

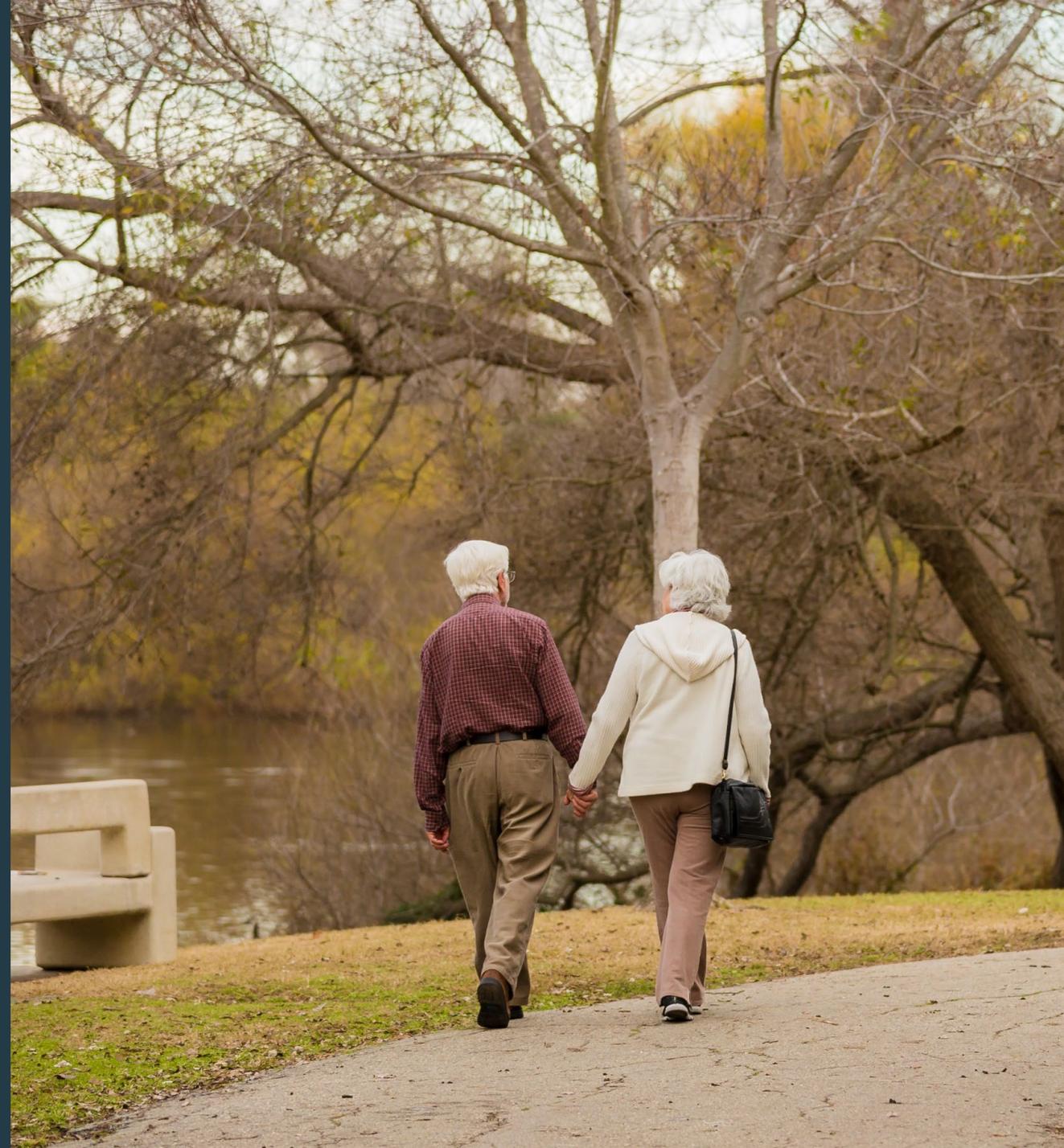


Washoe County Human Services Agency Senior Services

April 5, 2024

About Us

The Washoe County Human Services Agency's Senior Services mission is to help improve the quality of life for seniors by offering services, support, and activities, that empowers their personal independence, and encourages healthy aging, social connection and education.





