals to high points atop the north and south hills.

Directions: From South Virginia Street, follow Longley Lane northeast. Turn east on East Huffaker Lane at the signal light. The park is on the right, at 1160 E. Huffaker Lane, Reno.



HUFFAKER PARK LOOKOUT TRAIL

Length/elevation gain: 1.7 miles/161 ft.

Allowed use: Hiking

Management: City of Reno

Surface type: Compacted gravel, decomposed granite

Amenities: Interpretive panels, parking, trailhead

ADA accessibility: Yes

Dogs: Yes, on leash



Jumbo Grade Trail

This Washoe Valley trail connects to Bureau of Land Management land, and is managed for off-highway vehicle use on existing roads and trails. Visitors can expect to find multiple users on the same roads and trails, all enjoying stunning views of Washoe Valley and Slide Mountain. A “spider web” of off-highway vehicle trails spread out from the trailhead to the Little Washoe Lake area. Visitors also can reach Virginia City and Carson City on existing roads and trails.

Directions: From the intersection of U.S. 395 and Eastlake Boulevard at the north end of Washoe Valley, travel south on Eastlake for 3.9 miles to Jumbo Grade Road. Turn east on Jumbo Grade and follow for 1.1 miles to the trailhead.



JUMBO GRADE TRAIL

Length/elevation gain: 10 miles /945 ft.

Allowed use: Hiking, equestrian, mountain biking, off-highway vehicles

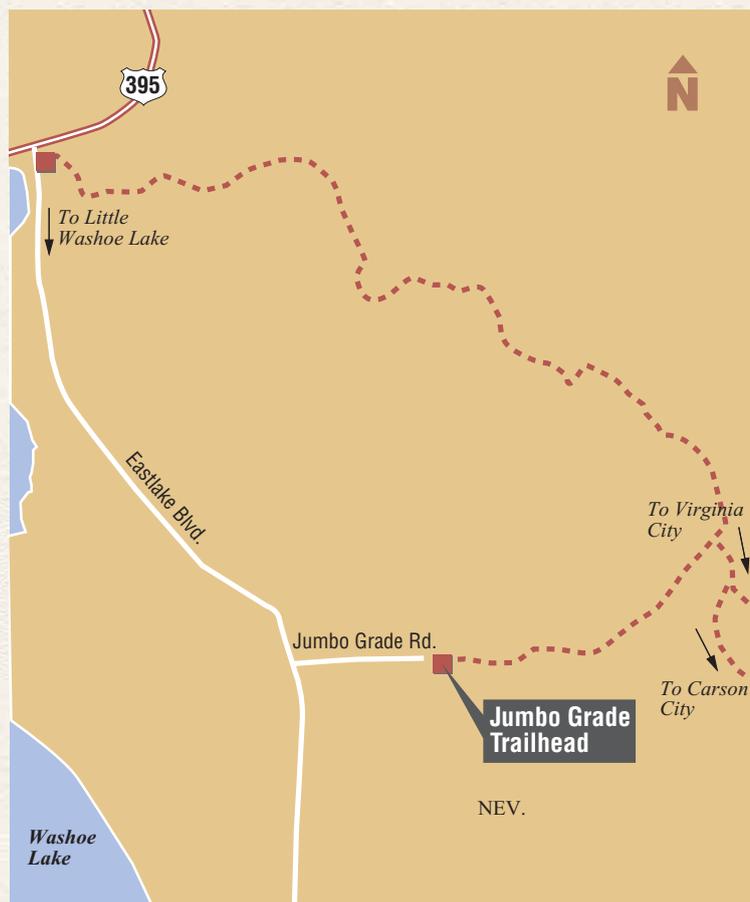
Management: Washoe County

Surface type: Natural

Amenities: Parking, trailer parking, trailhead, restroom

ADA accessibility: No

Dogs: Yes, on leash



Mira Loma Urban Trail

The trail along the boundaries of Mira Loma Park features “fitness clusters.” Also enjoy a view of the slough, with its cattails and small flocks of blackbirds.

Directions: Mira Loma Park is at 3000 S. McCarran Blvd., Reno, at the corner of South McCarran Boulevard and Mira Loma Drive. Access parking lot from Mira Loma Drive.



MIRA LOMA URBAN TRAIL

Length/elevation gain: 1.2 miles/19 ft.

Allowed use: Bicycling, hiking

Management: City of Reno

Surface type: Paved

Amenities: Ball fields, picnic and playground areas, and restrooms

ADA accessibility: Yes

Dogs: Yes, on leash

South Meadows Trails

The trail system runs through the Double Diamond subdivision in Reno and consists of paved pathways that connect parks and run through a wetland area. Trails pass close to private residences, so be respectful. Access to the trail system is at Center Creek, Comstock, Evergreen and Horizon View parks. All parks except Evergreen have off-street parking.

Directions: Trails can be accessed at Center Creek Park, 1595 Wilbur May Parkway; Comstock Park, 1650 Carat Ave.; Evergreen Park, 9555 Evergreen Drive; and Horizon View Park, 9675 Wilbur May Parkway.



SOUTH MEADOWS TRAILS

Length/elevation gain:
5 miles/60 ft.

