Connect with Cares

SEPTEMBER 2023



CARES CAMPUS

WASHOE COUNTY

Hello, from the staff at Washoe County Housing and Homeless Services and Nevada Cares Campus!

We would like to welcome you and express our commitment to service all participants and staff. We are a housing-focused Campus, and it is important the services we provide support your pursuit of housing goals. Through these monthly newsletters, updates will be provided about the current state and future changes at the Campus, as well as scheduled activities, construction and more! If additional changes take place, these will be communicated through Campus staff and case managers. We will stay connected!



With summer coming to an end, we would like to remind you we have medical services on Campus.

All services are free, and no insurance is required for participants with a Cares Campus Shelter bed or Safe Camp pod.

Please come see the MedTrust team in the medical trailer, every day from:

8 a.m. -4: 30 p.m.

The medical building is marked H in purple on the map on the next page.

We will meet you where you are at

Experiencing homelessness can be a cycle that many of our participants have gone through. A woman in our community who suffers from mental health and substance abuse issues had been experiencing homelessness on and off since 2017. When the Campus opened in May of 2021 she decided to come to the Campus for shelter. The participant was initially resistant to accepting services but then started being friendly with multiple case managers. Over the last two years it has been hard to find an apartment place that accepted her due to her low income and mental health issues. In addition to this, she developed cataracts and couldn't see.

The staff continued looking for options and the participant was recently accepted into a housing program and has since been housed! This program will provide her with supportive services to help her maintain her housing long term. In regard to her eyesight, her case manager assisted with scheduling surgeries to remove her cataracts. After experiencing homelessness on and off for many years, this cycle has come to an end. To read additional success stories please visit: www.washoecounty.gov/homeless

Schedule of Partners on Campus

Monday	Tuesday	Wednesday	Thursday	Friday
8am – 4:30pm MedTrust	8am – 3pm Food Bank of Northern Nevada	8am – 4:30pm MedTrust	8am – 3pm Food Bank of Northern Nevada	8am – 4:30pm MedTrust
9am –11am WellCare Health	8am – 4:30pm MedTrust	9am – 12pm Mobile One Docs	8am – 4:30pm MedTrust	9am-11am WellCare Health
9am – 12pm Mobile One Docs	9am – 11am WellCare Health	10am – 11am Vitality	9am –11am WellCare Health	
10am – 12pm Mill Street Care Center	9am – 12pm Anthem Outreach	12:30pm – 3pm Silver Summit Outreach	9am –11:30am Reno Housing Authority	
11am – 1pm Molina Healthcare	9am – 12pm Mobile One Docs	1pm – 3pm HPN Outreach	9am – 12pm Mobile One Docs	
lpm – 3pm VA Outreach	10am – 12pm Mill Street Care Center	lpm – 2pm Donation van Catholic Charities of Northern Nevada	9am – 12pm Anthem Outreach	
6pm – 7pm Alcoholics Anonymous Group	3pm – 4:30pm Bristlecone Recovery Center	1pm – 3pm DETR		



The new cubbies in the D Dorm have opened!



Thank you for your patience and understanding during construction

Temporary Construction Map

Sections of the Campus will continue to be closed or relocated to new temporary buildings during construction. The current temporary buildings include:



- 9
- **Entrance of Campus**
- A The Welcome Center, Security, and Intake
- Mail located at the Entrance of Campus
- Bathrooms, showers, and laundry
- Meals, day use area and cooling area
- G Property Storage
- H Medical
- Smoking Area
- E Case Management, Behavioral Health, and Partner Services

We appreciate your patience as we work to improve the Campus!

Are you interested in a cubby?

If you are engaged in case management and attending your regularly scheduled meetings and appointments, you may be eligible for a cubby.

Connect with your case manager to see if you meet all the criteria for a cubby.

Did you know?

There are new Wellness Groups on Campus!

Dialectical Behavior Therapy (DBT) Skills Group Every Friday 10:00am-11:00am

Wellness Groups

Every Monday, Thursday, Friday, and Sunday (except holidays) 10:00am-11:00am

Mindfulness Through Music

Every Tuesday 5:00pm-6:00pm

Questions?

Ask a Mental Health Counselor or stop by our office, 8:00am-6:00pm seven days a week!