Senior Centers

Senior Centers

Centers:

- 9th Street Senior Center
- Sparks Senior Center
- Gerlach Senior Center

Other Sites:

- 6 additional congregate meals sites throughout Washoe County (including Neil Road, Sun Valley Community Center Cold Spring Community Center and Lazy Five).

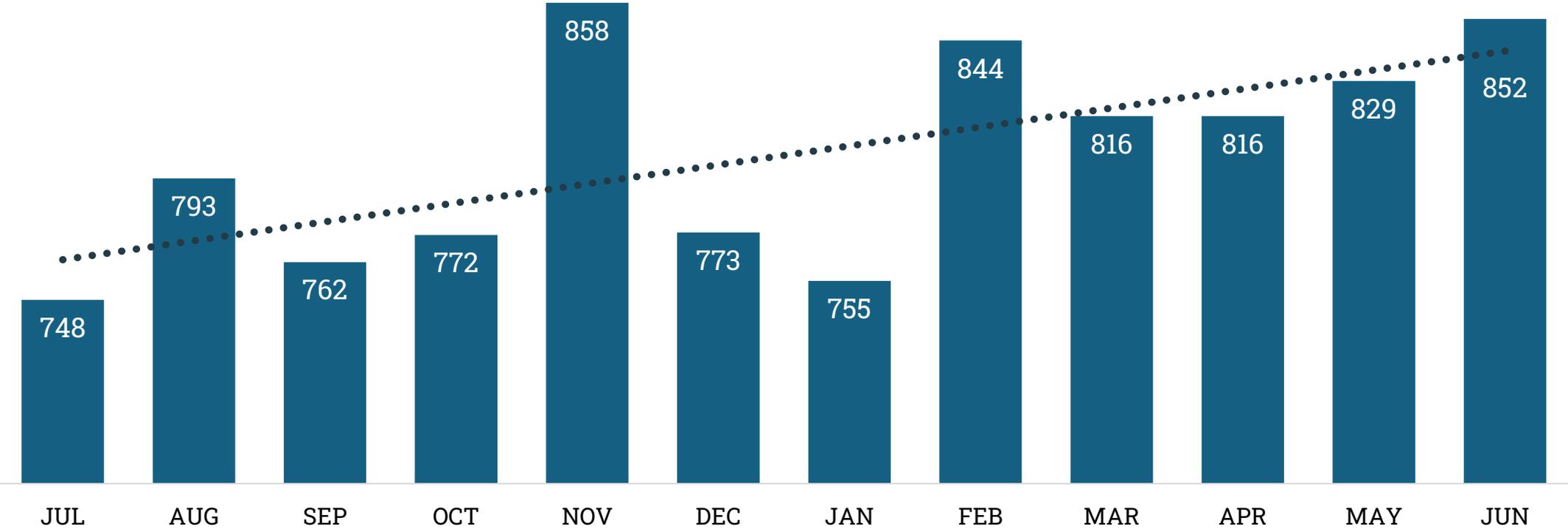
Main Site: 9th Street Senior Center

- Library
- Senior Law Project
- MAP (Medicaid Assistance Program)
- Weddings
- General Resources
- Exercise Classes



Senior Services Key Data Points

Approximate Number of Seniors Visiting
Ninth Street Senior Center Monthly FY23





Nutrition

Congregate Meals

The Congregate Meal program provides one healthy and hot meal per day to seniors 60+ and qualified individuals, such as, a spouse of a senior; a disabled person living at nutrition site; or a disabled person dependent on a senior.

Overview:

- Serving 60 and over
- No other requirement
- Suggested \$2 donation
- \$4 per meal under 60
- Hot meal or salad option
- Serving 9 different locations
- Gerlach has kitchen for meal preparation at their site



Home Delivered Meals

The Home Delivered Meals program, also known as Meals on Wheels, provides meals to homebound seniors 60+ who are unable to visit congregate meal sites.