Allowed use: Bicycling,
hiking

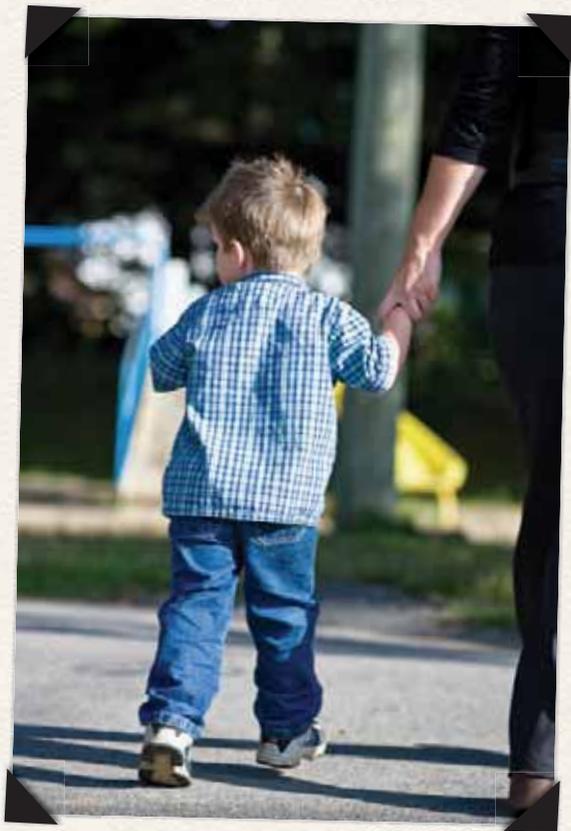
Management: City of Reno

Surface type: Paved

Amenities: Parking,
restroom, trailhead

ADA accessibility: Yes

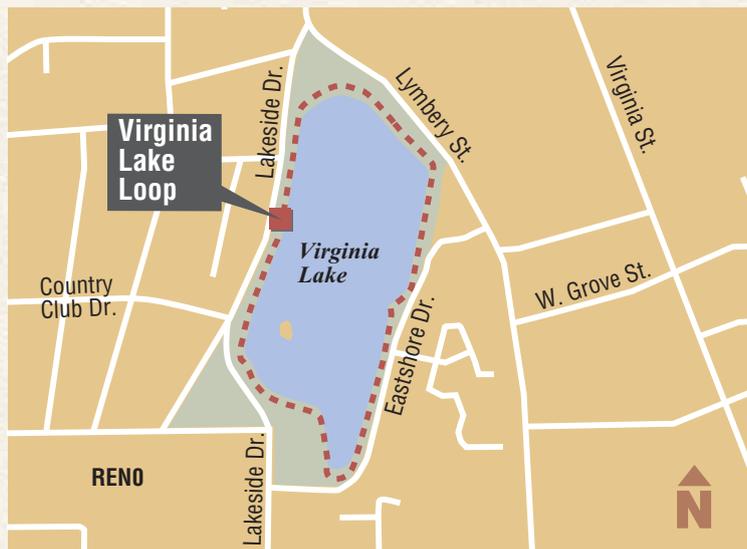
Dogs: Yes, on leash



Virginia Lake Loop Trail

The trail around Virginia Lake is used by walkers, runners, parents strolling with children and bird-watchers. On the north end of the lake, in Virginia Lake Park, there is a fitness course.

Directions: From the intersection of Plumb Lane and Lakeside Drive in Reno, travel south on Lakeside Drive to Virginia Lake. The park is at 1980 Lakeside Drive, Reno.



VIRGINIA LAKE LOOP TRAIL

Length/elevation gain: 1 mile/24 ft.

Allowed use: Hiking

Management: City of Reno

Surface type: Paved, natural

Amenities: Off-leash dog area, parking, picnic and playground areas, restrooms, trailhead

ADA accessibility: Yes

Dogs: Yes, on leash

Washoe Lake State Park Trails

Washoe Lake State Park offers opportunities for nature study, bird watching, horseback riding, windsurfing, camping and more. There are numerous trails including Deadman's Creek Trail, Little Washoe Lake Trail and 15 miles of equestrian trails.

Directions to Deadman's Creek Trail and the equestrian trails: From the intersection of U.S. 395 and Eastlake Boulevard on the south end of Washoe Lake in Washoe Valley, travel east on Eastlake Boulevard for 2.1 miles to the trailhead entrance on the right.

Directions to the Little Washoe Lake Trail: From the intersection of U.S. 395 and Eastlake Boulevard on the north end of Washoe Valley, travel south on Eastlake. The park entrance is on the right.

Continued on page 36

DEADMAN'S CREEK TRAIL

A trailhead is on Eastlake Boulevard, or access trail from Washoe Lake State Park Visitor Center.

Length: 2.3 miles one way

Allowed use: Equestrian, hiking, mountain biking

Management: State of Nevada

Surface type: Natural

Amenities: Trailhead, state park facilities available for a fee

ADA accessibility: No

Dogs: Yes

EQUESTRIAN TRAILS

These trails continue throughout Washoe Lake State Park. NOTE: There is a park fee.

Length/elevation gain: 15 miles/flat

Allowed use: Equestrian, hiking

Management: State of Nevada

Surface type: Natural

Amenities: Camping, dump station, equestrian arena, hitching posts, parking, restrooms, trailer parking, trailhead

ADA accessibility: Yes

Dogs: Yes



Washoe Lake State Park Trails

Continued from page 35



LITTLE WASHOE LAKE TRAIL

The trail borders Little Washoe Lake.

Length/elevation gain: 1.33 miles round-trip/flat

Allowed use: Hiking

Management: State of Nevada

Surface type: Natural, sandy

Amenities: Parking, restroom, trailhead. A fee is charged at the state park entrance.

ADA accessibility: No

Dogs: Yes, on leash



Pah Rah/Sparks Region

Golden Eagle Regional Park Trails38-39

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Golden Eagle Regional Park Trails

Golden Eagle Regional Park, managed by the City of Sparks, is home to a 140-acre sports complex that includes six softball, two baseball, two youth baseball/softball and three multi-purpose football/soccer fields, all covered with artificial turf. In addition, the park has two trails, the Pah Rah Interpretive Trail managed by Washoe County, and the Vista-Campello Loop managed by the City of Sparks.

Directions: From Reno, take Interstate 80 east to Exit 21 (Vista Boulevard). Head north on Vista for 7.5 miles. Turn south off Vista at Golden Eagle Regional Park. Golden Eagle Regional Park is at 6400 Vista Blvd., Sparks. **To get to the Pah Rah Interpretive Trail**, take Homerun Drive south to Hans Berry Road and continue southeast to the trailhead. Trailhead at 4151 Hans Berry Road at the south end of the park. **The trailhead for the Vista Campello Loop** is at the baseball fields at the north end of the park.

Indian paintbrush (*Castilleja chromosa*)

Find these red blooms in the Pah Rah Range and other open areas.



PAH RAH INTERPRETIVE TRAIL

This interpretive nature loop trail inside Golden Eagle Regional Park highlights the Native American and natural history of the Pah Rah range. The trail accesses Bureau of Land Management open space.

Length/elevation gain: .5 mile loop/flat

Allowed use: Bicycling, hiking

Management: Washoe County

Surface type: Paved

Amenities: Interpretive kiosk and panels, outdoor classroom, parking (bus and standard vehicle), restroom

ADA accessibility: Yes

Dogs: Yes, on leash





VISTA-CAMPELLO LOOP TRAIL

Access the trail near the entrance to Golden Eagle Regional Park and head north. The trail offers a look at a variety of trees, shrubs and native plants. Many birds, cottontail rabbits and even an occasional coyote call this trail home.

Length/elevation gain: 3-mile loop/flat

Allowed use: Bicycling, hiking

Management: City of Sparks

Surface type: Concrete,

Amenities: Parking, restroom (summer only), trailhead (at baseball fields on the north end of Golden Eagle Regional Park)

ADA accessibility: Yes

Dogs: Yes, on leash



Paradise Park Trail

The trail inside Teglia's Paradise Park in northeast Reno circles four ponds.

Directions: Teglia's Paradise Park is at 2745 Elementary Drive, Reno, on the corner of Oddie Boulevard and El Rancho Drive. Access the parking lot from El Rancho Drive.



PARADISE PARK TRAIL

Length/elevation gain: 1 mile/flat

Allowed use: Hiking

Management: City of Reno

Surface type: Paved

Amenities: Fitness clusters, picnic and playground areas, restrooms

ADA accessibility: Yes

Dogs: Yes, on leash



Sparks Marina Loop Trail

The trail inside Sparks Marina Park circles 77 acres of water. Here, anglers ply their trade in attempts to catch five different species of fish and children swim off a white sand beach four months of the year. Numerous waterfowl are present in the area, including Canada geese, cormorants, ducks and coots.

