

RESOURCE LIST

LAW ENFORCEMENT

- Police - Fire – Ambulance –Emergency.....911
- Reno Police Department.....334-2175
- Washoe County Sheriff’s Department.....328-3001
- Sparks Police 24hr Dispatch.....353-2231

JUVENILE SERVICES

- Jan Evans Juvenile Justice Center - Probation.....325-7800
- Juvenile Traffic Division.....325-7901
- Public Defenders Office.....337-4800
- Youth Parole.....688-1421

MENTAL HEALTH

PSYCHIATRISTS

- Dr. Faraaz Merchant.....301-1054
- Dr. Mark Amerding.....329-4284
- Great Basin Psychiatry.....247-4902
- Kiddo Wellness (Dr. Welsh).....245-2373
- Malinas & Associates.....440-1520
- New Day Behavioral (Dr. Melone).....447-3097
- Pebbles Psychiatry.....418-5990
- Renown Pediatric Behavioral Health.....982-3960
- Sierra Mountain Health.....329-1717
- UNR School of Medicine.....784-6388

PSYCHOLOGIST

- Braun Psychological Services (Dr. Braun)247-5001
- Dr. Alfredo Amezaga (Spanish).....1-800-401-5593
- Dr. Deborah Ribnick.....786-1234
- Dr. Ruth Ann Wright (Medicaid).....846-9138
- Health Psychology Associates.....448-6828
- Pinecrest Childrens Behavioral (Dr. Moore)786-7881
- Psychological Services Center UNR.....784-6668

CRISIS SERVICES

- Mobile Crisis Team.....688-1670
- Reno Behavioral Healthcare Hospital.....393-2200
- Raise Up Nevada (RUN) (Recovery after 1st schizophrenic episode)688-0463
- Nevada SOAR (1st Episode Psychosis)982-2800

DRUG/ALCOHOL COUNSELING

**Med Management

- American Comprehensive Counseling (Bilingual).....356-0371
- CBA Health Care.....200-8528
- Center of Therapy and Mediation.....842-5669
- Great Basin Counseling.....827-4454
- Maple Star.....677-2216
- **Nevada Urban Indians.....788-7600
- Pacific Behavioral Health.....287-8270
- **Quest Counseling.....786-6880
- **Renovations.....525-0270
- **Sai Mental Health.....800-1136
- **Sierra Mountain Health.....329-1717
- True North.....870-5027
- Vitality Unlimited.....322-3668

INTENSIVE OUTPATIENT SERVICES (IOP)

- Koinonia.....826-1113
- Pacific Behavioral Health (Rural Areas)287-8270
- Reno Behavioral Healthcare Hospital.....393-2200
- Sai Mental Health.....800-1136
- True North.....870-5027
- Thrive Wellness (Eating Disorders).....525-8103

HEALTH SERVICES

- Access to Healthcare Network.....877-385-2345
- Care Chest (Help w/ prescriptions).....829-2273
- Community Health Alliance.....329-6300
- Crisis Pregnancy Center.....826-5144
- Medicaid/Nevada Check-Up.....684-4000
- NN Dental Health Prog. (Medicaid or Denial Ltr.)770-6609
- NN HOPES.....786-4673
- Planned Parenthood.....688-5555
- Washoe County Health Department.....328-2400
- Washoe Pregnancy Center.....982-5640
- Well Care Behavioral and Medical.....538-6700

COUNSELING

**Med Management

- Amber Creek Counseling.....284-9888
- American Comprehensive Counseling.....356-0371
- Balance Therapy.....323-1829
- CBA Health Care.....200-8528
- Center of Therapy and Mediation.....842-5669
- Child, Adolescent & Family Counseling Center.....826-1002
- Children’s Cabinet.....352-8090
- Clover Counseling.....354-3819
- Community Health Alliance.....329-6300
- Crossed Keys Counseling.....544-0365
- Downing Clinic UNR.....682-5515
- **Duncan Family Healthcare.....221-7400
- **Family Behavioral Health.....378-2775
- Family Counseling Services.....329-0623
- Great Basin Counseling.....827-4454
- Great Basin Behavioral Health (Anxiety Center).....453-4143
- Healing Minds.....448-9760
- Kids First.....348-9047
- Life Quest Behavioral.....636-7767
- Maple Star.....677-2216
- Memor Health.....827-2400
- Meridian Health.....737-9001
- Mind and Body Counseling (Spanish).....507-7222
- Nevada Urban Indians.....788-7600
- **NN Child & Adolescent Services.....688-1600
- **NN HOPES.....786-4673
- Pacific Behavioral Health.....287-8270
- Presence Therapy.....346-4191
- Renovations.....525-0270
- Renown Behavioral Center.....982-5318
- Rise Wellness Nevada.....525-3400
- **Sai Mental Health.....800-1136
- Sage Health Services (Autism Support).....200-0935
- **Sierra Mountain Health.....329-1717
- Silver State Counseling.....622-8890
- Solace Tree (Grief Counseling).....324-7723
- Tahoe Family Solutions Incline Village.....413-5145
- Thrive Wellness.....525-8103
- True North.....870-5027
- Victims of Crime Treatment Center (UNR).....784-6828
- **Well Care Behavioral.....538-6700
- Zephyr Wellness.....525-1616