Overview:

- Must be 60 or older.
- Homebound due to geographic isolation, illness, disability, physical or emotion difficulties.
- Lack the ability to shop or safely prepare meals due to knowledge or skills.
- Unable to attend a congregate meal site.
- No income qualification.



Senior Services Key Data Points

Senior Meals Served FY23

Total Meals Served = 413,381; Total HDM = 351,558; Total CM = 61,823



Additional Home Delivered Meal Services



Routes

- 21 Volunteer routes across the week
- 27 Meal Contractor routes across the week
- 48 Total routes weekly



Senior Ambassador & Volunteer Programs

- 19 Senior Ambassadors
- 14 Nutrition Volunteers
- 33 Total Volunteers



Other Highlights

- Pet Food Delivery by Senior Ambassadors
- 2nd Home Delivered Meals
- Advantages of Meals on Wheels/Home Delivered Meal program beyond Food (*checking in on recipients, relationship building*).



Senior Center Services

Case Management

Case Management is a critical service that helps assist seniors through assessment and care planning steps to achieve targeted needs and outcomes.

Overview:

- General Case Management & Care Coordination
- Homemaker
- Representative Payee
- 10 case managers with WCHSA Senior Services
- 2 Human Services Support Specialists
- 1 Eligibility Certification Specialist

Care Coordination & Services provides assistance to individuals 60+ or their caregivers in circumstances where the individuals are experiencing diminished functional capacities, personal conditions or other characteristics which require need for services by a formal provider.



HOMEMAKER

Homemaker Services provided light housekeeping and chore assistance to seniors 60+ who are unable to perform the service due to identified functional deficiencies or because they are in need of a support system to provide essential homemaker services.

OVERVIEW:

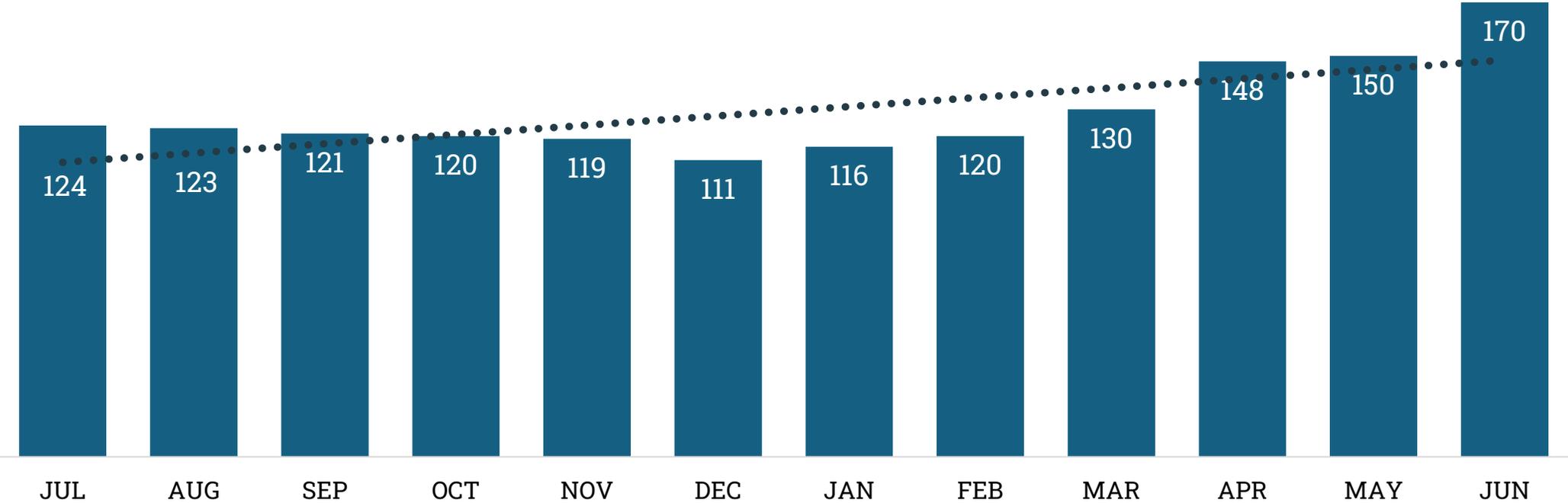
- HSA receives Title IIIB (Older American Act) funding through ADSD to provide needed services.
- Contracted with 2 community providers to provide in-home services.
- Prevents seniors from moving to institutions or becoming homeless.
- Every senior receiving homemaker services has an assigned Caseworker.