Directions: From the intersection of Interstate 80 and east McCarran Boulevard in Sparks, travel north on McCarran to Nichols Boulevard. Travel east on Nichols, and turn north on Howard Drive. The park is at 300 Howard Drive, Sparks.



SPARKS MARINA LOOP TRAIL

Length/elevation gain: 2-mile loop/flat

Allowed use: Bicycling, hiking

Management: City of Sparks

Surface type: Concrete

Amenities: Paved parking area with year-round restrooms, signage with a map of the trail at parking area, swimming in the summer, gated dog park on the south end of the Marina allows for dogs to swim

ADA accessibility: Yes

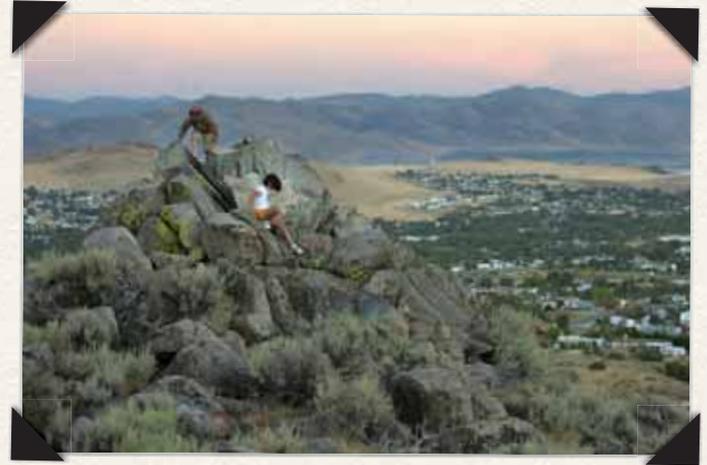
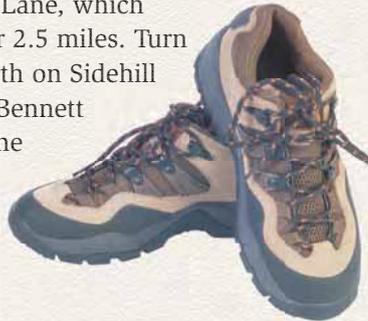
Dogs: Yes, on leash. Dogs are allowed off-leash at the dog park.

Sun Valley Regional Park Trails

The 343-acre Sun Valley Regional Park serves as a gateway to hundreds of acres of Bureau of Land Management public open space, where visitors can see abundant wildlife, rock outcroppings and views of the Truckee Meadows. The park includes trails for hiking, mountain biking, snowshoeing and equestrian use, as well as interpretive information, restrooms and picnic areas. Sun Rock Trail is a .5 mile family-friendly path that meanders through rock outcroppings.

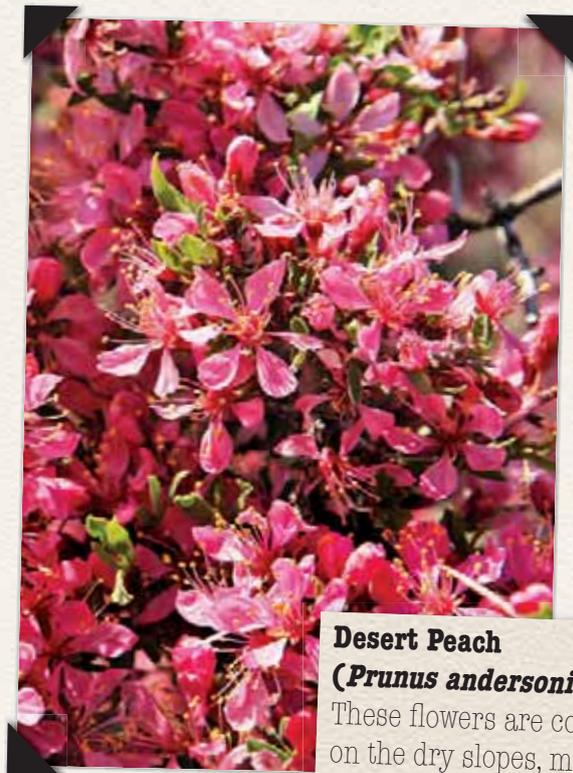
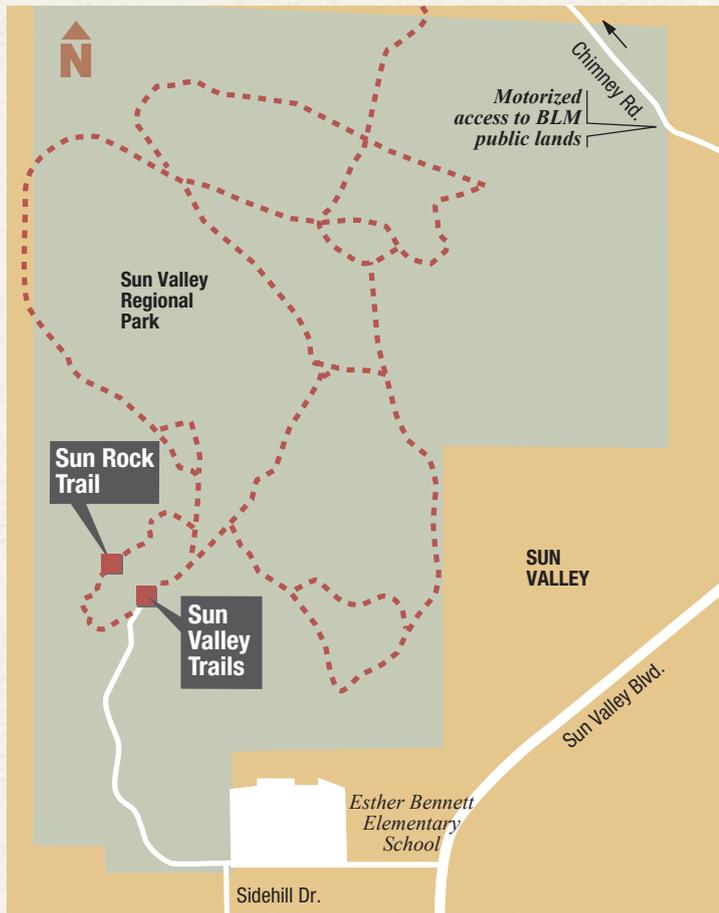
Sun Valley Regional Park is at 5905 Sidehill Drive in Sun Valley, and is separate from the nearby Sun Valley Community Park at 115 W. Sixth Ave.