HOTLINES, TEXT, CHAT & SUPPORT GROUPS

- A-lateen (Drug and Alcohol Abuse Groups).....348-7103
- Crisis Text line.....741741
- CrisisChat.org.....(online chat)
- ImAlive.org.....(online chat)
- Mobile Crisis Team.....688-1670
- National Hopeline Network1-800-SUICIDE(784-2433)
- Nevada Crisis Support Line1-800-273-8255
- Rape Abuse/Incest/National Network (RAINN).....1-800-656-4673
- Safe Talk for Teens.....823-2700
- Translife Lifeline (transgender lifeline).....1-877-565-8860
- Trevor Lifeline (suicidal LGBTQ youth).....1-866-488-7386

BASIC NEEDS & ADDITIONAL RESOURCES

SHELTERS

- Awaken**.....393-9183
Services for victims of sex trafficking
- Domestic Violence Resources**.....329-4150
- Safe Embrace**.....322-3466
- SAFE PLACE**.....1-800-536-4588
An alternative to any unsafe situation
- Project ReStart**324-2622
Shelter/Jobs/Mental Health Care
- Gospel Mission**.....323-0386
Emergency Shelter
- Eddy House**.....384-1129
Homeless youth services

BASIC NEEDS

- Baby Bounty** (free diapers).....298-9976
- Care Chest** (assistance w/ meds)829-2273
- Center for Independent Living**.....353-3599
- Food Bank of Northern Nevada**.....331-3663
- Kids Café**.....331-3663
- Project 150**.....203-4755
Clothing and toiletry items for 9-12 graders
- Reno Housing Authority**.....329-3630
- Reno-Sparks Indian Colony**.....329-2936
- Resource Welfare Division**.....684-7200
- Salvation Army**.....688-4555
- St. Vincent’s Charities**.....322-7073

FAMILY RESOURCE CENTERS (FRC’s)

- Central Reno FRC**.....204-1408 Ext #3
1950 Villanova Dr.
- North Valleys FRC**.....204-1408 Ext #4
5000 Silver Lake Rd
- Sparks FRC**.....204-1408 Ext #2
921 12th St.
- Sun Valley FRC**.....204-1408 Ext #1
7550 Donatello Dr
- Feemster FRC (Hug HS)**204-1408 Ext #5
3530 Sullivan Ln

No income qualifications, although some referrals to other services may be limited according to income guidelines.

EDUCATIONAL ASSISTANCE AND ALTERNATIVES

WASHOE COUNTY SCHOOL DISTRICT

- AACT- Academy of Arts, Careers and Technology.....327-3920
- ACE- Academy for Career Education Charter.....324-3900
- Coral Academy of Science.....Middle 323-2332High 829-4601
- Doral Academy.....453-4239
- Encompass Charter.....322-5566
- HSE Tutoring.....829-9033
- Innovations High School.....333-5150
- Job Corps.....789-1000
- NN Literacy Council GED prep.....356-1007
- North Star Online K12.....353-6900
- Redfield Academy Childrens Cabinet.....352-8090
- RISE Academy.....337-9939
- Sage Ridge School.....852-6222
- TMCC/High School (HSE).....674-7660

- Nevada PEP (Special Education Assistance)448-9950
- WCSD Child Find (Intellectual assessments).....327-0685
- WCSD Children in Transition.....353-6938
- WCSD Intervention Department.....337-9911
- WCSD Police Dispatch Non-Emergency.....348-0285
- WCSD Special Education Services.....789-4633