Senior Services Key Data Points

Homemaker Clients Served Monthly FY 23

Total = 226



Representative Payee

The Representative Payee program provides financial management for beneficiaries who receive Social Security and Supplemental Security Income (SSI) payments and cannot manage their funds.

Overview:

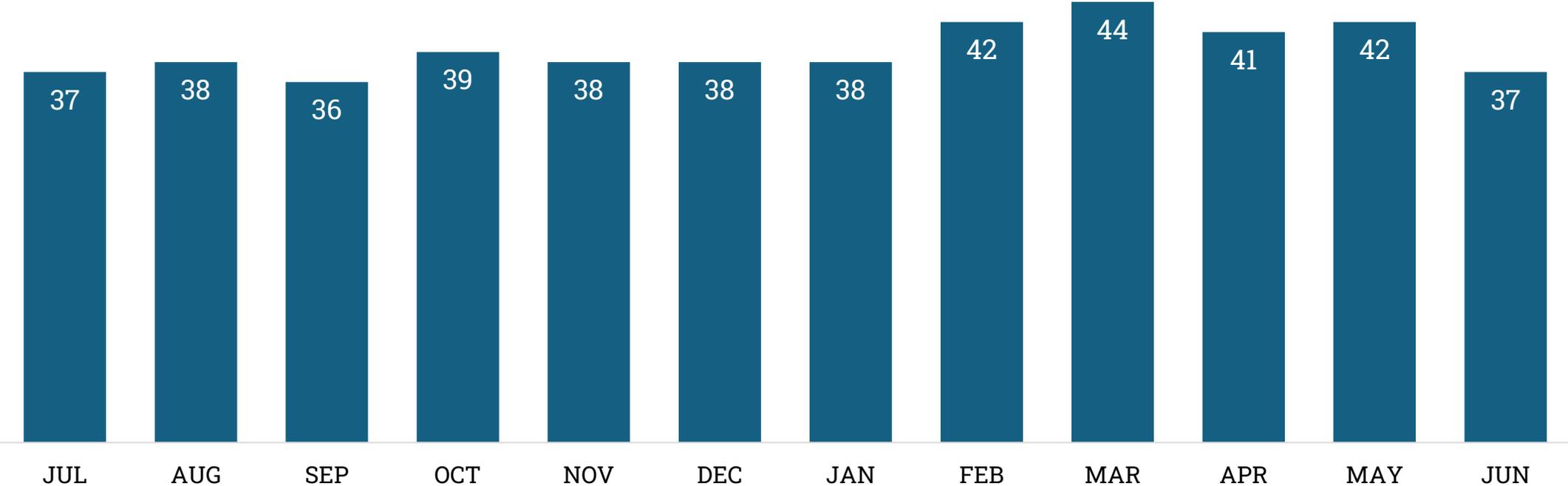
- Assisting indigent individuals who have difficulty managing their personal finances.
- Support them in managing their benefits to meet their house, nutritional and other needs.
- ADSD increased funding so Washoe County can absorb the wait list to provide this service.