Directions: From U.S. 395, take Exit 70B (Clear Acre-Sun Valley). Head north on Clear Acre Lane, which becomes Sun Valley Boulevard, for 2.5 miles. Turn west on Seventh Avenue, then north on Sidehill Drive until it dead-ends at Esther Bennett Elementary School. Turn west at the park entrance (the park is at 5905 Sidehill Drive) and follow the road .75 miles to the trailhead.



SUN VALLEY REGIONAL PARK TRAILS

Length: Numerous trails including a .5 mile loop
 Allowed use: Bicycling, equestrian, hiking. Motorized access at Chimney Road.
 Management: Washoe County
 Surface type: Natural
 Amenities: Covered picnic areas, interpretive kiosk and panels, equestrian and bus parking, restroom, trailhead
 ADA accessibility: No
 Dogs: Yes, on leash



Desert Peach
(*Prunus andersonii*)
 These flowers are common on the dry slopes, mesas and sagebrush scrub of northwest Nevada.

Peavine/Northwest Region



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Rancho San Rafael Regional Park Trails47-49

Swan Lake Nature Study Area Trail 50

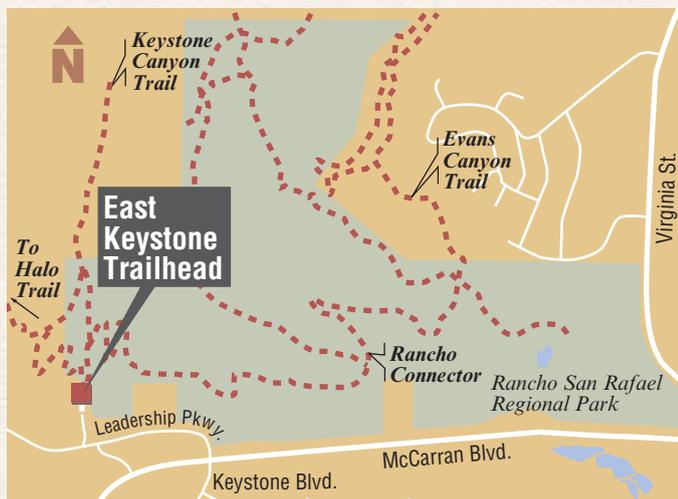


Peavine Non-Motorized Trails

Peavine Peak has many trails. Evans Canyon Trail, Halo Trail, Keystone Canyon Trail and the Rancho Connector all may be accessed from the East Keystone Trailhead.

Directions to the East Keystone Trailhead: From the intersection of North Virginia Street and McCarran Boulevard in Reno, travel west on McCarran and turn north on Leadership Parkway (also known as the Keystone extension.)

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EVANS CANYON TRAIL

The trail connects from McCarran Boulevard to the Keystone Canyon and Peavine trail systems. Loop opportunities exist for both hiking and mountain biking. There's no water on the trail, so bring your own.

Length/elevation gain: 3.1 miles/200 ft.

Allowed use: Hiking, mountain biking

Management: Washoe County

Surface type: Natural

ADA accessibility: No

Dogs: Yes, on leash

Peavine Non-Motorized Trails Continued from page 45

HALO TRAIL

The trail climbs from the West Keystone trailhead and then contours a prominent north-south trending ridge just west of Keystone Canyon. It connects to the existing Keystone Canyon Trail (once a toll road to the historic town of Poeville); the trail makes 8- or 12-mile loop opportunities from either of the Keystone trailheads.

Length/elevation gain: 5.5 miles/1,100 ft.

Allowed use: Hiking, mountain biking

Management: U.S. Forest Service

Surface type: Natural

Amenities: Kiosk, parking, trailhead

ADA accessibility: No

Dogs: Yes, on leash



KEYSTONE CANYON TRAIL

This northwest Reno trail is popular with mountain bikers. The East Keystone Trailhead is non-motorized. The trail has some challenging sections for intermediate riders. There is a significant trail network throughout the Peavine area.

Length: 1.8 miles

Allowed use: Hiking, mountain biking, non-motorized (eastern area of trail)

Management: Washoe County/U.S. Forest Service

Surface type: Natural

Amenities: Parking, restroom, trailhead

ADA accessibility: No

Dogs: Yes, on leash

RANCHO CONNECTOR

The trail connects Rancho San Rafael Regional Park to the East Keystone Trail System for numerous loop opportunities. Length/elevation gain: 1.4 miles/310 ft.

Allowed use: Hiking, mountain biking

Management: Washoe County

Surface type: Natural

ADA accessibility: No

Dogs: Yes, on leash



Rancho San Rafael Regional Park Trails

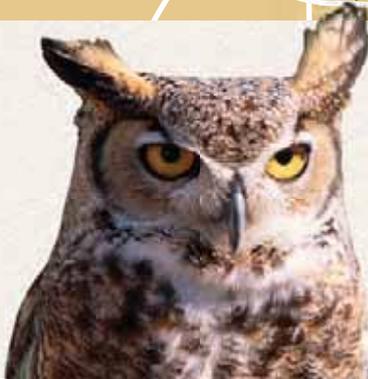
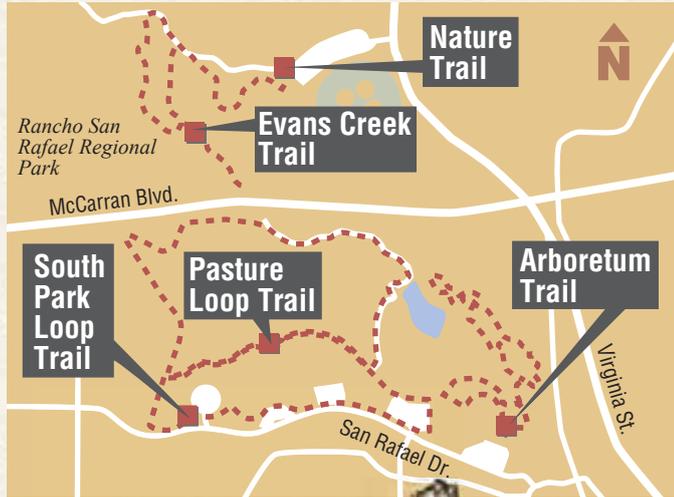
Rancho San Rafael Regional Park has a variety of amenities, including the National Basque Monument, the Wilbur D. May Center Museum, Great Basin Adventure and Arboretum. The Washoe County park also has several trails: the Arboretum Trails, Evans Creek Trail, Nature Trail, Pasture Loop Trail and South Park Loop Trail. Amenities include trailheads, parking and restrooms.

Directions: Access the park off North Sierra Street in Reno. From Interstate 80, take exit 13 to Sierra Street, head north and turn west into the park. The park is at 1595 N. Sierra St., Reno.

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Rancho San Rafael Regional Park Trails Continued from page 47



ARBORETUM TRAILS

This is a series of pathways that wander throughout the arboretum grounds, including Honey's Garden. Take your time as you stroll along the landscaped paths.