INTELLECTUAL DISABILITY RESOURCES & ASSESSMENTS

- Advanced Child Behavior Solutions.....448-6533
- Alliance Family Services (Autism only).....337-2394
- Applied Behavioral Technologies (Autism only).....334-1380
- Blue Skies Psychological Services.....297-8855
- Reno Psychological Services.....657-9597
- Sage Health (ABA Services).....200-0935

YOUTH PROGRAMS

PARENTING PROGRAMS

- Boys and Girls Club.....353-7783
- Children’s Cabinet**.....352-8090
- Holland Project448-6500
(Art, music, culture. By young people, for young people)
- OUR Center – LGBTQ HOMIES Program.....624-3720
- ReDirect Athletics – Youth Outreach.....527-8754
- Reno Bike Project.....323-4488
- Reno Little Theater.....813-8900
- Reno Youth Teen Center ages 11-14.....334-4280
- Safe Talk for Teens**.....823-2700
- Urban Grinders.....351-8244

- Parent Project (SPD)**.....353-2299
 - Parent Project (Children’s Cabinet)**.....303-2286
 - Parent Project (JTNN)**.....324-7557
 - Reduce Family Conflict
 - Reduce Juvenile Crime/Recidivism
 - Improve School Attendance
 - Higher Graduation Rates
 - STRENGTHENING FAMILY PROGRAM**
10 weeks of family sessions focusing on communication, boundaries, bonding, and other techniques for a stronger, more loving family.
 - FREE through the Boys and Girls Club of Northern Nevada
 - FREE childcare
 - FREE Dinner
 - For parents w/ children 6 to 17yoa
 - English & Spanish Sessions
- REGISTER at.....775-360-2401

LEGAL & SOCIAL SERVICES

EMPLOYMENT SERVICES


- Family Court.....328-3110
- Human Services (HS).....785-8600
- Washoe County Lawyer in the Library.....328-3250
- Temporary Protection Orders.....328-3468
- Tu Casa Latina- Immigration serv. for victims of violent crimes....432-9929
- Washoe County Public Defender.....337-4800

- Community Services Agency (Youth – Seniors).....786-6023
- Integrity Staffing Solutions.....322-3112
- JOIN Inc (Youth).....336-4450
- Labor Max Staffing.....786-8822
- Manpower.....677-6800
- People Ready.....827-2010
- Reno Staffing and Employment Agencies.....356-1137

WEBSITES AND OTHER RESOURCES

- https://www.washoecounty.us/juvenilesvs/Early_intervention_and_prevention.php
Online parent referral may be submitted for early intervention services.
- <https://www.reno.gov/government/departments/parks-recreation-community-services/youth-and-teens>
Youth Programs
- www.naminevada.org
Recovery support groups for people living with a mental health illness.
- www.NevadaHealthlink.com
Health care resources
- www.computercorps.org - **Every Home A Classroom**
Will provide a free computer in exchange for volunteer hours or community service to low-income families.....883-2323
- <http://www.rsic.org/>
Reno-Sparks Indian Colony and Resources.....329-2936
- <http://voc.nv.gov/>
Provides immediate financial assistance to qualified victims of violent crimes that occur in Nevada.....687-8428
- <http://www.ourcenterreno.org/>
Our Center provides northern Nevada’s LGBTQ community with access to advocacy, support, educational programs, services, and resources

Check out this link for complete and updated contact information for all providers, including specialties, insurance plans covered and approximate wait times, as well as additional youth mental health resources in northern Nevada:



This resource is sponsored by:



Are you a young person who feels threatened at home, school, or your community?

You can call **1-800-536-4588** or **TEXT “SAFE”** and your current location to **4HELP (44357)** for assistance. You can also walk into many local businesses, public entities, and churches that act as “Safe Places” where a staff member will contact The Children’s Cabinet Safe Place for assistance. The full list is below. We will assess your immediate situation for safety and if necessary, we can provide temporary shelter. You and your family can also receive counseling and case management services at no cost to help alleviate any issues you are facing.

You can call Safe Place for any of the following reasons:

- Family issues, conflict with parents
- Thoughts of running away
- Homelessness
- Foster care transitions
- Alcohol and drug addiction
- Depression or thoughts of suicide
- Bullying
- Violence, sex trafficking, and other exploitation
- Any unsafe situation

Look for this sign!



The WCDJS does not endorse or specifically recommend any resource. This is simply a partial list of resources available within the community.