Senior Services Key Data Points

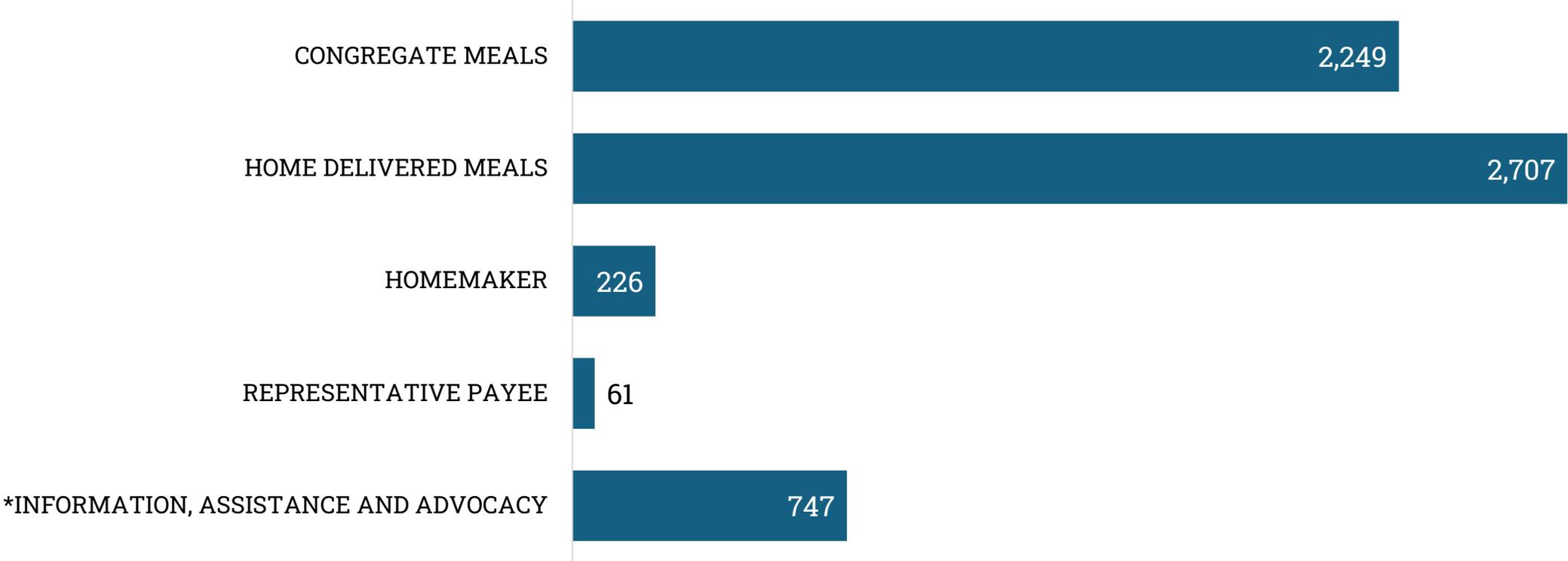
Representative Payee Clients Served Monthly FY23

Total = 61



Senior Services Key Data Points

Unduplicated Senior Clients Served FY23



A blue-tinted photograph of a workspace. In the foreground, a black binder with a silver metal ring is open, showing a white label with the word "GRANTS" in bold, black, sans-serif font. The binder is resting on a white surface. To the right of the binder, a pair of black-rimmed glasses is placed over a document. In the lower center, a silver and black pen lies horizontally. The background features a bar chart with several blue bars of varying heights. The chart has percentage labels above some bars: ".8%", ".2%", ".9%", ".9%", and ".4%". The overall scene suggests a professional or administrative setting related to grant management.