Length/elevation gain: 1.2 miles/flat

Allowed use: Hiking

Management: Washoe County

Surface type: Gravel/paved

ADA accessibility: In some areas

Dogs: No

EVANS CREEK TRAIL

This trail connects Rancho San Rafael Regional Park through the McCarran underpass tunnel to the Basque monument and Nature Trail

Length/elevation gain: .7 mile/flat

Allowed use: Hiking

Management: Washoe County

Surface type: Natural

ADA accessibility: No

Dogs: Yes, on leash





PASTURE LOOP TRAIL

This trail makes a full loop around the pasture. Pets are not allowed on the concrete section of this trail.

Length/elevation gain: 1.4 mile loop/flat

Allowed use: Hiking

Management: Washoe County

Surface type: Gravel/concrete

ADA accessibility: No

Dogs: No

SOUTH PARK LOOP TRAIL

This trail connects the park pavillions to the Wilbur D. May Museum, making a loop along the lower pasture.

Length/elevation gain: 1.1 mile/flat

Allowed use: Hiking

Management: Washoe County

Surface type: Gravel/concrete

ADA accessibility: In some areas

Dogs: Yes, on leash

NATURE TRAIL

This established, easy-to-moderate interpretive loop trail lies within Rancho San Rafael Regional park north of the main park area, and north of McCarran Boulevard. Access it from the main park area by way of the Evans Creek Trail. Long-eared and great horned owls often are seen along this trail.

Length/elevation gain: 1.1 mile/flat

Allowed use: Hiking, no bikes

Management: Washoe County

Surface type: Natural

ADA accessibility: No

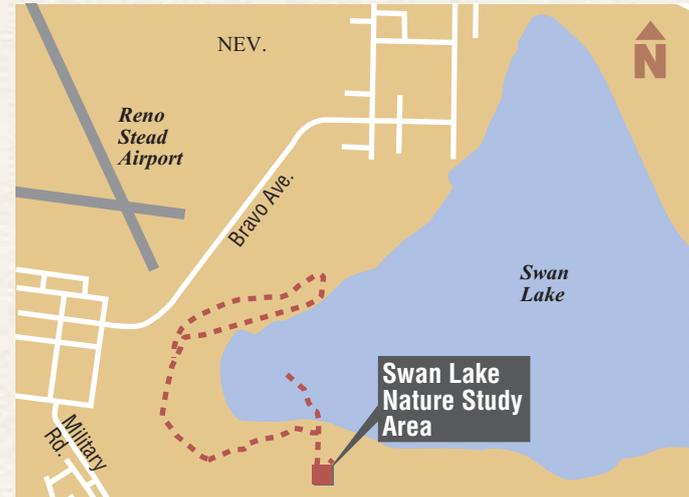
Dogs: Yes, on leash



Swan Lake Nature Study Area Trail

Nationally recognized and designated as an Important Bird Area, Swan Lake Nature Study Area features an unusually diverse population of birds, including swans. Boardwalks take visitors throughout the wetlands area. Hiking trails also are available to the lake shore.

Directions: From U.S. 395 in Reno, exit at Lemmon Drive. Turn northwest onto Military Road. Turn east on Lear Boulevard. At the end of the pavement, turn north on the gravel road. From there, it is .25 miles to gravel parking lot.



SWAN LAKE NATURE STUDY AREA TRAIL

Length/elevation: 600-ft. boardwalk/flat

Allowed use: Hiking

Management: Washoe County

Surface type: Boardwalk, natural

Amenities: Interpretive kiosk and panels, picnic facilities, outdoor classroom, restroom

ADA accessibility: Yes

Dogs: No

Truckee River Region

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Tahoe-Pyramid Bikeway	58-59



Crystal Peak Nature Trail

The trail within Crystal Peak Park offers access to popular fishing within the park and scenic views of the Sierra Nevada. The park, near the site of a 19th-century railroad settlement reputed to be the rowdiest town in western Nevada, was named for the crystallized gold quartz found nearby.

Directions: From Interstate 80 west or Reno, take the Verdi exit and travel west on Old Highway 40 (Business 80). Look for signs to Crystal Peak Park.

CRYSTAL PEAK NATURE TRAIL

Length/elevation gain: 1.3 miles/flat

Allowed use: Hiking

Management: Washoe County

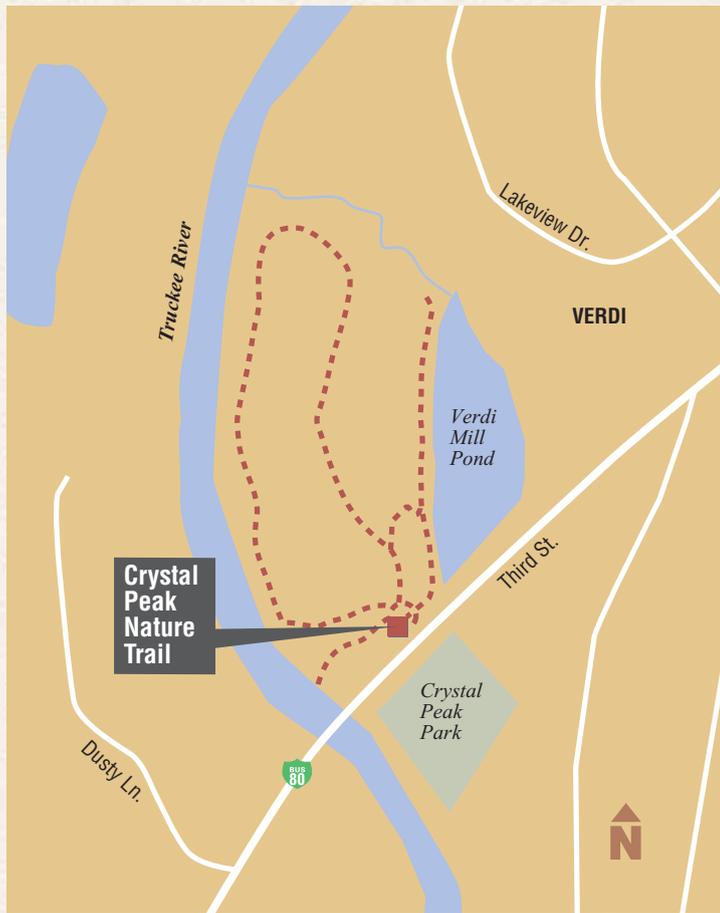
Surface type: Natural

Amenities: Fishing, horseshoes, individual picnic sites with barbecues, parking, restroom, trailhead

