



**STATE OF NEVADA
AGING AND DISABILITY SERVICES DIVISION**

**3208 GONI ROAD, SUITE I - 181
CARSON CITY, NV 89706**

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State of Nevada Department of Health and Human Services



The mission of the Aging and Disability Services Division (ADSD) is to ensure the effective supports and services to meet the needs of individuals and families, helping them to lead independent, meaningful, and dignified lives.

Advocating for Nevadans

Who We Serve

Nevada Aging and Disability Services Division provides direct services to people across the lifespan. This includes:

- Children with Disabilities
- Older Adults
- People with Disabilities
- Family Caregivers

What We Do

The ADSD vision is that Nevadans, regardless of age or ability, will enjoy a meaningful life led with dignity and self-determination. In honor of that vision, ADSD provides services that promote independence and respect for all Nevadans. This includes, but is not limited to:

- In-Home Services
- Caregiver Support Services
- Advocacy Services

Services are offered through ADSD directly as well in partnership with community organizations.



Community Based Care

All Populations

Contact your ADSD Regional Office

The following programs provide non-medical supportive services to keep older adults and individuals with disabilities in their homes for as long as possible:

Home and Community Based Services (HCBS) Waiver

Frail Elderly (FE)

For individuals 65 years and older who qualify for Nevada Medicaid.

Physical Disability (PD)

For individuals 18 years and older who have a physical disability and qualify for Nevada Medicaid.

Community Service Options Program for the Elderly (COPE)

For individuals 65 years and older, meet a nursing facility level of care, and have higher income and do not qualify for Nevada Medicaid.

Personal Assistance Services (PAS)

For individuals with a physical disability and higher income who do not qualify for Nevada Medicaid.

All services are based on need and determined by an assessment.



Senior and Disability Prescription Assistance

Program (Senior Rx/Disability Rx)

Phone: (866) 303-6323, option 2

Target Population: low-income Medicare beneficiaries

This program provides a subsidy for Part D premiums to low-income older adults and people with disabilities who are Medicare eligible.

Office of Consumer Health Assistance (OCHA)

Phone: (888) 333-1597

Target Population: all individuals who have medical insurance, including workers compensation

Assists consumers of healthcare and injured workers with understanding their rights and responsibilities under various health care plans and industrial insurance policies. OCHA provides education and advocacy to those who have insurance through an employer, managed care, individual health policies, Employee Retirement Income Security Act (ERISA), Nevada Workers Compensation, Medicare, or Medicaid. Access to healthcare and prescription medication assistance resources are also provided for the uninsured and under insured.

Taxi Assistance Program (TAP)

Phone: (702) 486-3545

Allows older adults (age 60 and over) and people with disabilities to purchase discount coupons for taxicabs. *Clark county only.*

Community Services and Supports

Statewide, ADSD subawards approximately \$20 million per year to community partners to provide services and support for older adults, people with disabilities, and family caregivers. Funding for these services come from a variety of sources including state and federal funds. Services are prioritized based on community needs assessments and available funding.

Below is a sample of services available through community partners:

- Assistive Technology for Independent Living
- Transportation
- Caregiver Supportive Services
- Homemaker Services
- Senior Companion
- Congregate Meals
- Home Delivered Meals
- Home Safety, Modification, and Repair
- Community Advocacy Services
- And much more!

Nevada Care Connection

Phone: 2-1-1

Ask for your local "Nevada Care Connection Resource Center"

Together Nevada CAN support your independence. Nevada Care Connection Resource Centers help people explore their options, plan for care, and connect with the supports and services that meet their needs.

Resource Navigators help individuals explore public, private, informal and veteran services to meet their needs and goals.



Are You a Caregiver?

Who are Caregivers?

A caregiver is a relative or other individual who has a "significant relationship with," and who cares for an individual with a "chronic or other health condition, disability, or functional limitation".

Common Signs of Caregiver Stress and Burnout

- Feeling tired and run down
- Difficulty sleeping
- Anxiety, depression, irritability
- New or worsening health problems
- Trouble concentrating
- Cutting back on enjoyable activities

What is Respite?

Respite is a break from caregiving responsibilities. It is an opportunity to relax, decompress, and re-energize while your loved one continues to get the care they need through a variety of ways: home-based care, skilled nursing, companion care, etc.

Taking care of yourself isn't a luxury, it's a necessity. If you or anyone you know would like to discuss Respite or supportive services, contact **Nevada Care Connection** for more information.



ADSD Regional Offices

Carson City Administrative Office

3208 Goni Road, Building I, Suite 181
Carson City, NV 89706
Phone: (775) 687-4210

Las Vegas Regional Office

3320 W. Sahara Ave, Ste 100
Las Vegas, NV 89102
(702) 486-3545

Reno Regional Office

9670 Gateway Drive, Ste 100
Reno, NV 89521
(775) 687-0800

Elko Regional Office

1010 Ruby Vista Drive, Suite 104
Elko, NV 89801
Phone: (775) 738-1966

For more ADSD locations and information visit our website:

<https://adsd.nv.gov>

To reach us toll-free:
1-866-303-6323

Email:

adsd@adsd.nv.gov

Want to Know More?

YES - I want to learn more!!!

- We'd like a presentation to our organization/group.
- I'd like a one on one discussion of my needs.

We understand there is a lot of information and would like to assist you in accessing the resources for you or your loved one! Please fill out the information below, so we can better assist you:

Name: _____

Phone Number: _____

Email: _____

Zip Code: _____

I am interested in finding out more about:

- Adult Protective Services
- Caregiver and Family Support Services
- Services in my home
- Resident rights
- Seeing what my options are
- Other: _____