GRANTS

Senior Services Grants

Senior Services Grants

Senior Grants	Amount
RTC- Gerlach Transportation	\$ 12,000.00
RTC- Incline Village Transportation	\$ 17,000.00
ADSD- Rep Payee Services	\$ 80,400.00
ADSD- Homemaker (Fed)	\$ 47,969.93
ADSD- Homemaker (State)	\$ 297,158.14
ADSD- Congregate Meals (Fed)	\$ 110,593.64
ADSD- Congregate Meals Supplement (Fed)	\$ 45,898.01
ADSD- Congregate Meals (State)	\$ 71,620.00
ADSD- Home Delivered Meals (Fed)	\$ 720,927.63
ADSD- Home Delivered Meals (State)	\$ 680,157.00
ADSD- NSIP Food Commodities	\$ 105,915.00
ADSD- Nutritional Capital Expense (Hotboxes)	\$ 170,000.00
ADSD- Program & Meal Delivery Vehicles	\$ 160,000.00
ADSD- Senior Innovative Grant	\$ 100,000.00
ADSD- Senior Capital Improvements	\$ 2,500,000.00
SLFRF- Senior Center Auditorium Improvements	\$ 200,000.00
Total	\$5,319,639.35

Senior Services Grant Opportunities



Pilot: State ADSD Homemaker funding: received grant request to increase pay for contracted direct service providers with goal of improving hiring and employee retention.



Upcoming Nutrition RFP: Effort to combine congregate meal service with WCHSA Senior Services & Our Place to realize fiscal efficiencies and attract quality vendors.

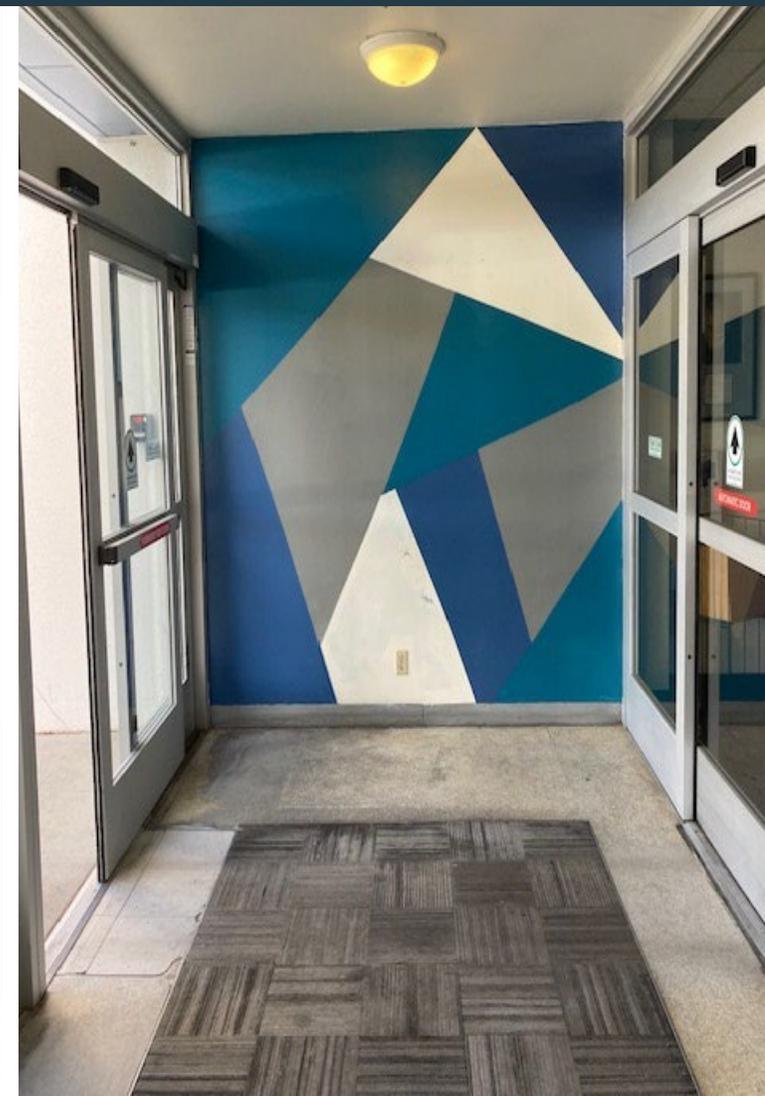


Received additional ADSD grant funding to expand Homemaker services in Wadsworth, Gerlach and Incline.