ADA accessibility: No

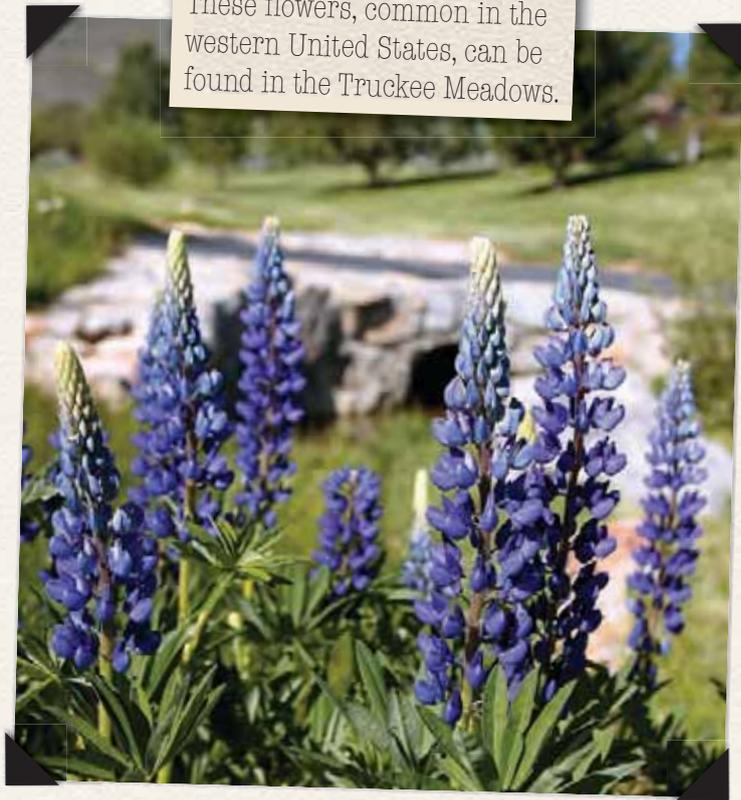
Dogs: No





Lupine
(*Lupinus sp.*)

These flowers, common in the western United States, can be found in the Truckee Meadows.



Hunter Creek Trail

This trail is steep and rocky, with narrow sections leading to drop-offs and a waterfall. The trail is not suitable for small children, but for the experienced hiker.

Equestrian users, beware of the narrow and steep sections.

Directions: From the intersection of west Fourth Street and McCarran Boulevard in Reno, travel south on McCarran to Mayberry Drive. Turn west on Mayberry and follow about 1.3 miles to Plateau Road (on the south side of Mayberry). Travel on Plateau 1 mile to Woodchuck Court. Turn west and follow to the Michael D. Thompson Trailhead.



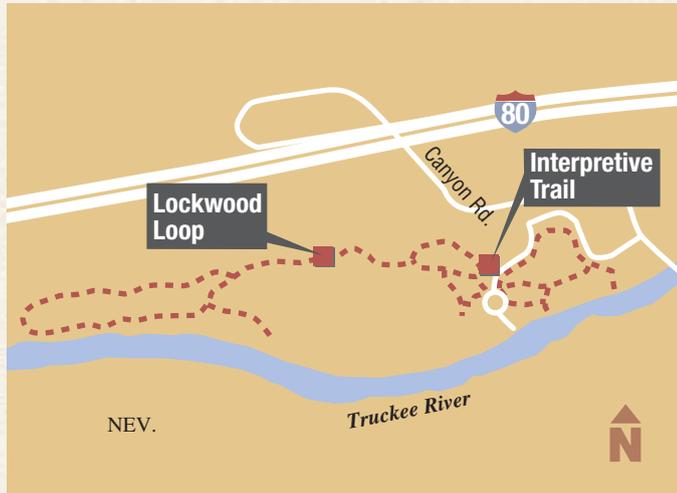
HUNTER CREEK TRAIL

Length/elevation gain: 5 miles round-trip/1,410 ft.
 Allowed use: Equestrian, hiking
 Management: Washoe County/U.S. Forest Service
 Surface type: Natural, rocky
 Amenities: Equestrian parking, interpretive information, parking, picnic, restroom, trailhead
 ADA accessibility: No
 Dogs: Yes, on leash

Lockwood Trails

This trail system includes the Lockwood Loop and the Interpretive Trail, and runs along the Truckee River near the community of Lockwood. Trails provide access to the Truckee River, picnic areas and a small non-motorized boat launch.

Directions: From Interstate 80, 5 miles east of Sparks, take Exit 22 at Lockwood. The trailhead is west of the bridge.

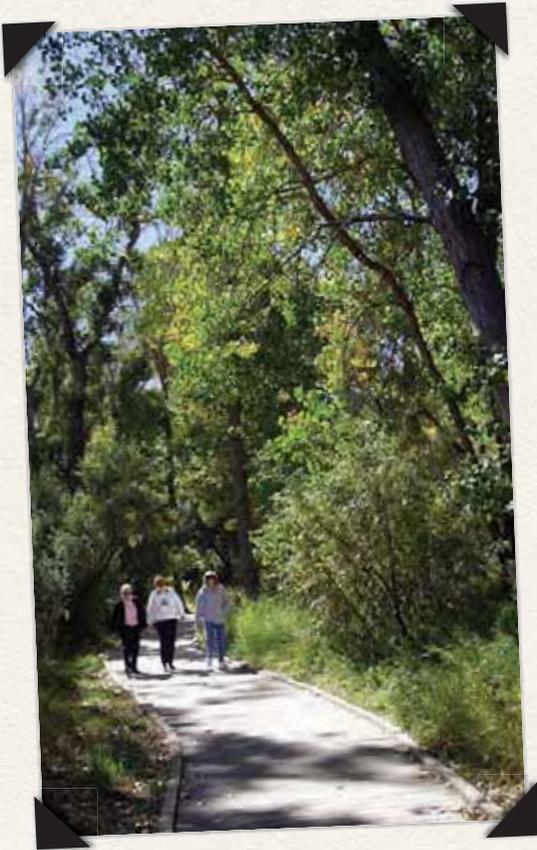


LOCKWOOD LOOP TRAIL

Length/elevation gain: .8 miles/flat
Allowed use: Hiking
Management: Washoe County
Surface type: Natural
Amenities: Parking, picnic area, restroom, trailhead
ADA accessibility: No
Dogs: Yes, on leash

INTERPRETIVE TRAIL

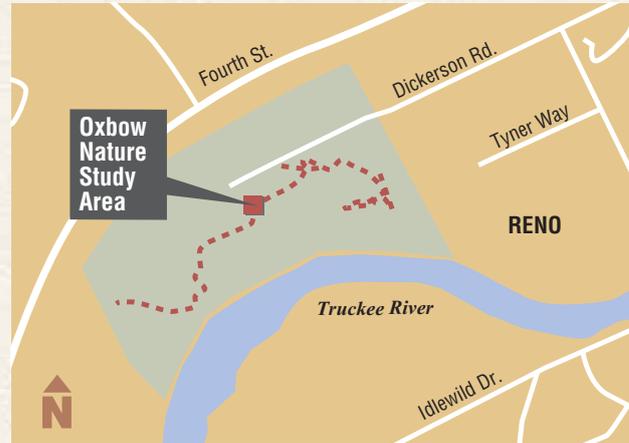
Length/elevation gain: .4 miles/flat
Allowed use: Hiking
Management: Washoe County
Surface type: Natural
Amenities: Parking, picnic area, restroom, trailhead
ADA accessibility: No
Dogs: Yes, on leash



Oxbow Nature Study Area Trail

From the trail inside Oxbow Nature Study Area, visitors may see deer, wild rabbits, beaver, golden eagles, hawks, falcons, quail, several types of ducks, snakes, lizards, muskrats and other native species. The trail has multiple access points to the Truckee River.

Directions: From the intersection of Second Street and Keystone Avenue in Reno, travel west on Second Street to the end of the pavement. (Second Street becomes Dickerson Road.) Oxbow Nature Study Area is at 3100 Dickerson Road, Reno.



OXBOW NATURE STUDY AREA TRAIL

Length/elevation gain:
.7 mile/70 ft.

Allowed use: Hiking
Management: City of Reno
Surface type: Natural
Amenities: Parking,
restrooms
ADA accessibility: Yes
Dogs: No

Tom Cooke Trail

This trail begins at Mayberry Park and follows the Truckee River Bike Path for .3 miles west to the bridge near the Patagonia outlet. There are several old roads and single-track trails in this area.

Construction of the Tom Cooke Trail was led by the Truckee Meadows Trails Association. Have fun and stay on existing roads and trails.

Directions: From the intersection of west Fourth Street and McCarran Boulevard in Reno, travel west on Fourth Street to Woodland Avenue (on the south side of Fourth Street). Travel south on Woodland to the Truckee River and Mayberry Park.



TOM COOKE TRAIL

Length: .6 miles one way

Allowed use: Hiking, mountain biking

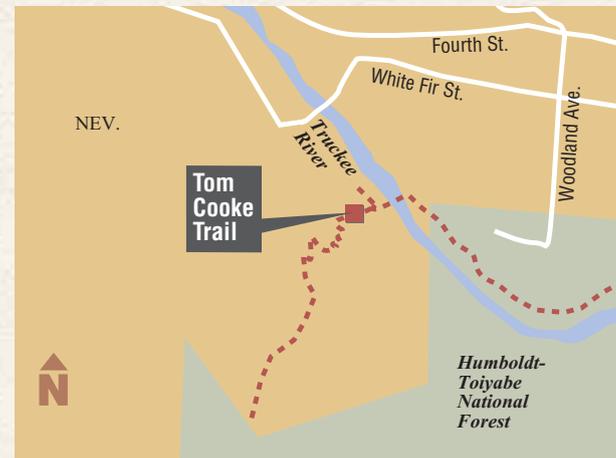
Management: City of Reno

Surface type: Natural

Amenities: Parking, restroom at Washoe County's Mayberry Park, trailhead

ADA accessibility: No

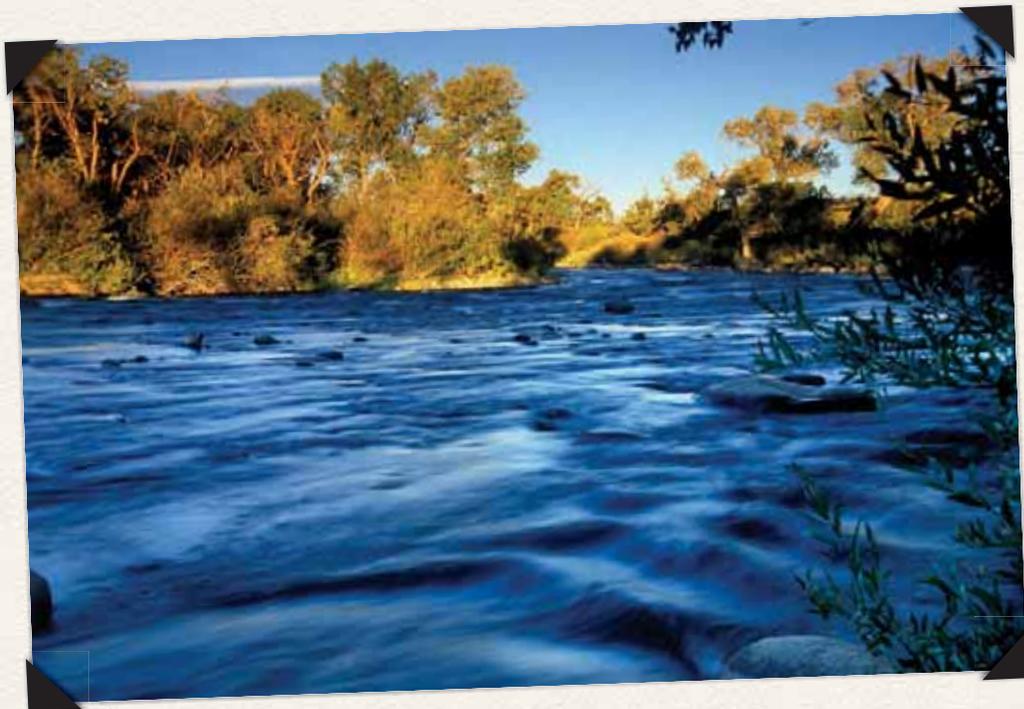
Dogs: Yes, on leash



Tahoe-Pyramid Bikeway

The Tahoe-Pyramid Bikeway will allow users to follow the Truckee River by foot or by bicycle from its source at Lake Tahoe to its desert terminus, Pyramid Lake. The entire route, when completed, will descend more than 2,000 feet in 116 miles. Access points in the Truckee Meadows include Crystal Peak Park on Old Highway 40 (see pages 52-52); Dorostkar Park on Mayberry Drive and the Truckee River in Reno; Wingfield Park, First Street and Arlington Avenue in Reno; and Rock Park, 1515 S. Rock Blvd. in Sparks. For additional sections and map, see the Web site www.tpbikeway.org.

Directions: To see multiple access points to the Tahoe-Pyramid Bikeway, visit the Web site www.tpbikeway.org.



TAHOE-PYRAMID BIKEWAY

Length/elevation gain: Various segments are built; when completed the entire route will be 116 miles/2,000 ft.

Allowed use: Bicycling, hiking

Management: Tahoe-Pyramid Bikeway

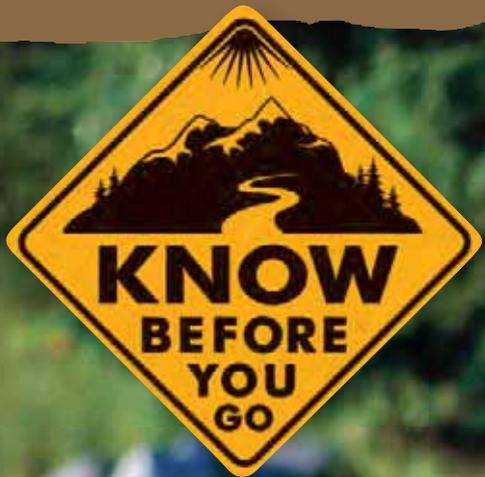
Surface type: Variable, from paved to gravel

Amenities: Park facilities along the route include interpretive stations, parking and restrooms

ADA accessibility: See Web site www.tpbikeway.org

Dogs: Yes, on leash





This guide provides information about individual trail uses and regulations that will help you prepare for your next adventure.