Senior Improvements & Initiatives

Improvements to Senior Center



Improvements Already In Place



Increased events and activities offered at Washoe County Senior Centers and partnering sites:

- Movie matinees offered on site as well as Senior exercise class, dance class, live music performances, ice cream socials, dances sponsored by partnering agencies, Golden Encore programming, health & wellness activities & blood pressure clinics, income tax filing assistance, transportation resources, Senior Scammer safety and fraud prevention, etc.



Large TV installed in entrance of Reno Senior Center to display daily schedule of events and lunch menu for the month.



Fireplace and lounge area at entrance of Senior Center.

Senior Service Initiatives



RFP to be launched this spring/summer for **Senior Nutrition** vendor. Applicants will follow federal meal standard guidelines as outlined in the ADSD Nutrition grant and an emphasis on food quality and portion size. The announcement will specify vendor ability to provide meals to specialized populations such as Kosher, Soft, Diabetic, Renal, Gluten free and vegetarian meals.



Washoe County took over **Homemaker program** from ADSD. The program came with a wait list of over 400 individuals. Since last July, 2 new Supervisors, 2 new case worker and 5 Homemaker Service Aides have been onboarded, trained and assigned cases with the wait list now down to 99.



Community **Reinvestment Funding** (\$200,000) for increased programming and building improvements at Reno Senior Center and facilitating activities at our off-campus meal sites.



ARPA **Innovative Grant** (\$100,000) for increased activities offered at Senior Centers and off-site locations and program improvements including pilot to offer therapeutic support in line with the BCC identified prioritized goals for 2024-25.

Capital Improvement Project

Reno Senior Center Building:



Kitchen repairs updates



New flooring throughout the building



ADA bathrooms



Improving existing loading ramp



Covered loading ramp



Sewer repair (fully completed)



Repairing/replacing external doors



Rekeying building



Re-design central reception

ARPA Innovative Grant

Reno Senior Center Building:

- Technology Classes
- New Activities & Services (Painting, Ceramics, Exercise Classes, Gardening, Cooking, haircut vouchers, etc.)
- Therapeutic Services Pilot
- Nevada Arts Council art installation
- Transportation Vouchers (N4 Connect, Uber, Lyft, Taxi)
- Community Outreach & Media to increase Senior awareness of services
- New umbrellas for patio area
- Gerlach: new furniture, fixtures & equipment

Reinvestment Funding

The Senior Auditorium Improvements grant includes:

- Removal of the existing suspended ceiling, including ceiling tiles, supporting grid and existing light fixtures.
- Installation of a new suspended ceiling system lowered to approximately 10'-0"
- Installation of new light fixtures throughout the space
- Relocation of HVAC, Fire Alarm and Fire Sprinklers as required for the new ceiling height
- The stage will be disassembled as part of the flooring project and new stage installed
- Contracted temporary Activities Coordinator position (part-time, one year)

Community Outreach



Washoe County Senior Services
Advisory Board Presents

Senior Volunteer Fair

In celebration of Older Americans Month,
we invite you to join us for the Senior Volunteer Fair!

Volunteering leads to a more happy and satisfactory life. Every
time you volunteer, your overall health can benefit. Not only are you
helping others, but you can open up your social circle by making new
friends, learn new skills, or utilize your current skills.

Learn how to find the right volunteer opportunity for you.

Tue
May 7 2024
10 am - 12 pm
Regency at Caramella Ranch
2433 Ivory Sage Ct., Reno
(775) 971-4190



And Many More...



Stuff-A-Bus For Seniors

Friday, May 24, 2024
1:00 pm - 6:00 pm
Target in Sparks
1550 E Lincoln Way, Sparks

Help local seniors in our community by stuffing-a-bus
with needed necessities such as deodorant, brushes,
combs, denture cream and non-perishable snack items.



Big thank you to our sponsors.



Contact Us

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Questions?