- ◆ All trails listed in this guide are open year-round.
- ◆ Make sure you bring sufficient water and snacks.
- ◆ Dress appropriately. Keep in mind that in Nevada, the weather changes rapidly, sometimes without warning. Bring “layers” of clothing. Proper shoes are important.
- ◆ Let someone know where you are going, and when you are expected back.
- ◆ Pack a simple first-aid kit.
- ◆ Stay within the limits of your ability and let common sense be your guide before and during your adventure.

Leave no trace: Trail etiquette

Every trail user has the responsibility to keep trails safe and enjoyable for all, and to protect our natural resources. Here are a few rules of the road.

- ◆ Keep an eye and an ear out for others on the trail.
- ◆ Cyclists yield to hikers, hikers and cyclists yield to horses.
- ◆ Always travel at a safe, controlled speed and alert other users as you approach from behind.
- ◆ Never approach or harass wildlife or domestic animals you may meet along the way.
- ◆ Keep pets on leashes and under control.
- ◆ Staying on the marked trail is an enormous help to the environment. Do not cut switchbacks or use other shortcuts.
- ◆ Leave the flowers and plants for others to enjoy.

**PLEASE HELP PRESERVE THESE TRAILS
FOR FUTURE GENERATIONS.**

Are you bear aware?

When people are irresponsible with their food and garbage, bears can wind up in trouble. Bears naturally fear humans, but if they have access to human food sources they may become habituated, lose their fear of humans and become aggressive.

PLEASE FOLLOW THESE RULES TO KEEP YOU AND NEVADA BEARS OUT OF HARM'S WAY.

- ◆ When hiking, make noise
- ◆ Keep a clean camp or picnic area
- ◆ Use bear-proof storage containers and keep food cleaned up
- ◆ Never approach or feed a bear
- ◆ Keep a close watch on children
- ◆ Clean barbecue grills after use
- ◆ Never store food in your tent
- ◆ Do not leave food outside or on picnic tables

WHAT SHOULD I DO IF I ENCOUNTER A BEAR?

Although black bears rarely attack, they are powerful animals capable of injuring or killing humans. To date, no fatal or even serious bear attacks have been reported in Nevada. The steps below may be helpful if you encounter a bear.

- ◆ Give a bear plenty of room to pass
- ◆ If a bear approaches you – don't run! Back away slowly, facing the bear. Remember, you cannot outrun a bear.
- ◆ Make yourself look bigger by waving your arms and yelling.
- ◆ Pick up children.
- ◆ Warning signs of a dangerous bear or impending attack include a steady glare, ears laid back, smacking of the jaws and stomping of the front feet.

Source: Nevada Department of Wildlife



Snake safety

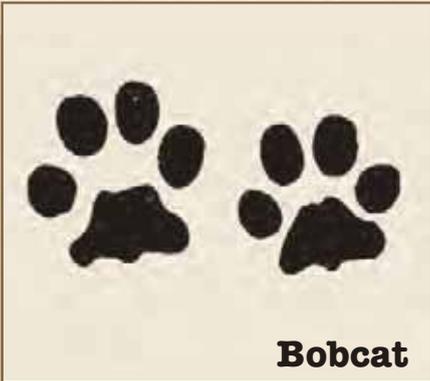
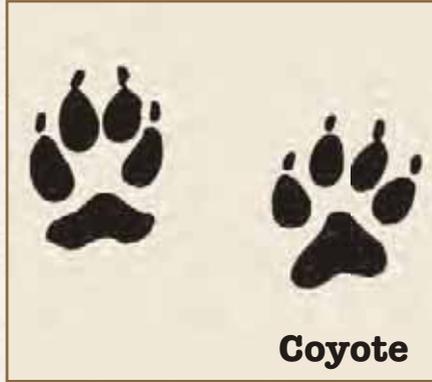
Nevada is home to five snake species that can be dangerous to people and pets. The most common in Northern Nevada is the Great Basin Rattlesnake. Most rattlesnakes in Nevada are 1½ to 4 feet long and have broad, triangular shaped heads.

The best way to avoid trouble with venomous snakes is to be aware of your surroundings and observe some safety rules.

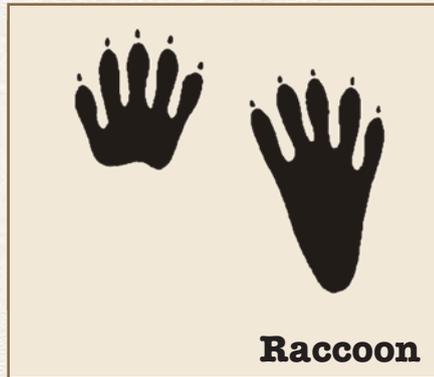
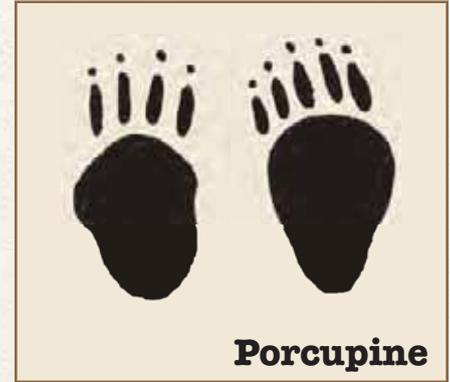
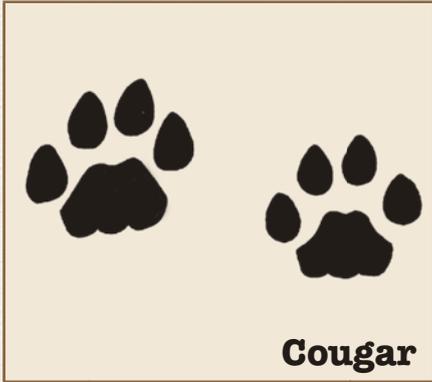
- ◆ Avoid disturbing, removing or killing snakes. Most bites result from deliberate harassment of reptiles.
- ◆ Learn how to identify venomous reptiles.
- ◆ Use caution when hiking. Wear long pants, hiking boots and bring a walking stick.
- ◆ Determine safety from a distance before placing hands or feet atop or among rocks or crevices. Do not enter abandoned dwellings, caves or mines.
- ◆ After a hike, check under your car on hot days in case a reptile is seeking shade.
- ◆ Keep a close watch on children and teach them not to play with any snakes they find.
- ◆ Keep pets on a leash.

Source: Nevada Department of Wildlife

Animal tracks



Animal tracks



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